

IT TAKES A COMMUNITY

To Prevent Adult Abuse



Be Part of the Solution!

An interconnected community can help prevent abuse. BC's Community Response Networks (CRNs) bring the community together to create a coordinated response to adult abuse, neglect and self-neglect. Visit our website to find a CRN near you!



BC ASSOCIATION OF
Community Response Networks

Stopping Adult Abuse and Neglect ...Together.

www.bccrns.ca

HOW TO SUPPORT AN ADULT IN NEED

1

LISTEN AND TALK TO THE PERSON IN PRIVATE

Ask questions to learn more about an individual's experience. Understand that often before a person will seek or agree to accept help, they need to be able to trust you and know that you will follow through with the help you offer to give.

2

RESPECT PERSONAL VALUES, PRIORITIES, GOALS AND LIFESTYLE CHOICES OF THE PERSON

Identify support networks and solutions that suit the adult's individuality. Help the person identify resources that could be helpful.

3

RECOGNIZE THE RIGHT TO MAKE DECISIONS

Adults have the right to make decisions, even if those choices are considered risky or unwise by others (including you). Support the individual's autonomy while offering help when it's welcome.

4

SEEK CONSENT OR PERMISSION

Always seek consent before taking any action involving others. Ensure the person agrees, and respect their decision if they decline. Everyone should feel safe and respected.

5

RESPECT CONFIDENTIALITY AND PRIVACY RIGHTS

Get consent before sharing another person's private information, including confidential personal or health information.

Together, we can create a society that values and respects people of all ages, now and for generations to come.

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Thank you to the Elder Abuse Prevention Council for sharing the "It Takes a Community" and "How to Support an Adult In Need" resources with BC CRN.



The Best Way You Can Help

Listening—truly listening—to the person may be your most powerful offering. Here are some examples of supportive language to help start an important conversation.

Supportive language:

- “ I see what is happening
- “ I am concerned
- “ It's not your fault
- “ I believe you
- “ I am here for you
- “ You are an important member of our community



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