



Name of CRN/Community: Vancouver Central CRN

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(Name) (Phone) (Email)

Where there are no local services, list the closest community that has services available under "NOTES".
Add rows or use the back of the page if needed to create a complete list for your community.

EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	Numbers to call if no 911 service
Crisis Line		
Poison Control		
Lifeline (or similar service)		

ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) – for reporting abuse		See regional resources list for each CRN
Police-based Victim Services		
Community-based Victim Services		
Community Living BC	604-664-0101 1-877-660-2522	Local Vancouver Toll-free
Transition House (s)	604 520 6621	Seniors Services Society of BC
Emergency Shelter (s)		
BCCEAS – SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support	604-437-1940 1-866-437-1940	Toll-free

Victim Link	1-800-563-0808	
BC211	211	Lower Mainland only

LGBTQ Contact	604-684-5307 1-800-566-1170	Toll-free
JQT Vancouver		
Family Services of Greater Vancouver	604-525-5411	

INFORMATION AND REFERRAL

(Local services – often grouped in one multi-service agency – listed below)

SERVICE	CONTACT NUMBER	NOTES
Seniors Outreach		
Community Services		
Geriatric and Other programs for Seniors		
Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral		
Veterans Affairs Canada	1-866-522-2122	

HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach		
Mental Health and Addiction Services		
Home and Community Health		
Adult Day programs		
Hospital		
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	

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HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free
Home Adaptations – Canada Mortgage & Housing	1-800-668-2642	
Advocacy and Appeals re Housing		

HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home	604 879 8208	Mount Pleasant Neighbourhood House
Grocery Shopping		
Home repairs and Maintenance		Only agencies that provide volunteers who have undergone a criminal record check.
Peer Counselling		
Friendly Visiting		

TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
Handy Dart/Taxi Saver/Handy Card		
Health Connections – bus service		
Bus Pass Program		
Taxi (s)		
Parking Permit (disabled)		
Translink Trip Planner	604-953-3333	Lower Mainland

LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid	1-866-577-2525	
Family Justice Clinic		
Crown Counsel		
NIDUS – Representation Agreements	1-604-408-7414	
Public Guardian and Trustee	1-604-660-4444	

Peoples Law School	604-331-5400	
Lawyer Referral Services		
Access Pro Bono Legal Services – in person only	1-877-762-6664	
Community Advocacy Services		

SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651	
AA		
NA		
Al-Anon		
Nar-Anon		
Alzheimer Society of BC		
Caregiver support groups		
MS Society		
Arthritis	604 875 4111	Oasis Vancouver Coastal Health
Diabetes		
Deaf and Hard of Hearing		
Connective	604-309-7069	

FIRST NATIONS/INDIGENOUS SERVICES

SERVICE	CONTACT NUMBER	NOTES
Vancouver Aboriginal Friendship Centre Society	604-251-4844	
Band Office		
Métis Services		
First Nations Health Authority		

IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health and Seniors Information Line	211	Lower Mainland
Local Immigrant Services		
Settlement Services		

Translation Services		
Mosaic Community Service	604-254-9626	
S.U.C.C.E.S.	604-684-1628	
Immigrant Services Society of BC	604-684-2561	

MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER	NOTES
Parks and Recreation - facilities		
Parks and Recreation - programs		
Library(s)		
VPL Kensington Branch	604-665-3961	Toll-free
VPL Mount Pleasant Branch	604-665-3506	Toll-free

INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	1-800-622-6232	Service Canada
Employment and Income Assistance		Service BC
Community Volunteer Income Tax Prep.		
411 Senior Centre Society	604-684-8171	

DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Hospice		
Grief Counselling		
Family Services of Great Vancouver	604-525-5411	
REACH Community Health Centre	604-251-3000	

FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Food Bank		
Community Food Network	778-840-4775	
Grocery Delivery		
Meal Delivery		
Salvation Army – Boundless Vancouver Community Ministries	604-872-7676	

GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
Mable Elmore, MLA	604-775-1033	MLA
		MP
Services Canada	1-800-622-6332	