



Local Community Contact List

Name of CRN/Community: **Lakes District CRN**

Date Submitted/Updated: **05/23/2023**

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Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.

EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	Numbers to call if no 911 service
Crisis Line	1-800-784-2443	Suicide. 24 hours/7 days a week.
Poison Control	1-800-567-8911	24 hour help line
Lifeline (or similar service)	1-800-851-0184	Provincial toll-free. Local RBC 250-692-5750.

ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) – for reporting abuse	1-250-565-7414	See regional resources list for each CRN
Police-based Victim Services	250-692-7171	RCMP non-emergency line
Community- based Victim Services		
Community Living BC	604-664-0101 1-877-660-2522	Local Vancouver Toll free
Transition House (s)	250-692-5720	Elizabeth Fry Society--Women's Emergency Shelter
Emergency Shelter (s)		
BCCEAS – SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support	604-437-1940 1-866-437-1940	Toll free
Victim Link	1-800-563-0808	
bc211	211	Lower Mainland only
LBGTQ Contact	604-684-5307 1-800-566-1170	Toll free

INFORMATION AND REFERRAL

(Local services – often grouped in one multi-service agency – listed below)

SERVICE	CONTACT NUMBER	NOTES
Seniors Outreach	250-251-9443	The Link--Seniors' programming
Community Services		
Geriatric and Other programs for Seniors	250-692-2468	Northern Health Geriatric Outreach

Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral	250-692-2449	Northern Health
Veterans Affairs Canada	1-866-522-2122	

HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach	250-692-2468	
Mental Health and Addiction Services	250-692-2449	
Home and Community Health	250-692-2400	Northern Health Home Support
Adult Day programs	250-692-2468	The Pines Day Program
Hospital	250-692-2400	
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	

HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free
Home Adaptations - Canada Mortgage & Housing	1-800-668-2642	
Advocacy and Appeals re Housing	1-800-407-7757	

HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home	250-251-9443	The Link--Seniors' Programs
Grocery Shopping		
Home repairs and Maintenance		Only agencies that provide volunteers who have undergone a criminal record check.
Peer Counselling		
Friendly Visiting		

TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
Handy Dart/Taxi Saver/Handy Card		
Health Connections - bus service	1-888-647-4997	
Bus Pass Program		

Taxi (s)		
Parking Permit (disabled)	250-692-2528	Service BC
Translink Trip Planner	604-953-3333	Lower Mainland

LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid	1-866-577-2525	
Family Justice Clinic	1-888-668-1602	Prince George
Crown Counsel	1-800-292-6833	
NIDUS - Representation Agreements	1-604-408-7414	
Public Guardian and Trustee	1-604-660-4444	
Peoples Law Schoo	604-331-5400	
Lawyer Referral Services		
Access Pro Bono Legal Services - in person only	1-877-762-6664	
Community Advocacy Services	1-877-499-0044	Toll Free

SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651	
AA	250-692-9104	
NA	1-888-543-2499	
Al-Anon	250-691-1673	Southside
Nar-Anon	1-888-543-2499	Prince George
Alzheimer Society of BC	1-800-667-3742	
Caregiver support groups		
MS Society	1-800-268-7582	Prince George
Arthritis	1-800-321-1433	Prince George www.arthritis.ca/bc
Diabetes	1-800-268-4656	
Deaf and Hard of Hearing	1-604-660-1800	Voice 1-604-660-1807 (TTY)

FIRST NATIONS/INDIGENOUS SERVICES

SERVICE	CONTACT NUMBER	NOTES
Friendship Centre	250-692-4700	
Band Office	See below	Lake Babine Nation--250-692-4700 Ts'il Kaz Koh--250-692-7717 Nee Tahí Buhn--1-250-694-3494 Skin Tyee Nation--1-250-694-3517 Wet'suwet'en First Nation--250-698-7307 Cheslatta Carrier Nation--1-250-694-3334

Métis Services		
First Nations Health Authority	1-866-913-0033	

IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health and Seniors Information Line	211	Lower Mainland
Local Immigrant Services	250-562-2900	Prince George
Settlement Services	250-562-2900	Prince George
Translation Services	250-562-2900	Prince George

MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER	NOTES
Parks and Recreation - facilities	250-692-7587	Village of Burns Lake
Parks and Recreation - programs	250-692-3817	Multiplex
Library(s)	250-692-3192	Burns Lake 250-697-2713 -- Granisle

INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	1-800-622-6232	Service Canada
Employment and Income Assistance	250-692-2528	Service BC
Community Volunteer Income Tax Prep.	250-692-3192	

DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Hospice	250-692-2448	
Grief Counselling	250-692-2449	

FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Food Bank	250-692-0316	The Link Food Centre
Grocery Delivery		
Meal Delivery	250-251-9443	Meals on Wheels The Link Seniors' Programs

GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
John Rustad	1-877-964-5650	MLA
Taylor Bachrach	1-888-622-0212	MP
Services Canada	1-800-622-6332	

Please contact info@bccrns.ca with any questions regarding this form.

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