



## Local Community Contact List

Name of CRN/Community: **Logan Lake CRN**

Date Submitted/Updated: **08/04/2022**

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Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.

### EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	Numbers to call if no 911 service
Crisis Line	<b>1-866-661-3311</b>	
Poison Control	<b>1-800-567-8911</b>	<b>BC</b>
Lifeline (or similar service)	<b>1-800-543-3546</b>	<b>Thompson Region</b>
<b>Logan Lake RCMP</b>	<b>250-523-6222</b>	<b>Non-emergency</b>

### ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) - for reporting abuse	<b>250-851-7900</b>	See regional resources list for each CRN
Police-based Victim Services	<b>250-453-2536</b>	<b>Ashcroft, BC</b>
Community- based Victim Services	<b>250-453-2216</b>	<b>Ashcroft, BC</b>
Community Living BC	604-664-0101 1-877-660-2522	Local Vancouver Toll free
Transition House (s)	<b>250-374-2119</b>	<b>Elizabeth Fry Society</b>
Emergency Shelter (s)	<b>250-374-6162</b>	<b>Kamloops Y Women's Emergency Shelter</b>
BCCEAS - SAIL (Seniors Abuse and Information Line) - for information about abuse and for emotional support	604-437-1940 1-866-437-1940	Toll free
Victim Link	1-800-563-0808	
bc211	211	Lower Mainland only
LGBTQ Contact	604-684-5307 1-800-566-1170	Toll free
<b>Community Living BC</b>	<b>604-664-0101/1-877-660-2522</b>	<b>Local Vancouver or Toll Free</b>
<b>BCCEAS-SAIL (Seniors Abuse and Information Line) - for information about abuse and for emotional support</b>	<b>604-437-1940/1-866-437-1940</b>	<b>Toll free</b>

### INFORMATION AND REFERRAL

(Local services - often grouped in one multi-service agency - listed below)

SERVICE	CONTACT NUMBER	NOTES
Seniors Outreach	<b>250-554-4145</b>	<b>The Centre for Senior's Information</b>

Community Services	<b>250-554-4145</b>	<b>The Centre for Senior's Information</b>
Geriatric and Other programs for Seniors	<b>250-851-7900</b>	<b>Interior Health</b>
Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral	<b>1-800-663-1441</b>	
Veterans Affairs Canada	1-866-522-2122	
<b>Phoenix Centre - Kamloops</b>	<b>250-374-4634</b>	
<b>Logan Lake Senior's Society</b>	<b>250-319-8606</b>	

## HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach	<b>250-377-6500</b>	<b>Kamloops Mental Health &amp; Substance Abuse - Interior Health</b>
Mental Health and Addiction Services	<b>250-828-2642</b>	<b>Canadian Mental Health Association</b>
Home and Community Health	<b>250-851-7900</b>	<b>Interior Health - Home &amp; Community Care</b>
Adult Day programs	<b>1-877-668-3388</b>	<b>Adult Day Services - Logan Lake</b>
Hospital	<b>250-374-5111</b>	<b>Royal Inland Hospital</b>
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	
<b>MSP and Pharmacare</b>	<b>1-800-663-7100</b>	

## HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free
Home Adaptations - Canada Mortgage & Housing	1-800-668-2642	
Advocacy and Appeals re Housing	<b>250-376-7558</b>	<b>ASK Wellness - Kamloops</b>
<b>BC Housing</b>	<b>1-866-465-6873</b>	

## HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home	<b>250-320-3676</b>	
Grocery Shopping	<b>250-320-3676</b>	<b>Logan Lake Better at Home</b>
Home repairs and Maintenance		Only agencies that provide volunteers who have undergone a criminal record check.
Peer Counselling		
Friendly Visiting	<b>250-320-3676</b>	<b>Logan Lake Better at Home</b>

## TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
Handy Dart/Taxi Saver/Handy Card	<b>1-888-376-7525</b>	
Health Connections - bus service	<b>1-888-376-7525</b>	
Bus Pass Program		
Taxi (s)		
Parking Permit (disabled)		
Translink Trip Planner	604-953-3333	Lower Mainland
<b>Translink Trip Planner</b>	<b>604-953-3333</b>	<b>Lower Mainland</b>

## LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid	1-866-577-2525	
Family Justice Clinic	<b>1-800-663-7867</b>	<b>Service BC</b>
Crown Counsel	<b>1-888-249-9333</b>	<b>Kamloops, BC</b>
NIDUS - Representation Agreements	1-604-408-7414	
Public Guardian and Trustee	1-604-660-4444	
Peoples Law School	604-331-5400	
Lawyer Referral Services	<b>1-800-663-1919</b>	
Access Pro Bono Legal Services - in person only	1-877-762-6664	
Community Advocacy Services	<b>250-374-2119</b>	<b>Elizabeth Fry Society</b>
<b>Kamloops Family Justice</b>	<b>250-828-4688</b>	

## SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651	
AA	<b>250-374-2456</b>	<b>Kamloops-Merritt</b>
NA	<b>1-855-349-2722</b>	<b>Kamloops, BC</b>
Al-Anon	<b>1-800-727-7710</b>	<b>Kamloops &amp; District</b>
Nar-Anon	<b>604-878-8844</b>	
Alzheimer Society of BC	<b>250-377-8200</b>	<b>Kamloops, BC</b>
Caregiver support groups	<b>1-877-520-3267</b>	<b>BC Caregiver Support line</b>
MS Society	<b>250-314-0773</b>	<b>Kamloops &amp; Area</b>
Arthritis	<b>250-868-8643</b>	<b>the Arthritis Society - Interior Region Office</b>
Diabetes	<b>250-762-9447</b>	<b>Kamloops &amp; District Branch - Contact Kelowna</b>
Deaf and Hard of Hearing	<b>1-800-263-8068</b>	<b>Canadian Hard of Hearing Association</b>
<b>Canadian Cancer Society</b>	<b>250-374-9188</b>	<b>Kamloops Centre</b>

**FIRST NATIONS/INDIGENOUS SERVICES**

SERVICE	CONTACT NUMBER	NOTES
Friendship Centre	250-378-5107	Conayt Friendship Centre - Merritt, BC
Band Office	250-378-5157	Lower Nicola Indian Band
Métis Services	250-302-9335	Nicola Valley & District Metis Society
First Nations Health Authority	250-851-4836	Kamloops, BC

**IMMIGRANT SERVICES**

SERVICE	CONTACT NUMBER	NOTES
Health and Seniors Information Line	211	Lower Mainland
Local Immigrant Services	778-470-6101	Kamloops Immigrant Services
Settlement Services	778-470-6101	Kamloops Immigrant Services
Translation Services	778-470-6101	Kamloops Immigrant Services

**MUNICIPAL SERVICES**

SERVICE	CONTACT NUMBER	NOTES
Parks and Recreation - facilities	250-523-6225	District of Logan Lake
Parks and Recreation - programs	250-523-6229	Logan Lake WHY
Library(s)	250-523-6745	

**INCOME AND BENEFITS**

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	1-800-622-6232	Service Canada
Employment and Income Assistance	250-828-4540	Service BC
Community Volunteer Income Tax Prep.	250-554-4145	Service BC & The Centre for Senior's Information
<b>CPP,OAS,GAIN</b>	<b>1-800-622-6232</b>	

**DEATH, DYING AND GRIEF SERVICES**

SERVICE	CONTACT NUMBER	NOTES
Hospice	250-523-6229	Logan Lake WHY
Grief Counselling	250-523-6229	Logan Lake WHY

**FOOD PROGRAMS**

SERVICE	CONTACT NUMBER	NOTES

Food Bank	250-315-8357	Logan Lake Food Bank
Grocery Delivery	250-320-3676	Logan Lake Better at Home
Meal Delivery	1-888-838-1888	Better Meals

## GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
Jackie Teggart	250-952-7616	MLA
Dan Albas	1-800-665-8711	MP
Services Canada	1-800-622-6332	

Please contact [info@bccrns.ca](mailto:info@bccrns.ca) with any questions regarding this form.

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