



Local Community Contact List

Name of CRN/Community: **Seniors Professional Network**

Date Submitted/Updated: **08/24/26**

Submitted By: **Sadhana Kumar; 604-762-6125; sadhanadkumar@gmail.com**

Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.

EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	Numbers to call if no 911 service
Crisis Line	604-951-8855	Fraser Health Crisis line
Poison Control	1-800-567-8911	
Lifeline (or similar service)	1-866-349-1447	Lifeline Canada
Lark Medical	604-943-4960	Serves Surrey, Tsawwassen & Delta

ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) – for reporting abuse	1-877-732-2808	See regional resources list for each CRN
Police-based Victim Services	604-599-7600	info@policevictimservices.bc.ca react@fraserhealth.ca
Community- based Victim Services	604-335-5035	Sources Crime Victims Assistance - Trauma Counseling
Community Living BC	604-664-0101 1-877-660-2522	Local Vancouver Toll free
Transition House (s)	604-556-0101 1-877-660-2522	Community Living BC Evergreen Transition House - 604-584-3301 Ama House - 604-542-5992 Durrant House - 604-531-4430 Shimai House - 604-581-9100 Virginia Sam House - 604-572-5116 BC Association of Transition Houses - 604-669-6943
Emergency Shelter (s)	604-581-5172	Surrey Urban Mission Gateway Shelter - 604-589-7777 Hyland House - 604-599-8900 Bill Reid Place - 604-574-4341 (pet friendly) Shelter Aid For Seniors - 604-433-2218
BCCEAS – SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support	604-437-1940 1-866-437-1940	Toll free
Victim Link	1-800-563-0808	
bc211	211	Lower Mainland only
LBGTQ Contact	604-684-5307 1-800-566-1170	Toll free
BCCEAS- SAIL (Senior Abuse Information Line)	604-437-1940 or 1-877-437-1940	

bc211	211	Lower mainland Only LGBTQ Contact - 604-684-5307 or 1-800-566-1170
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INFORMATION AND REFERRAL

(Local services – often grouped in one multi-service agency – listed below)

SERVICE	CONTACT NUMBER	NOTES
Seniors Outreach	604-531-9400	Brella Community Services
Community Services	604-542-4357	Sources Community Services
Geriatric and Other programs for Seniors	604-582-4582	Jim Pattinson Specialized Senior Clinic - Surrey Specialized Senior Clinic Peace Arch Hospital - 604-535-4577
Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral	1-800-663-1441	Alcohol & Drug Information & Referral Service (toll-free in BC)
Veterans Affairs Canada	1-866-522-2122	

HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach	604-592-2700	Surrey outreach for Older Adults 604-541-6844 - South Surrey / White Rock
Mental Health and Addiction Services	604-953-4900	Surrey Mental Health & Substance 604-541-6844 - South Surrey, White Rock
Home and Community Health	1-855-412-2121	Home & Community Care Fraser Health
Adult Day programs	604-572-5340	Fraser Health Home & Community Care (Surrey/Newton) Sources Community Services - 604-531-6226
Hospital	604-581-2211	Surrey Memorial 604-531-5512 - Peace Arch Hospital - White Rock
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	MSP & Pharmacare - 604-683-7151
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	
Assisted Living Registry	1-866-714-3378	

HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free
Home Adaptations – Canada Mortgage & Housing	1-800-668-2642	BC Housing - 604-433-1711 or 1-866-465-6873
Advocacy and Appeals re Housing	778-735-1368	Advocacy Services - Sources Housing Programs Sources - 778-731-9195

HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home	604-268-1312	Better at Home
Grocery Shopping	604-542-4357	Sources Shop By Phone
Home repairs and Maintenance	604-262-4787- Only Agencies that provide volunteers who have undergone a criminal record check	Only agencies that provide volunteers who have undergone a criminal record check.
Peer Counselling	604-531-9400	Brella 604-873-0103 - Adult Psychiatric Clinic
Friendly Visiting	604-531-9400	Brella Community Services

TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
Handy Dart/Taxi Saver/Handy Card	604-953-3680	
Health Connections – bus service	1-855-993-3100	BC Transit Health Connections
Bus Pass Program	1-866-866-0800	For Eligible Seniors
Taxi (s)	604-533-3333	Pacific Cabs
Parking Permit (disabled)	1-888-718-7794	SPARC BC
Translink Trip Planner	604-953-3333	Lower Mainland
Translink Trip Planner - 604-953-3333		

LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid	1-866-577-2525	BC CEAS (SAIL) - 604-437-1940 - Legal Advocacy Program & Elder Law
Family Justice Clinic	1-800-663-7867	Legal Aid BC Family Law Justice Counsellors
Crown Counsel	604-501-8700	
NIDUS – Representation Agreements	1-604-408-7414	
Public Guardian and Trustee	1-604-660-4444	
Peoples Law School	604-331-5400	
Lawyer Referral Services	604-687-3221	Lawyer Referral
Access Pro Bono Legal Services – in person only	1-877-762-6664	
Community Advocacy Services	778-735-1368	Sources Advocacy Housing and Prevention Services

SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651	Alzheimer Society BC

AA	604-434-3933	Vancouver Intergroup Society
NA	604-873-1018 or 1-866-683-6819	Narcotics Anonymous
Al-Anon	613-723-8484	Al-Anon Headquarters Canada
Nar-Anon	800-477-6291	World Service Office
Alzheimer Society of BC	604-681-8651	
Caregiver support groups	1-877-520-3267	Family Caregivers
MS Society	1-844-859-6789	MS Society of Canada
Arthritis	1-800-321-1433	Arthritis Society
Diabetes	1-800-226-8464	Diabetes Canada
Deaf and Hard of Hearing	604-660-1807	Provincial Deaf & Hard of Hearing Services

FIRST NATIONS/INDIGENOUS SERVICES

SERVICE	CONTACT NUMBER	NOTES
Friendship Centre	1-250-388-5522	BC Association of Aboriginal Friendship Centers 604-595-1170 - Fraser Region Friendship Center
Band Office	1-800-880-1022	First Nations Consultation By the Ministry of Indigenous Relations & Reconciliation 604-536-1080 - Semiahmoo First nations - White Rock
Métis Services	604-584-6621	
First Nations Health Authority	1-866-913-0033	

IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health and Seniors Information Line	211	Lower Mainland
Local Immigrant Services	604-596-7722	PICS
Settlement Services	604-596-7722 ext 145	PICS
Translation Services	604-572-4060	Options Translation Services

MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER	NOTES
Parks and Recreation - facilities	604-591-4011	parksrecculture@surrey.ca
Parks and Recreation - programs	604-501-5100	City of Surrey Activities Registration
Library(s)	604-598-7420	City Surrey Branch

INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	1-800-622-6232	Service Canada
Employment and Income Assistance	1-800-663-7867	Service BC
Community Volunteer Income Tax Prep.	604-542-4357	Sources Income Tax Clinic

DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Hospice	604-584-7006	Surrey Hospice Society Peace Arch Hospice Society - 604-531-7484
Grief Counselling	811	Healthlink BC - Grief & Grieving

FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Food Bank	604-581-5443	Surrey Food Bank Sources Food Bank - 604-531-8168
Grocery Delivery	604-542-4357	Sources Shop By Phone
Meal Delivery	604-299-1877	Better Meals
Senior Meal Delivery = Meals on Wheels	778-590-1433	

GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
Brent Chapman	604-541-4556	MLA
Randeep Sarai	604-598-2200	MP
Services Canada	1-800-622-6332	

Please contact info@bccrns.ca with any questions regarding this form.