



Local Community Contact List

Name of CRN/Community: **Sea to Sky**
Date Submitted/Updated: **07/25/2021**
Submitted By: **Chaelyn Falconer 7789904030 seatoskycrn@gmail.com**

Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.

EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	Numbers to call if no 911 service
Crisis Line	1-800-784-2433; 1-877-890-5711	1-800-784-2433 - BC SUICIDE CRISIS LINE (toll Free) 1-877-890-5711 - Howe Sound Womens Centre 24 Hour Crisis Line (Squamish) (toll Free) 1-866-661-3311 - Sunshine Coast/Sea to Sky (toll Free) 604-872-3311 - Vancouver Coastal Regional Distress Line (Sea to Sky) 604-872-1234 - Seniors Distress Line Online Chat Service for Adults: www.CrisisCentreChat.ca (Noon to 1am)
Poison Control	1 800-567-8911	Lower Mainland: 604-682-5050 Toll-free: 1-800-567-8911 http://www.dpic.org/
Lifeline (or similar service)	1-800-387-1215 (LifeLine)	Alarm Guard - (+1) 866-282-3331 https://alarmguardsecurity.ca/
Life Assure	1-888-865-4978	https://try.lifeassure.com

ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) – for reporting abuse	Vancouver Coastal Health - 1-877-732-2899	See regional resources list for each CRN
Police-based Victim Services	604-892-6153	Vancouver Coastal Health: • Providence Health Care: 1.877.REACT.99 (1.877.732.2899) • Re:Act Response Resource : 1.877.REACT.99 (1.877.732.2899) • For more direct community numbers visit: www.vchreact.ca/report.htm Squamish Victim_Services@rcmp-grc.gc.ca
Community- based Victim Services	604 967 3994	Tanya Sinnes- Sea to Sky Community Services - tanya.sinnes@sscs.ca
Community Living BC	604-664-0101 1-877-660-2522	Local Vancouver Toll free
Transition House (s)	Call 604-892-5711	Pearls Place- HSWC Transition Housing - Call 604-892-5711 www.hswc.ca

Emergency Shelter (s)	(604) 390-3000	Under One Roof - (604) 390-3000 https://www.squamishhelpinghands.ca/outreach@shhs.ca
BCCEAS – SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support	604-437-1940 1-866-437-1940	Toll free
Victim Link	1-800-563-0808	VictimLinkBC@bc211.ca
bc211	211	Lower Mainland only
LBGTQ Contact	604-684-5307 1-800-566-1170	Toll free

INFORMATION AND REFERRAL

(Local services – often grouped in one multi-service agency – listed below)

SERVICE	CONTACT NUMBER	NOTES
Seniors Outreach	604-892-5796; 604-698-9034	Sea to Sky Community Services Society Better at Homes Program 604-892-5796 - Christina Rupp Sea to Sky Community Services Society Homeless Outreach and Prevention Program 604-698-9034 - Chaelyn Falconer
Community Services	604-892-5796	Sea to Sky Community Services www.sscs.ca 604-892-5796 https://squamishseniorscentre.com - 604-848-6898 https://www.whistlermac.org/ https://www.seatoskysafetynet.com
Geriatric and Other programs for Seniors	604.815.3008; (778) 894-3200	VCH- Mental Health and Addictions Seniors Workers - 604.815.3008
Problem Gambling Helpline	1-888-795-6111	https://www.bcresponsiblegambling.ca
Alcohol and Drug Referral	(778) 894-3200	squamish Mental Health and Addictions- (778) 894-3200 Whistler mental health and addictions - (604) 932-3202 Pemberton Mental Health and Addictions- 604-894-6967
Veterans Affairs Canada	1-866-522-2122	https://www.veterans.gc.ca/eng

HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach	778-894-3200	squamish Mental Health and Addictions- (778) 894-3200 Whistler mental health and addictions - (604) 932-3202 Pemberton Mental Health and Addictions- 604-894-6967
Mental Health and Addiction Services	778-894-3200	squamish Mental Health and Addictions- (778) 894-3200 Whistler mental health and addictions - (604) 932-3202 Pemberton Mental Health and Addictions- 604-894-6967

Home and Community Health	604-892-2293	Squamish Public & Community Health - 604-892-2293 Whistler Public and Community Health- (604) 932-4911 Pmberton Public and Community Health - 604-894-6939
Adult Day programs	604-892-2293	Phone: (604) 892-2293 Toll-Free Phone: 1 (877) 892-2231
Hospital	SGH 604-892-5211 Whistler Medi Centre - (604) 932-4911	
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	

HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free
Home Adaptations – Canada Mortgage & Housing	1-800-668-2642	
Advocacy and Appeals re Housing	+1 800-665-1185	TRAC- +1 800-665-1185 https://tenants.bc.ca
SSCS - Homeless Outreach & Prevention	604-698-9034	chaelyn.falconer@sscs.ca (squamish Whistler Pemberton) www.sscs.ca
BC Housing	1-800-257-7756	www.bchousing.org

HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home	604-815-9214	Christina Rupp https://www.sscs.ca/programs/sea-to-sky-better-at-home/ betterathome@sscs.ca, 604 892 5796, ext 272 or direct 604 815 9214
Grocery Shopping		
Home repairs and Maintenance		Only agencies that provide volunteers who have undergone a criminal record check.
Peer Counselling		
Friendly Visiting	604-892-5796	

TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
Handy Dart/Taxi Saver/Handy Card	604-892-5559; 604-932-4020; 604-894-6135	Squamish - 604-892-5559 Whistler - 604-932-4020 P 604-894-6135 Squamish Handy Dart 604-892-3567
Health Connections – bus service		

Bus Pass Program	1-866-866-0800	https://www2.gov.bc.ca/gov/content/governments/structure/ministries-organizations/ministries/social-development-poverty-reduction
Taxi (s)		Howe Sound Taxi 604-898-8888 Squamish Taxi 604-898-8888 Yellow Cabs 604-892-5995 Whistler Taxi (604) 932-3895 Blackcomb Taxi Ltd (604) 262-3895 Whistler Taxi S 262-3806 Whistler Resort Cabs 604-938-1515 Pemberton 604-894-1111
Parking Permit (disabled)	1-866-437-1940	SPARK BC permits@sparc.bc.ca 604-718-7744 or toll free 1-888-718-7794 https://www.sparc.bc.ca/parking-permits
Translink Trip Planner	604-953-3333	Lower Mainland

LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid	1-866-577-2525	https://family.legalaid.bc.ca Phone: 604-660-2084 or call Service BC at 1-800-663-7867 (call no charge) and ask to be transferred to 604-660-2084
Family Justice Clinic		https://www2.gov.bc.ca/gov/content/life-events/divorce/family-justice
Crown Counsel	(604) 660-4353	https://www2.gov.bc.ca/gov/content/justice/criminal-justice/bc-prosecution-service/about/crown-counsel
NIDUS – Representation Agreements	1-604-408-7414	
Public Guardian and Trustee	1-604-660-4444	
Peoples Law School	604-331-5400	
Lawyer Referral Services	1.800.903.5300	https://www.lawsociety.bc.ca/working-with-lawyers/finding-a-lawyer/ The Law Society of British Columbia 845 Cambie Street, Vancouver, BC V6B 4Z9 Telephone: 604.669.2533 Toll-free: 1.800.903.5300 Fax: 604.669.5232 TTY: 604.443.5700
Access Pro Bono Legal Services – in person only	1-877-762-6664	
Community Advocacy Services	1 (844) 488 4321	https://inclusionbc.org/our-services/advocacy/ Email: advocacy@inclusionbc.org

SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651	
AA	604-815-4089;	ALCOHOLICS ANONYMOUS MEETING: 604-815-4089 Alano Club 37978 Third Avenue Call for meeting dates and times ALCOHOLICS ANONYMOUS MEETINGS: St. David's United Church Hall- basement (Pemberton) Friday 8:00pm Next to the Rec Centre (Mount Currie) Wednesday 8:00pm

NA	1-866-683-6819; 604-698-6455	NARCOTICS ANONYMOUS MEETINGS: 1930 Diamond Road Wednesday 7:30pm Trinity Hall Fourth Avenue Saturday 12:00 noon Call 1-866-683-6819 to confirm meeting dates and times NARCOTICS ANONYMOUS MEETINGS: 604-698-6455 Whistler Health Care Centre, 4380 Lorimer Road Monday and Friday 7:30pm
Al-Anon		HARM REDUCTION & NEEDLE EXCHANGE: 604-892-4364 Squamish Community Health, 1140 Hunter Place Monday-Tuesday 10:00am–12:00 noon HARM REDUCTION & NEEDLE EXCHANGE: 604-698-6455 Whistler Health Care Centre, 4380 Lorimer Road HARM REDUCTION & NEEDLE EXCHANGE: 604- 894-6939 Pemberton Health Centre, 1403 Portage Road
Nar-Anon		
Alzheimer Society of BC	Toll-free: 1-800-667-3742	Local resource centres Provincial Office 300 - 828 West 8th Avenue Vancouver, B.C. V5Z 1E2 Phone: 604-681-6530 Toll-free: 1- 800-667-3742 Fax: 604-669-6907 info@alzheimercbc.org
Caregiver support groups		https://www.familycaregiversbc.ca/family-caregiver-support-groups/ https://alzheimer.ca/bc/en/help-support/find-support-bc https://sea-to-sky.pathwaysbc.ca/service_categories/5
MS Society	Toll-free: 1-800-268-7582 Email: info@mssociety.ca	https://mssociety.ca/ MS Info & Support For MS information, program details, and support on navigating your MS journey, please contact an MS Navigator: (Mon-Fri, 8am-8pm ET) Toll Free: 1-844-859-6789 Email: msnavigators@mssociety.ca
Arthritis	Toll-Free: 1.866.414.7766	https://arthritis.ca Phone: 604.714.5550 Fax: 604.714.5555 Toll-Free: 1.866.414.7766 info@bc.arthritis.ca
Diabetes	Toll Free: 1-888-874-9333	https://www.bcdiabetes.ca/ Toll Free: 1-888- 874-9333 Phone: (604) 683-3734 Fax: (604) 628-3821 Email: info@bcdiabetes.ca
Deaf and Hard of Hearing	Office: 604 660-1807 (TTY)	https://www2.gov.bc.ca/gov/content/family-social-supports/youth-and-family-services/deaf-hard-of-hearing Contact us for information about support for deaf, hard of hearing and deaf-blind children and their families or a copy of the PDHHS Annual Report Office: 604 660-1807 (TTY) Office: 604 660-1800 Email: pdhhs@gov.bc.ca
Canadian Hard of Hearing Association BC Branch	Toll Free: 1-866-888-2442. The local number is: 604.423.3247	https://chha-bc.org/

FIRST NATIONS/INDIGENOUS SERVICES

SERVICE	CONTACT NUMBER	NOTES
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Friendship Centre	(604) 892-5166	Squamish Nation Totem Hall Community center 1380 Stawamus Rd . (604) 892-5166 Opens 8:30 a.m. Mon. Lil'wat Nation City government office in Mount Currie, British Columbia Address: 82 1r 10 Rd, Mount Currie, BC V0N 2K0 Opens 8:30 a.m. Mon. Phone: (604) 894-6115
Band Office	604-892-5166	Contact Us Squamish Nation https://www.squamish.net › contact-us Offices: 320 Seymour Blvd, North Vancouver, V7J 2J3. Totem Hall: Phone: 604-892-5166. Toll Free (from Lower Mainland): 604-987-1118. Fax: 604-892-3486 Lil'wat Nation City government office in Mount Currie, British Columbia Address: 82 1r 10 Rd, Mount Currie, BC V0N 2K0 Opens 8:30 a.m. Mon. Phone: (604) 894-6115
Métis Services	Toll free: 1-800-940-1150	https://www.mnbc.ca/#380 – 13401 108 Ave, Surrey, B.C., V3T 5T3 OFFICE HOURS Monday – Friday (8:30am – 4:30pm) PHONE NUMBERS Phone: 604-557-5851 Toll free: 1-800-940-1150
First Nations Health Authority	Toll-free: 1-866-913-0033	https://www.fnha.ca/ First Nations Health Authority 501 – 100 Park Royal South Coast Salish Territory West Vancouver, BC V7T 1A2 Phone: 604-693-6500 Toll-free: 1-866-913-0033 Fax: 604-913-2081 Email: info@fnha.ca Office locations ?FNHA Health Benefits 540 – 757 West Hastings Street Vancouver, BC V6C 1A1 Phone (toll-free): 1-855-550-5454 Email: healthbenefits@fnha.ca Fax: 1-888-299-9222 FNHA.ca: Benefits ? Health Benefits In-Person Enquiries 1166 Alb???erni Street, Room 701 Vancouver, BC V6E 3Z3 Note: Currently closed to external guests. Indian Residential Schools FNHA Information Phone: 1-877-477-0775 FNHA.ca: Residential Schools

IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health and Seniors Information Line	211	Lower Mainland
Local Immigrant Services	(604) 567-4490	Immigrant Services Society Of BC - Squamish Branch (604) 567-4490 Whistler Immigration Ltd. (604) 962-8844 Come To Canada (604) 902-2185 ALPENGLOW IMMIGRATION CANADA (778) 770-5656
Settlement Services	(604) 567-2222; 604-698-5960	Squamish Immigrant Settlement (604) 567-2222 Settlement Services - Whistler and Pemberton Sea to Sky Community Services 604-698-5960 Public e-mail: izumi.inoue@sscs.ca https://welcomewhistler.com
Translation Services	TRANSLATOR- VCH 1-877-228-2557	https://www2.gov.bc.ca/gov/content/justice/criminal-justice/bcs-criminal-justice-system/services-and-resources/translation-services

Provincial language services	604-297-8400 Toll-free: 1-877-BC Talks (228-2557)	pls@phsa.ca?? http://www.phsa.ca/health-professionals/professional-resources/interpreting-services

MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER	NOTES
Parks and Recreation - facilities	604-898-3604; 604-935-7529; 604-894-6135	(604) 898-3604 - Squamish Brennan Park Rec Centre 604-935-7529 - Whistler Community Centre 604.894.6135 - Pemberton Community Centre
Parks and Recreation - programs	604-898-3604; 604-935-7529; 604-894-6135	(604) 898-3604 - Squamish Brennan Park Rec Centre 604-935-7529 - Whistler Community Centre 604.894.6135 - Pemberton Community Centre
Library(s)	Squamish (604) 892-3110	Squamish Public Library https://squamishlibrary.ca/
Whistler Public Library	Whistler (604) 935-8435	https://www.whistlerlibrary.ca/
Pemberton Public Library	Pemberton (604) 894-6916	https://pemberton.bc.libraries.coop/

INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	1-800-622-6232	Service Canada
Employment and Income Assistance	1-866-866-0800	Service BC
Community Volunteer Income Tax Prep.	No Phone- See websites	Find a local free tax clinic here: https://www.canada.ca/en/revenue-agency/campaigns/free-tax-help.html First Nations- Squamish https://www.squamish.net/taxreturnssupport/ Sea to Sky Community Services- Homeless Outreach and Prevention Low Income Families/Individuals Taxes 604-698-9034
Chartered Professional Accountants of BC	Toll Free in BC: 800-663-2677	https://www.bccpa.ca/member-services/volunteer-resource-centre/cpa-volunteer-opportunities/volunteer-tax-services/

DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Hospice	604-892-6051	Squamish Hospital Hospice- 604-892-6051 Sea to Sky Hospice Society- (604) 848-5751 seatoskyhospicesociety.ca
Grief Counselling	See website for directory	https://counsellingbc.com/counsellors

FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Food Bank	SQ- (604) 815-7332 WH- 604-932-0113 PB- 604-698-5521	Squamish Food Bank - (604) 815-7332 Whistler Food Bank - (604) 932-0113 Pemberton Food Bank - 604 698 5521 or foodbankpemberton@sscs.ca
Grocery Delivery	See below	Better At Homes - 604-892-5796 Squamish Save on Foods Squamish- (604) 892-5976 Nesters Market & Pharmacy (604) 815-0733 Whistler Grocery Service & Delivery (604) 907-7771 Nesters Market & Pharmacy (604) 932-3545 Fresh St. Market - Whistler (604) 938-2850 FRIDGE FULL Whistler (604) 938- 8835 Pemberton Valley Supermarket (604) 894-3663
Meal Delivery	604.520.6621	https://www.seniorsservicessociety.ca/our-services/meals-on-wheels/ Seniors Services Society of BC info@seniorsservicessociety.ca days 604.520.6621

GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
Jordan Sturdy	(604) 922-1153	MLA
Patrick Weiler	Phone: (604) 913-2660	MP
Services Canada	1-800-622-6332	
Mayor of Squamish- Karen Elliott	Phone: 604.892.5217	
Mayor Of Pemberton - Mike Richman/Mayor of Whistler - Jack Crompton	Toll Free: 1-866-932-5535 - Whistler Phone: 604-894-6135 Pemberton	Mayor of Whistler - Jack Crompton - Toll Free: 1-866-932-5535 Mayor Of Pemberton - Mike Richman - Phone: 604-894-6135 Pemberton

Please contact info@bccrns.ca with any questions regarding this form.

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