



## Local Community Contact List

Name of CRN/Community: **JQT Seniors Initiative**  
Date Submitted/Updated: **06/04/2022**  
Submitted By: **Carmel Tanaka carmel@jqtvancover.ca**

Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.

### EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	Numbers to call if no 911 service
Crisis Line		
Poison Control		
Lifeline (or similar service)		
<b>JFS (Jewish Family Services Vancouver) Community Care Number</b>	<b>604-558-5719</b>	<b>JFS (Jewish Family Services Vancouver) Emergency Email: communitycare@jfsvancover.ca</b>

### ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) - for reporting abuse	<b>1 (877) REACT-99 (1-877-732-2899) or (604) 904-6173</b>	See regional resources list for each CRN
Police-based Victim Services		<b>Vancouver Coastal Health and Providence Health Care: email react@vch.ca.</b>
Community- based Victim Services		
Community Living BC	604-664-0101 1-877-660-2522	Local Vancouver Toll free
Transition House (s)		
Emergency Shelter (s)		
BCCEAS - SAIL (Seniors Abuse and Information Line) - for information about abuse and for emotional support	604-437-1940 1-866-437-1940	Toll free
Victim Link	1-800-563-0808	
bc211	211	Lower Mainland only
LBGTQ Contact	604-684-5307 1-800-566-1170	Toll free

### INFORMATION AND REFERRAL

(Local services - often grouped in one multi-service agency - listed below)

SERVICE	CONTACT NUMBER	NOTES
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Seniors Outreach	604-558-5709	JFS (Jewish Family Services Vancouver) Seniors Outreach Email: seniorsoutreach@jfsvancouver.ca SFU Gerontology Research Centre Email: lgbteol@sfu.ca Phone: 778-782-5063
Community Services	604-257-5111	JCCGV (Jewish Community Services of Greater Vancouver) Email: info@jccgv.bc.ca
Geriatric and Other programs for Seniors	604-261-9376 ext.: 4736	Louis Brier Home & Hospital Resident Counselor and LGBTQ+ Senior Outreach: rpassatore@louisbrier.com JCCGV (Jewish Community Services of Greater Vancouver) Email: info@jccgv.bc.ca Phone: 604-257-5111
Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral		
Veterans Affairs Canada	1-866-522-2122	
Shelly Cory, Executive Director		<b>Contact information:</b> info@virtualhospice.ca <b>Notes:</b> Canadian Virtual Hospice provides information and support developed by palliative care and grief specialists for people living with advanced illness or frailty, families, caregivers, healthcare providers, educators, and researchers through 17 online platforms. Some of the many features provided at no cost in both official languages include articles, a vast gallery of videos featuring health specialists and Canadians' personal stories, lists of programs and services available in Canada, and online peer support provided through moderated Discussion Forums.

## HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach	Shelly Cory, Executive Director	<b>Contact information:</b> info@virtualhospice.ca <b>Canadian Virtual Hospice is a national, online resource that provides health, emotional, and spiritual support to individuals living with life-limiting illness, their families, and caregivers and to those who are grieving. Examples include MyGrief.ca, designed to help people understand and move through grief; "Two-Spirit and LGBTQ+ -- Proud, Prepared, and Protected," which includes the 2SLGBTQ+ Healthcare Bill of Rights, developed to assist people who identify as 2SLGBTQ+ to access and receive inclusive, respectful care; KidsGrief.ca, for parents and educators supporting grieving children; LivingOutLoud, for young adults and teens living with advanced illness; and The Learning Hub, educational materials for healthcare workers.</b>
Mental Health and Addiction Services		
Home and Community Health		

Adult Day programs	<b>604-257-5111</b>	<b>JCCGV (Jewish Community Centre of Greater Vancouver) Email: info@jccgv.bc.ca</b>
Hospital		
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	

## HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free
Home Adaptations - Canada Mortgage & Housing	1-800-668-2642	
Advocacy and Appeals re Housing		

## HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home		
Grocery Shopping		
Home repairs and Maintenance		Only agencies that provide volunteers who have undergone a criminal record check.
Peer Counselling		
Friendly Visiting		

## TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
Handy Dart/Taxi Saver/Handy Card		
Health Connections - bus service		
Bus Pass Program		
Taxi (s)		
Parking Permit (disabled)		
Translink Trip Planner	604-953-3333	Lower Mainland

## LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid	1-866-577-2525	

Family Justice Clinic		
Crown Counsel		
NIDUS - Representation Agreements	1-604-408-7414	
Public Guardian and Trustee	1-604-660-4444	
Peoples Law Schoo	604-331-5400	
Lawyer Referral Services		
Access Pro Bono Legal Services - in person only	1-877-762-6664	
Community Advocacy Services		

## SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651	
AA		
NA		
Al-Anon		
Nar-Anon		
Alzheimer Society of BC		
Caregiver support groups	<b>Shelly Cory, Executive Director</b>	<b>Contact information: info@virtualhospice.ca Canadian Virtual Hospice Discussion Forums provide a safe, moderator supported place to connect with a community of people about living with life-limiting illness, caring, loss and grief.</b>
MS Society		
Arthritis		
Diabetes		
Deaf and Hard of Hearing		

## FIRST NATIONS/INDIGENOUS SERVICES

SERVICE	CONTACT NUMBER	NOTES
Friendship Centre		
Band Office		
Métis Services		
First Nations Health Authority		

**Shelly Cory, Executive Director**

**Contact information:**  
info@virtualhospice.ca Canadian Virtual Hospice is a national online resource that has worked with Indigenous Peoples to develop online resources that provide Indigenous perspectives on living with serious illness, end of life, and grief, including "Coming Full Circle: Planning for your care" and "Indigenous Cultural Safety Training: Advanced illness, palliative care and grief," a series of online educational modules for people working in healthcare.

## **IMMIGRANT SERVICES**

<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>
Health and Seniors Information Line	211	Lower Mainland
Local Immigrant Services	<b>604-257-5111 ext. 410</b>	<b>JCCGV (Jewish Community Centre of Greater Vancouver)'s Israeli immigrant services Liora Bukofzer Gal, Israeli Culture Coordinator israel@jccgv.bc.ca</b>
Settlement Services	<b>604-558-5722</b>	<b>JFS (Jewish Family Services Vancouver) Tanya Finkelshtein Settlement Worker for Ukrainian Refugees</b>
Translation Services		

## **MUNICIPAL SERVICES**

<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>
Parks and Recreation - facilities		
Parks and Recreation - programs		
Library(s)	<b>604-257-5111</b>	<b>JCCGV (Jewish Community Centre of Great Vancouver)'s Isaac Waldman Public Library Email: info@jccgv.bc.ca</b>

## **INCOME AND BENEFITS**

<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>
CPP, OAS, GAIN	1-800-622-6232	Service Canada
Employment and Income Assistance		Service BC
Community Volunteer Income Tax Prep.		
<b>Christine Wilson, JFS Care Manager</b>	<b>604-637-3317</b>	<b>JFS (Jewish Family Services of Greater Vancouver) Email: cwilson@jfsvancouver.ca</b>

## **DEATH, DYING AND GRIEF SERVICES**

<b>SERVICE</b>	<b>CONTACT NUMBER</b>	<b>NOTES</b>
Hospice		

Grief Counselling		
Shelly Cory, Executive Director		<p><b>Contact information:</b>  <b>info@virtualhospice.ca</b> Canadian Virtual Hospice is national, online resource that provides education and support through a wide range of programs and services for the general public and for healthcare providers on advanced illness, palliative care, caregiving, dying, and grief. Examples include MyGrief.ca, to help people understand and move through grief; KidsGrief.ca, for parents, guardians, educators, coaches; Living My Culture, giving voice to people from 11 cultures speaking 12 languages; Pregnancy and Infant Loss; Grief in 2SLGBTQ+ Communities; Grief and Medical Assistance in Dying (MAiD); The Learning Hub, grief support and resources for those working in healthcare; Grieving during COVID-19; and "For Caregivers," information, strategies, and suggestions for preparing for and providing care as illness advances.</p>

## FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Food Bank	604.558.5698	Food bank and grocery delivery at JFS (Jewish Family Services) Carol Hopkins, Food Bank Coordinator Email: chopkins@jfsvancouver.ca Community Care Line for meal delivery: 604-558-5719
Grocery Delivery		
Meal Delivery		

## GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
		MLA
		MP
Services Canada	1-800-622-6332	

Please contact info@bccrns.ca with any questions regarding this form.

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