



BC ASSOCIATION OF

Community Response Networks

Stopping Adult Abuse and Neglect ...Together.

Local Community Contact List (Template)

Name of CRN/Community: Fraser Lake & Area

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Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.

EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	
Police Fraser Lake Detachment	250.699-7777	
Crisis Line	250.699-6315	800.279-5799
Poison Control	800-567-8911	
Lifeline (or similar service)	250.699-6315	800.279-5799
Fire	250-699-7783	

ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) – for reporting abuse	844.465-7414 250.565-7414 250.699-6225	Regional Prince George Fraser Lake
Police-based Victim Services	250.699-7777	Fraser Lake
Child Family & Community Services	250.699-8744	Fraser Lake
Community Living BC	N/A 604-664-0101 877-660-2522	Local Vancouver Toll free
PG Sexual Assault Centre	250.564-8302	Prince George
Emergency Shelter (s)	250.567-9959	Omineca Safe House
BCCEAS – SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support	604-437-1940 866-437-1940 604-660-4444	Toll free
Victim Link	800-563-0808	

LBGTQ Contact	604-684-5307 800-566-1170	Toll free
Stop Smoking	877-455-2233	
Problem Gambling	888-795-6111	

INFORMATION AND REFERRAL

(Local services – often grouped in one multi-service agency – listed below)

SERVICE	CONTACT NUMBER	NOTES
Therapeutic Activation Program	250.699-0056	Autumn Services Centre
Community Support Services	250.699-0056	Autumn Services Centre
Geriatric, Better @ Home and Other programs for Seniors	250.699-0056 250.699-6225	Autumn Services Centre FL Medical Clinic
Omineca Integrated Services FL	250.699-7742	FL Community Health Centre
Alcohol and Drug Referral	800-663-1441	
Veterans Affairs Canada	866-522-2122	
Alcohol and Drug Information and Referral Service (ADIRS), the Problem Gambling Help Line, VictimLink BC, and the Youth Against Violence Line.	BC211	Thru United Way

HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach	250.699-6225	FL Community Health Centre
Mental Health and Addiction Services	250.567-9205	Vanderhoof
Home and Community Health	250.699-6225	FL Community Health Centre
Community Paramedic	250.640-1172	Cathy Scott – Doc referral
Hospital	250.567-2211	Vanderhoof
MSP and PharmaCare	604-683-7151 800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	866-714-3378	
Online Medical Support - Medeo	888-297-2973	
Mental Health Centre	250-567-5994	3299 Hospital Rd Vanderhoof
Health Unit	250-567-6900	3299 Hospital Rd Vanderhoof

HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 866-465-6873	Vancouver Toll Free
Home Adaptations – Canada Mortgage & Housing	800-668-2642	
Silver Birch Lodge	250-699-8771	Independent Care spaces
Homeless Outreach -Jennifer	250.567-9205	From Vanderhoof 1 day a week

HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home	250.699-0056	Lisa Gandier/Debbie Devauld
Grocery Shopping	250.699-0056	Lisa Gandier
Light yard work, Light home repairs and Maintenance, Light Housekeeping, Snow removal, Laundry services, travel	250.699-0056	Only agencies that provide volunteers who have undergone a criminal record check.
Friendly Visiting	250.699-0056	Lisa Gandier

TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
Village Transportation Service	250.699-1495	Village transportation bus Wednesday & Friday
Health Connections – bus service	888.647-4997	
BC Transit BL to PG		
BC Transit Prince Rupert to PG BC Rail	866.866-0800 250.561-4000	
Translink Trip Planner	604-953-3333	Lower Mainland

LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	1.604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid	1-866-577-2525	
Crown Counsel	250.567-5809	Vanderhoof
NIDUS – Representation Agreements	1-604-408-7414	
Public Guardian and Trustee	1-604-660-4444	
Peoples Law School	1-604-331-5400	
Access Pro Bono Legal Services – in person only	1-877-762-6664	
Seniors Advocate	1.877.952-3181	

SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651	
AA	250.699-1699 250.690-7272	Fraser Lake Art Blomquist Nadleh
NA	250.699-6899	Fraser Lake Ed McMannus
Alzheimer of Prince George	800.936-6033	
Alzheimer Society of BC	604.681-6530	
Caregiver support groups		
MS Society Prince George	800.268-7582	
Arthritis Society Prince George	250.614-2233	
Diabetes Society of Prince George	250.561-9284	
Deaf and Hard of Hearing P.G.	250.562-8001	

FIRST NATIONS/INDIGENOUS SERVICES

SERVICE	CONTACT NUMBER	NOTES
Friendship Centre	250-564-3568	Prince George
First Nations Health Authority	250.699-8747	Stellat'en First Nation
First Nations Health Authority	250.690-7272	Nadleh First Nation

IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health and Seniors Information Line	BC211	ALL of BC can use service
Prince George Immigrant Services	250.563-1014	
Prince George Multicultural Services	250.562-2900	

MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER	NOTES
Parks and Recreation - facilities	250.699-6257	Village Office
Parks and Recreation - programs	250.699-6257	Rec Coordinator
Library	250.699-8888	Fraser Lake
Mayor Sarrah Storey	250-699-1681	Fraser Lake
Regional District Area D Rep	250.699-8419	Mark Parker

INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	1-800-622-6232	Service Canada

Employment and Income Assistance	250.567-4795	Human Resource Vanderhoof
Government Agent	250.567-6301	Vanderhoof Access Centre

DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Hospice	250.699-6225	FL Community Health Centre
Grief Counselling	844.294.8007	Vanderhoof

FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Food Bank	250.570-7496	Yvonne Melo
Free Food Hamper delivery	250.699-0056	Autumn Services
Meal Delivery for seniors \$10	250.699-6268	RC Legion
Soup & Bun delivery for Seniors free	250.699-0056	Autumn Services

GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
John Rustad MLA	1.877-964-5650	john.rustad.mla@leg.bc.ca
Taylor Bachrach MP	1.888-622-0212	taylorbachrach.ndp.ca
Service Canada	1-800-622-6232	Vanderhoof

Forward to:
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