



## Local Community Contact List

**Name of CRN/Community:** Vancouver West End

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 (Name)      (Phone)      (Email)

### EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER(S)	NOTES
Police, Fire and Ambulance	911	
Police Non-Emergency	604-717-3321	
Crisis Line	604-872-3311	<a href="http://www.crisiscentrechat.ca">www.crisiscentrechat.ca</a>
Poison Control	604-682-5050 1-800-567-8911	Toll-Free
Mental Health Support	310-6789	
Seniors Distress Line	604-872-1234	

### ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER(S)	NOTES
Vancouver Coastal Health ReAct	604-904-6173	Contact for reporting abuse
Vancouver Police Department Victim Services	604-717-2737	
Victim Link	1-800-563-0808	
Seniors First BC - SAIL (Seniors Abuse and Information Line)	604-437-1940 1-866-437-1940	Toll-Free
West End - Coal Harbour Community Policing Centre	604-717-2924	
Community Living BC	604-664-0101 1-877-660-2522	Toll-Free
Emergency Shelters and Transition Houses	211	bc211 for comprehensive information and vacancies

### INFORMATION AND REFERRAL

SERVICE	CONTACT NUMBER(S)	NOTES
bc211	211	
West End Seniors' Network at Kay's Place	604-669-7339	
Problem Gambling Helpline	1-888-795-6111	
Veterans Affairs Canada	1-866-522-2122	

## HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER(S)	NOTES
Mental Health	604-675-3997 604-709-6785 604-874-7307	Vancouver Coastal Health Mental Health Intake Adult Older Adult Emergency
	604-688-3234	Canadian Mental Health Association (BC Division)
	604-872-4902	Canadian Mental Health Association (Vancouver Fraser Branch)
	604-873-0103	Mood Disorders Association of BC
Home and Community Health	604-331-8900	Three Bridges Community Health Centre
Urgent Primary Care Centre	604-416-1811	City Centre
Adult Day Programs	604-685-6491	West End Adult Day Program (New Roots)
	778-558-1894	Paul's Club (for early onset dementia)
Hospitals	604-682-2344	St. Paul's Hospital
	604-875-4111	Vancouver General Hospital
	604-874-1141	Mount Saint Joseph Hospital
Medical Services Plan (MSP) and PharmaCare	604-683-7151 1-800-663-7100	Toll Free
HealthLinkBC	811	
Assisted Living Registry	1-866-714-3378	

## HOME SUPPORT

SERVICE	CONTACT NUMBER(S)	NOTES
Better at Home (Light Housekeeping)	604-669-5051	West End Seniors' Network at Barclay Manor
Better at Home (Minor Home Repairs)	604-669-5051	West End Seniors' Network at Barclay Manor
Older Adult Peer Support	604-669-7339	West End Seniors' Network at Kay's Place
Friendly Visiting	604-669-5051	West End Seniors' Network at Barclay Manor
	604-684-5307	QMUNITY

## HOUSING

SERVICE	CONTACT NUMBER(S)	NOTES
BC Housing	604-433-1711 1-866-465-6873  604-433-2218 1-800-257-7756	Toll-Free  Shelter Aid For Elderly Renters (SAFER), Housing Registry, Home Adaptations for Independence (HAFI), Rental Assistance Program (RAP)
Housing Advocacy and Appeals	604-683-4287	St. Paul's Anglican Church Advocacy Office
	1-800-665-1185	Tenant Resource and Advisory Centre (TRAC)
BC Residential Tenancy Branch	604-660-1020 1-800-665-8779	Toll-Free
Older Adult Housing Navigation	604-669-7339	West End Seniors' Network at Kay's Place

## TRANSPORTATION

SERVICE	CONTACT NUMBER(S)	NOTES
Translink	604-953-3333	
HandyDART / Taxi Saver / HandyCard	604-953-3680	
BC Bus Pass Program	1-866-866-0800	
Parking Permit	604-718-7744	SPARC BC
Better at Home (Transportation to and from Medical Appointments)	604-669-5051	West End Seniors' Network at Barclay Manor

## LEGAL

SERVICE	CONTACT NUMBER(S)	NOTES
Seniors First BC	604-437-1940 1-866-437-1940	Legal Programs and Victim Services Program
Legal Aid BC	1-866-577-2525	
Public Guardian and Trustee of BC	604-660-4444	
People's Law School	604-331-5400	
Access Pro Bono	604-878-7400 1-877-762-6664	Toll-Free
NIDUS	604-408-7414	Representation Agreements

## SUPPORT GROUPS

SERVICE	CONTACT NUMBER(S)	NOTES
Alcoholics Anonymous (AA)	604-434-3933	
BC Al-Anon Central Services Society	604-688-1716	
Narcotics Anonymous (NA)	604-873-1018	
Nar-Anon Family Groups	604-878-8844	
Alzheimer Society of BC	604-681-6530 1-800-667-3742 604-681-8651 1-800-936-6033 1-833-674-5007 1-833-674-5003	Toll-Free First Link Dementia Helpline (Toll-Free) (Mandarin and Cantonese) (Punjabi)
MS Society	604-689-3144	BC and Yukon Division
Arthritis Society	604-714-5550 1-866-414-7766	BC and Yukon Division Toll-Free
Wavefront Centre for Communication Accessibility	604-736-7391 604-736-2527	TTY
CNIB	604-431-2121	

## FIRST NATIONS / INDIGENOUS SERVICES

SERVICE	CONTACT NUMBER(S)	NOTES
Vancouver Aboriginal Friendship Centre	604-251-4844	
First Nations Health Authority	604-693-6500 1-866-913-0033	Toll-Free
Vancouver Métis Community Association	604-682-2933	
Métis Nation BC	604-557-5851 1-800-940-1150	Toll-Free

## IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER(S)	NOTES
Immigrant Services Society of BC	604-684-2561	
MOSAIC	604-254-9626	
S.U.C.C.E.S.S.	604-684-1628	

## DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER(S)	NOTES
Hospice	604-737-7305	Vancouver Hospice Society
	604-606-0380	May's Place (Bloom Group)
Grief Counselling	604-738-9950	BC Bereavement Helpline

## FOOD PROGRAMS

SERVICE	CONTACT NUMBER(S)	NOTES
Meal Programs	604-683-2554	Gordon Neighbourhood House
Food Bank	604-876-3601	Greater Vancouver Food Bank
	604-602-0186	Quest Food Exchange
Meal Delivery	604-733-6614 604-733-6615	Meals on Wheels Cantonese
	604-299-1877 1-888-838-1888	Better Meals Toll-Free
Grocery Shopping and Delivery	604-669-5051	West End Seniors' Network at Barclay Manor

## INCOME AND BENEFITS

SERVICE	CONTACT NUMBER(S)	NOTES
Service Canada	1-800-622-6232	
Service BC	1-800-663-7867	
BC Senior's Supplement	1-866-866-0800	
Community Volunteer Income Tax Program	604-669-5051	West End Seniors' Network at Barclay Manor

## MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER(S)	NOTES
City of Vancouver	311	
West End Community Centre Association	604-257-8333 604-718-8222	West End Community Centre Coal Harbour Community Centre
Vancouver Public Library	604-665-3972 604-331-3603 604-331-4100	Joe Fortes Branch Central Library Accessible Services

## GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER(S)	NOTES
MLA (Provincial) Spencer Chandra Herbert	604-660-7307	
MP (Federal) Dr. Hedy Fry	604-666-0135 613-992-3213	Vancouver Ottawa