

## How You Can Help

*The BC Association of Community Response Networks (BC CRN) needs you for continued success.*



BC ASSOCIATION OF  
**Community Response Networks**  
*Stopping Adult Abuse and Neglect ...Together.*

*The BC Association of Community Response Networks (BC CRN) is a provincial umbrella organization that supports local CRNs who in turn work to create a strong community response for adults who may be experiencing or be impacted by abuse, neglect and self-neglect.*

### **Our Vision:**

Safe communities where adults are valued, respected and free from abuse and neglect.

### **Our Mission:**

To empower communities and individuals through coordination, collaboration and relationship building to stop adult abuse and neglect.

**Find Help** Talk to the adult or go to someone you trust if you suspect abuse or neglect.

**Volunteer** Join your local CRN and work with your community.

**Donate** Your tax deductible donation goes directly to CRN activities.



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Abuse & Neglect  
... Together**

**You Can Help!**



## BE CLEAR

**Adult Abuse:** Any action causing harm to another. Abuse may be:

- Financial
- Physical
- Sexual
- Psychological

**Neglect:** The failure to provide necessary care, assistance or attention that causes serious physical, mental or emotional harm, or damage to or loss of assets.

**Self-Neglect:** Any failure to care for one's self that causes serious physical or mental harm, or damage to or loss of assets.

***We can stop this!***



## BE AWARE

**Clues** that adult abuse or neglect may be occurring:

- Sudden changes in wills or unusual bank withdrawals
- The person is rarely seen in the neighbourhood
- The person appears to be frightened of certain family members, friends and/or caregivers
- The person appears to have frequent or unexplained injuries
- The person has signs of declining health, grooming and/or physical appearance

***Open your eyes!***



## TAKE ACTION

**Tell** someone you trust or someone you think can help.

If possible, talk to the adult first.

***Join Your Community Response Network***

CRNs bring people together to:

- Raise awareness
- Educate others through workshops and conferences
- Build relationships in the community so everyone knows who can help and how
- Work towards prevention
- Observe how your community is responding to continuously improve

***You Can Make a Difference!***