

Local Community Contact List Name of CRN/Community:

Lillooet BC CRN - Elder Connect Date updated: 11/14/2024

By: **Christine Mahaits** 250 256-9120 elderconnect@thehublillooet.ca

EMERGENCY NUMBERS

| SERVICE | CONTACT NUMBER | NOTES |
|--|--|--|
| Police, Fire and Ambulance | 911 | Numbers to call if no 911 service |
| Crisis Line | 988 / 1-800-784-2433 | Interior Crisis Line |
| Poison Control | 1-800-567-8911 | BC |
| Lifeline (or similar service) | 250 374-3540 | 211 BC 450 Lansdowne St Kamloops |
| Lillooet Royal Canadian Mounted Police | 250 256-4244 | 317 Main Street, Lillooet |
| Stl'at'imx Tribal Police | 250 256- 7767 1 877-919-7767 None-Emergency number: 250 256- 7784 | 21 Scotchman Rd, Lillooet Toll Free Report Crimes online: https://stlatlimxpolice.ca/ |

ADULT ABUSE SERVICES

| SERVICE | CONTACT NUMBER | NOTES |
|--|--------------------------------|--|
| EMERGENCY | 911 | If there is an emergency requiring immediate assistance only |
| Guidance for reporting abuse Lillooet Learning Communities Society | 250 256-9120 | Elder Connect, BCCRN Chrissy Mahaits |
| Guidance for reporting abuse Lillooet Friendship Centre | 250 256- 8852 | ECPC, BCCRN Joan Gianone |
| BCCEAS – SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support | 604-437-1940 1 866 714-3378 | Toll free |
| Interior Health Adult Abuse & Neglect Reporting | 1-844-870-4754 | ihadultguardianship@interiorhealth.ca |
| Community Living BC | 1-855-664-7972 | (for adults with developmental disabilities & eligible for CLBC services) Toll free |
| Police-based Victim Services | 250 256-4146 | Lillooet Friendship Centre Society 357 Main Street Lillooet |
| Community - based Victim Services | 250 256-4146 | Lillooet Friendship Centre Society 357 Main Street Lillooet |
| Transition House (s) | 250 256-4146 | Lillooet Friendship Centre Society |
| Emergency Shelter (s) | 250 256-4146 | Lillooet Friendship Centre Society 76 5th Ave Lillooet |
| Victim Link BC | 1-800-563-0808 | |
| BC211 | 211 | Lower Mainland only |
| LGBTQ Contact | 604-684-5307 1-800-566-1170 | Toll free |
| Fraser Health | 1-877-732-2808 | adultprotection@fraserhealth.ca |

INFORMATION AND REFERRAL

(Local services – often grouped in one multi-service agency – listed below)

| SERVICE | CONTACT NUMBER | NOTES |
|---------------------------|----------------|---|
| Seniors Outreach | 250 256-9120 | Elder Connect 633 Main St Lillooet |
| Problem Gambling Helpline | 1-888-795-6111 | |
| Alcohol and Drug Referral | 250 256-8852 | Lillooet Friendship Centre Society Community Cares Centre 76 5th Ave Lillooet |
| Veterans Affairs Canada | 1-866-522-2122 | |

HEALTH/MENTAL HEALTH

| SERVICE | CONTACT NUMBER | NOTES |
|--|----------------------------------|--|
| Mental Health Crisis Line | 1-888-353-2273 | |
| Geriatric Outreach | 250 256-1343 | Interior Health: Lillooet Hospital 951 Murray St Lillooet |
| Mental Health/Addiction Services | 250 256-1343 | Lillooet Mental Health & Substance Use 951 Murray St Lillooet |
| Northern St'at'imc Primary Care Center, Mental Health Counselling | 250 256-9336 | Kate Aleck Kate.aleck@fnha.ca 7-1 – 7 th Ave, Lillooet |
| Opioid Agonist Treatment (OAT) Clinic | 250 256-1328 | |
| Home and Community Health | 250 256-1328 | Lillooet Hospital & Health Centre 951 Murray St Lillooet |
| Adult Day programs | 250 256-4233 | Lillooet Hospital & Health Centre 951 Murray St Lillooet |
| Lillooet Hospital and Health Centre | 250 256-4233 | Lillooet Hospital & Health Centre 951 Murray St Lillooet |
| Lillooet Medical Clinic | 250 256-7505 | Lillooet Medical Clinic 107 - 8th Avenue Lillooet |
| Diabetes Clinic/Diabetic Educator | 250 256-1304 | |
| Lillooet Health Centre: Public Health Nurse | 250 256-1314 | 951 Murray Street, Lillooet |
| First Nations Health Authority, Health Centre | 250 256-7017 | 296 Main Street |
| St'at'imc Outreach Health Services | 250 256-7530 | 650 Industrial Place, Lillooet statimchealth.net |
| Lillooet Friendship Centre Society | 250 256-4146 | 357 Main Street, Lillooet |
| MSP and PharmaCare | 1-604-683-7151 1-800-663-7100 | Vancouver Toll Free |
| BC Nurse/Pharmacist Line | 811 | |
| Assisted Living Registry | 1-866-714-3378 | |
| Online Medical Support - Medeo | 1-888-297-2973 | |
| Lillooet Foot Care Nursing | 778 209-0091 | (Preferred contact) lillooetfootcare@gmail.com https://lillooetfootcare.com |

HOUSING

| SERVICE | CONTACT NUMBER | NOTES |
|--|--------------------------------|--|
| BC Housing | 604-433-1711 1-866-465-6873 | Vancouver Toll Free |
| Home Adaptations – Canada Mortgage & Housing | 1-800-668-2642 | |
| Assisted Living Registry | 1 866 714 3378 | Hlth.assistedlivingregistry@gov.bc.ca |

HOME SUPPORT

| SERVICE | CONTACT NUMBER | NOTES |
|--|----------------|---|
| Better at Home Light Yard Work, & House cleaning | 250 256-9120 | The rate you pay for the service is determined on a sliding scale by your Income Tax Return Summary. Elder Connect 633 Main St Lillooet |
| Shop and Deliver Program | 250 256-3820 | shopanddeliver@thehublillooet.ca Elder Connect 633 Main St Lillooet |
| Friendly Visiting | 250 256-9120 | Elder Connect 633 Main St Lillooet |
| Interior Health, Home Health Nurse | 250 256-1328 | Laurie Cregg, Long Term Care Assesor and Home Health Nurse |
| Assisted Hands Homecare | 778-586-5026 | Non- Medical Homecare & Welness Service |

TRANSPORTATION

| SERVICE | CONTACT NUMBER | NOTES |
|--|----------------|---|
| Handy Dart/Taxi Saver/Handy Card | 250 674-2600 | YCS Clearwater; Lillooet Hospice runs a local bus service for seniors |
| Health Connections – bus service YCS Clearwater | 1-855-359-3935 | Health Connections Bus 2 days wk Lillooet - Kamloops - Lillooet |
| Taxi | 250 256-7706 | Mile-0 Taxi Lillooet 125 Moran Place Lillooet |
| Parking Permit (disabled) | 604-718-7744 | SPARC BC permits@sparc.bc.ca |
| TransLink Trip Planner | 604-953-3333 | Lower Mainland |

LEGAL

| SERVICE | CONTACT NUMBER | NOTES |
|---|--------------------------------|--|
| Public Guardian and Trustee | 1-604-660-4444 | For financial investigations |
| Seniors Fris BC | 1 877 511 1940 | For information, legal advocacy |
| BC CEAS (SAIL) | 604-437-1940 1-866-437-1940 | Legal Advocacy Program and Elder Law Clinic |
| Legal Aid | 1-866-577-2525 | |
| Family Justice Centre | 1-844-747-3963 | |
| Crown Counsel | | |
| NIDUS – Representation Agreements | 1-604-408-7414 | |
| Peoples Law School | 604-331-5400 | |
| Lawyer Referral Services | 250 372-4933 | MJB Lawyers 101B-909 Main St Lillooet |
| Access Pro Bono Legal Services – in person only | 1-877-762-6664 | |
| Community Advocacy Services | 250 256-7944 | Lillooet Library Adult Learning Program - help with forms |
| Lillooet Indigenous Court | 250 256-1961 | lillooetindigenescourt@gmail.com |

SUPPORT GROUPS

| SERVICE | CONTACT NUMBER | NOTES |
|--------------------------|---|--|
| Dementia Help Line | 604-681-8651 | |
| AA | Samantha Batista & Kevin Adams shop 778 209 7589 | Steps & Traditions Meetings 577 Main Street Lillooet Tuesday Shop Talk 667 Industrial Place Lillooet Meeting every day of the week except Sundays Monday in BR at 7pm log cabin |
| NA | 250 256-3662 | St'at'imc Outreach Health Services 650 Industrial Way Lillooet |
| Al-Anon | 250 256-8852 Ext 304 | LFCS - Community Cares Centre 76 5th Ave Lillooet |
| Nar-Anon | | |
| Alzheimer Society of BC | 1 (604)-681-6530 | Vancouver, BC |
| Caregiver support groups | 250 384-0408 | Caregivers Connect: BC Virtual Support Group |
| MS Society | 1-844-859-6789 | MS Society of Canada |
| Arthritis | 1-800-321-1433 | Arthritis Society Canada - BC info@bc.arthriQs.ca |
| Diabetes | 250 256-4233 | Lillooet Hospital & Health Centre Diabetes Education Program 951 Murray Street, Lillooet |
| Deaf and Hard of Hearing | | |

FIRST NATIONS/INDIGENOUS SERVICES

| SERVICE | CONTACT NUMBER | NOTES |
|------------------------------------|--|--|
| Friendship Centre | 250 256-4146 | Lillooet Friendship Centre 357 Main Street Lillooet |
| First Nations Band Offices | Xaxli'p 250 256-4800 Xwisten 250 256-7423 Sekw'el'was 250 256-4136 Ts'kw'aylaxw 250 256-4204 T'it'qet 250 256-4118 | Fountain Valley Rd Lillooet 5202 Highway 40 Lillooet 810 Highway 99 South Lillooet 35100 Highway 99 North Lillooet 59 Retasket Dr Lillooet |
| Lillooet Tribal Council | 250 256-7523 | 650 Industrial Pl Lillooet |
| First Nations Health Authority | 250 256-7017 | 296 Main Street Lillooet |
| St'at'imc Outreach Health Services | 250 256-7530 | 650 Industrial Way Lillooet |

IMMIGRANT SERVICES

| SERVICE | CONTACT NUMBER | NOTES |
|-------------------------------------|----------------|--|
| Health and Seniors Information Line | 211 | Lower Mainland |
| Local Immigrant Services | 250 256-7944 | Lillooet Public Library, ESL 930 Main Street Lillooet |
| Settlement Services | 1-888-355-5560 | AMSSA Strengthening Diversity in BC amssa@amssa.org |
| Translation Services | www2.gov.bc.ca | Translation Services List of Supports |

MUNICIPAL SERVICES

| SERVICE | CONTACT NUMBER | NOTES |
|---|----------------|---|
| Parks and Recreation - facilities | 250 256-7527 | Lillooet REC Centre 930 Main Street Lillooet |
| Parks and Recreation - programs | 250 256-7527 | Lillooet REC Centre, Conway Park, Skate Park, Basketball Court |
| Library Lillooet, Seton/Shalalth, Goldbridge | 250 256-7944 | Lillooet Public Library 930 Main Street Lillooet |
| Lillooet Landfill and Recycling Depot | 250 256-4099 | 405 Landfill Rd Lillooet |
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INCOME AND BENEFITS

| SERVICE | CONTACT NUMBER | NOTES |
|---|----------------|--|
| CPP, OAS, GAIN | 1-800-622-6232 | Service Canada |
| Employment and Income Assistance | 250 256-7548 | Service BC 639 Main Street Lillooet |
| Community Volunteer Income Tax Prep. | 250 256-4146 | Lillooet Friendship Centre 357 Main St Lillooet |
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DEATH, DYING AND GRIEF SERVICES

| SERVICE | CONTACT NUMBER | NOTES |
|-------------------|----------------|--|
| Hospice | 250 256-1875 | Lillooet Hospice and Palliative Care PO Box 1008 Lillooet |
| Grief Counselling | 250 256-9336 | Kate Aleck |

FOOD PROGRAMS

| SERVICE | CONTACT NUMBER | NOTES |
|--|----------------|---|
| Food Bank | 250 256-8852 | Lillooet Friendship Centre Society Community Cares Building 76- 5th Avenue, Lillooet Mondays and Thursdays, 1:00-3:00pm Friday Seniors Day 1:00-3:00pm |
| Grocery Delivery | 250 256-3820 | Elder Connect 633 Main St Lillooet |
| Free lunch Tuesday Better Living Lunch Wednesday Food Bank Lunch | 250 256-8852 | Lillooet Friendship Centre Society & Better Living Centre at the 737 Main Street Take the ramp to the basement |
| Interior Health Dinner at Home | 250 256 1309 | Frozen meals, low cost, regular entrees \$6.25 each order in increments of 8, soups \$2.25 each minimum order of 6. Meal Menu Brochure found at the Community HUB. Contact Jody Eliuk at the Lillooet Hospital and Health Centre to order or email them at: jody.eliuk@interiorhealth.ca |

GOVERNMENT REPRESENTATIVES

| SERVICE | CONTACT NUMBER | NOTES |
|---|----------------|---|
| Jackie Tegart jackie.tegart.MLA@leg.bc.ca | 250 453-9726 | MLA 405 Railway Avenue, Ashcroft |
| Brad Vis Brad.Vis@parl.gc.ca | 604-814-5710 | MP Suite 7, 32650 Logan Ave, Mission |
| Vivian Birch-Jones vbjones@slrd.bc.ca | 1-800-622-6332 | SLRD Area B 1350 Aster St, Pemberton |
| Laurie Hopfl lhopfl@lillooet.ca | 250 256-4289 | District of Lillooet Mayor 615 Main Street, Lillooet |
| Service Canada | 1 800-622-6332 | |