



## Local Community Contact List (Template)

Name of CRN/Community: Cranbrook

Date Submitted/Updated: July 25, 2020

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(Name) (Phone) (Email)

Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.

### EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	<b>911</b>	RCMP 250-489-3471 Fire 250-426-2325 Ambulance 250-344-6266
Crisis Line	1 888 353 2273	
Poison Control	1 800 567 8911	
Lifeline (or similar service)	1 888 832 6071	

### ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) – for reporting abuse	1 888 353 2273	See regional resources list for each CRN
Police-based Victim Services	250 417 4225	Cranbrook RCMP
Community- based Victim Services	1 888 353 2273	
Community Living BC	250-426-7588 604-664-0101 1-877-660-2522	Local Vancouver Toll free
Transition House (s)	250-426-4887	Kootenay Haven
Emergency Shelter (s)	1 800 257 7756	250-426-2976
BCCEAS – SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support	604-437-1940 1-866-437-1940	Toll free
Victim Link	1-800-563-0808	
bc211	211	BC wide

LBGTQ Contact	604-684-5307 1-800-566-1170	Toll free
Women's Help Line	1 800 200 3008	
Assisted Living Registrar	1 866 714 3378	

## INFORMATION AND REFERRAL

(Local services – often grouped in one multi-service agency – listed below)

SERVICE	CONTACT NUMBER	NOTES
Seniors Outreach	1 877 487 0803	
Community Services	250 426 2912	Cranbrook Women's Resource
Geriatric and Other programs for Seniors	250-426-3618 250-417-9376	Cranbrook Seniors Hall Branch 11
Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral	250 489 4344	EK Addiction Services
Veterans Affairs Canada	1-866-522-2122	

## HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach	250 420 2210	Interior Health Mental Health
Mental Health and Addiction Services	250 919 4835	Mental Health And Addiction
Home and Community Health	250 489 1734	Home Support/Health
Adult Day programs	250 420 2451	Day Break ( Adult Day Program)
Hospital	250 426 5281	
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	BC Health Link
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	
Home and Community Care	250-421-8912	

## HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free
Home Adaptations – Canada Mortgage & Housing	1-800-668-2642	
Advocacy and Appeals re Housing	1-604-646 7051	

## HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home	250 426 2943	
Grocery Shopping	250 426 2943, 250 426 8019	Better at Home, Canadian Mental Health (CMHC)
Home repairs and Maintenance	250 426 2943	Only agencies that provide volunteers who have undergone a criminal record check.
Peer Counselling	250 426 2943	
Friendly Visiting	250 426 2943	

## TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
Handy Dart/Taxi Saver/Handy Card	250 417 3178	
Health Connections – bus service	250 417 4636	
Bus Pass Program	1 888 866 0800	
Taxi (s)	Key City 250 426 1111 Star 250 246 5511	
Parking Permit (disabled)	250 426 4211	
Translink Trip Planner	604-953-3333	Lower Mainland

## LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid	1-866-577-2525	250 426 4066
Family Justice Clinic	250-426-1660	1-888-518-8822
Crown Counsel		
NIDUS – Representation Agreements	1-604-408-7414	
Public Guardian and Trustee	1-604-660-4444	
Peoples Law School	604-331-5400	
Lawyer Referral Services		Websites only
Access Pro Bono Legal Services – in person only	1-877-762-6664	
Community Advocacy Services	1 877 298 2211	Traveling Legal Advocate

## SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651	
AA	250 426 9876	
NA	1 800 663 1441	
Al-Anon	250 342 8255	
Nar-Anon	1 800 663 1441	
Alzheimer Society of BC	250 426 0534	
Caregiver support groups	1 877 489 0803	EK Senior's Caregiver Network
MS Society	(250) 489-4740 778-517-1338	1-800-268-7582 Ext, 7254
Arthritis	1-800 321 1433	Learn about options: 250-426-4442
Diabetes	250 426 5281	
Deaf and Hard of Hearing	250 489 2551	

### FIRST NATIONS/INDIGENOUS SERVICES

SERVICE	CONTACT NUMBER	NOTES
Friendship Centre	250-489-4563	Ktunaxa Kinbasket Family Ser.
Band Office	250-426-5717	Chief – Joe Pierre
Métis Services	250 417 3305	
First Nations Health Authority	250 489 2464	First Nations Health Authority
Aqanttanam Housing	250 417 3774	
Street Angels	250 420 2756	Homeless Outreach and assist

### IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health and Seniors Information Line	211	
Local Immigrant Services	1-250 342 2474	
Settlement Services	1-250 342 2474	
Translation Services	1-250 342 2474	

### MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER	NOTES
Parks and Recreation - facilities	250 489 0267	
Parks and Recreation - programs	250 489 0267	
Library(s)	250 426 4063	

## INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	250-489-4101 1-800-622-6232	Service Canada

Employment and Income Assistance	250-426-1211 1 866 866 0800	Service BC
Community Volunteer Income Tax Prep.	250-426-5222	Income criteria required

## DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Cranbrook Kimberley Hospice	250 417 2019	Also Bereavement Counseling
Grief Counselling	250 489 3114	Summit Community Services

## FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Food Bank	250 426 7664	
Grocery Delivery	250 420 4120	Some grocery stores deliver
Meal Delivery	250 420 4120	

## GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
Tom Shypitka	250 417 6022	MLA
Rob Morrison	250-417-2250	MP
Services Canada	250-489-4101 1-800-622-6332	

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