



Local Community Contact List

Name of CRN/Community: **Salmo**
Date Submitted/Updated: **07/16/2021**
Submitted By: **Helen Oldershaw 250.551.5487 helen@scrs.ca**

Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.

EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	Numbers to call if no 911 service
Crisis Line	1-888-353-2273	Interior Health Region
Poison Control	1-800-567-8911	Provincial
Lifeline (or similar service)	1-866-970-6536	

ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) – for reporting abuse	1-844-870-4754	See regional resources list for each CRN
Police-based Victim Services	250-357-2692	Elderly Services Case Manager, Castlegar - 250-304-1202
Community- based Victim Services	250-357-2692	Salmo RCMP based Victim Services
Community Living BC	604-664-0101 1-877-660-2522	Local Vancouver Toll free
Transition House (s)	250-364-1543 Trail / 250-354-4357 Nelson	
Emergency Shelter (s)	250-352-9876 Nelson / 250-608-2227 Castlegar	
BCCEAS – SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support	604-437-1940 1-866-437-1940	Toll free
Victim Link	1-800-563-0808	1-800-563-0808
bc211	211	Lower Mainland only
LBGTQ Contact	604-684-5307 1-800-566-1170	Toll free
BCCEAS – SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support	604-437-1940 1-866-437-1940	
LBGTQ Contact	604-684-5307 1-800-566-1170	

INFORMATION AND REFERRAL

(Local services – often grouped in one multi-service agency – listed below)

SERVICE	CONTACT NUMBER	NOTES
Seniors Outreach	250-352-6008	Nelson & Dist. Seniors' Coordinating Society
Community Services	250-357-2277	Salmo Community Resource Society
Geriatric and Other programs for Seniors	250-357-2277	Salmo Community Resource Society Adult Mental Health, Salmo Age Friendly
Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral	250.357.2277	Salmo Community Resource Society Adult Mental Health and Substance Use Counsellor
Veterans Affairs Canada	1-866-522-2122	
Salmo and District Hospice Society	250.777.7523	
Salmo Age Friendly Seniors Coordinator / Friendly Caller Coordinator	250.357.2277	

HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach	250.357.2277	Salmo Community Resource Society Adult Mental Health
Mental Health and Addiction Services	250.357.2277	Salmo Community Resource Society Adult Mental Health
Home and Community Health	250-357-0104	Salmo Wellness
Adult Day programs	250-352-1444	IHA Broader Horizons, Nelson BC
Hospital	250-368-3311 Trail Kootenay Boundary Hosp / 250-352-1444 Nelson Kootenay Lake	
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	
Home Support and General Practitioner	250-357-0104	

HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free
Home Adaptations – Canada Mortgage & Housing	1-800-668-2642	
Advocacy and Appeals re Housing	250-352-5777	Nelson Advocacy Centre

Salmo Villa low income housing	250.357.2445 B Kamilkoff	Onsite Manager is Greg Applebee
Salmo Estates independent living	250-357-2629	Onsite Manager is Gail Coffey

HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home	250-365-2104	Castlegar - Sandi McCreight
Grocery Shopping	250-357-9922 Salmo Foods	Friendly Caller may be able to arrange volunteers to grocery shop 250.357.2277
Home repairs and Maintenance	250-365-2104 Castlegar Better at Homes	Only agencies that provide volunteers who have undergone a criminal record check.
Peer Counselling	1-877-364-2326	Fair Trail
Friendly Visiting	250.357.2277	Friendly Caller Program
Nav-CARE	laurie@kaleinhospice.org	

TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
Handy Dart/Taxi Saver/Handy Card	1-877-843-2877 Handidart	Trail Taxi 250-264-0261 Nelson Taxi 250.354.1111
Health Connections – bus service	1-855-993-3100	Salmo/Nelson
Bus Pass Program	1-866-866-0800	MSDPR
Taxi (s)	250-687-0133 / 250-354-1111 / 250-264-0261	Castlegar Glacier Taxi, Nelson BC Trail
Parking Permit (disabled)	1-888-718-7794	SPARC BC
Translink Trip Planner	604-953-3333	Lower Mainland
Salmo Community Resource Society Volunteer Driving	250.357.2277	Partially subsidized drives for medical treatments - volunteer drivers

LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid	1-866-577-2525	
Family Justice Clinic	1-888-526-2299	Nelson
Crown Counsel	250-354-6511	Nelson
NIDUS – Representation Agreements	1-604-408-7414	Contact Salmo Hospice 250.777.7523 for help filling in
Public Guardian and Trustee	1-604-660-4444	
Peoples Law School	604-331-5400	
Lawyer Referral Services	1-800-663-1919	
Access Pro Bono Legal Services – in person only	1-877-762-6664	

Community Advocacy Services	1-877-352-5777 toll free 250.357.5777 local (Nelson)	

SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651	
AA	250-446-2414 Barry	
NA	1-800-342-7439 West Kootenays	
Al-Anon	1-855-562-2262	
Nar-Anon	604-878-8844	Holding Hope West Kootenays Support Group - Jacquie Huser holdinghopewestkootenays@gmail.com
Alzheimer Society of BC	1-855-301-6742 250-365-6769	Castlegar
Caregiver support groups	1-877-520-3267 250-352-1401	Family Caregivers Support Group
MS Society	1-604-689-3144	
Arthritis	1-604-714-5565	
Diabetes	1-800-226-8464	
Deaf and Hard of Hearing	1-888-736-7391	
Substance Use Relapse Prevention Grp	250.357.2277	Salmo Community Resource Society Adult Mental Health/ Substance Use Counsellor ANKORS -250-505-5506

FIRST NATIONS/INDIGENOUS SERVICES

SERVICE	CONTACT NUMBER	NOTES
Friendship Centre	250-231-4968	COINS Circle of Indigenous Nations Hold Drum Circles at Salmo Community Resource Society call 250.357.2277 or 250-231-4968 to get schedule
Band Office	250-231-4968	COINS Circle of Indigenous Nations
Métis Services	250-368-7371	Trail
First Nations Health Authority	1-866-913-0033	
The Indian Residential Schools Crisis Line	1 866 925 4419	

IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health and Seniors Information Line	211	Lower Mainland
Local Immigrant Services	250-687-4714	Columbia Basin Alliance for Literacy
Settlement Services	250-687-4714	Columbia Basin Alliance for Literacy
Translation Services	604-684-2940	Lower Mainland

MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER	NOTES
Parks and Recreation - facilities	250-357-0121	
Parks and Recreation - programs	250-357-0121	
Library(s)	250-357-2312	
Village of Salmo Office	250-357-9433	

INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	1-800-622-6232	Service Canada
Employment and Income Assistance	250-354-6104	Service BC
Community Volunteer Income Tax Prep.	250-357-2312 250-352-6008 250-365-2104	Salmo Library Seniors Centre Nelson CDCSS Castlegar
OAP/PPP/GAIN	1-800-622-6232	Service Canada
KCDS Career Development	(250) 352-6200 Nelson	Can make appointments bi-weekly in Salmo

DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Hospice	250-777-7523	
Grief Counselling	250.357.0104	Salmo Wellness
Grief Support - Salmo Hospice	250.777.7523	

FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Food Bank	250-357-2277	Wednesdays 9:30 to 11:45 must call to make appointment
Grocery Delivery	250-357-9922 Salmo Foods	Friendly Caller may be able to arrange for grocery deliveries 250.357.2277
Meal Delivery	250.357.2277	Jubilee Manor in Nelson has bi-weekly order of frozen meals 8 for \$50 or 16 for \$100 May be able to get support in ordering these from Salmo Food Bank Friendly Caller may be able to help with ordering or transport Cost is not subsidized at this time - participants must pay for meals

GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
Britney Anderson	(250) 387-3655	MLA
Rob Morrison	250-354-2610	MP
Services Canada	1-800-622-6332	
Service BC	250-354-6104	

Please contact info@bccrns.ca with any questions regarding this form.

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