



Local Community Contact List

Name of CRN/Community: **Barriere**
Date Submitted/Updated: **07/29/2020**
Submitted By: **Susanne Butcher 250-674-2600 susanne.b@yellowheadcs.ca**

Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.

EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	Numbers to call if no 911 service
Crisis Line	1-888-353-2273	For emotional support and can direct caller to appropriate health care provider if needed, 24 hours a day)
Poison Control	1-800-567-8911	Central, toll free number
Lifeline (or similar service)		
Crime Victim Assistance	1-866-660-3888	for financial assistance and benefits for counselling, medical and transportation etc

ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) – for reporting abuse	250-374-5111 (Kamloops) 250-674-2244 (Clearwater)	See regional resources list for each CRN
Police-based Victim Services	1-250-674-7963	Cell phone number. Police based victim services, covering geographical area of McLure to Blue River
Community- based Victim Services	250-674-2135 cell # or toll free 1-855-674-2135	Safe Home - women and children only, 24 hours
Community Living BC	604-664-0101 1-877-660-2522	Local Vancouver Toll free
Transition House (s)	250-674-2600	YCS Transition House, office hours One apartment in Clearwater
Emergency Shelter (s)	250-374-6162	Women's Emergency Shelter Kamloops safe refuge and ongoing support and advocacy
BCCEAS – SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support	604-437-1940 1-866-437-1940	Toll free
Victim Link	1-800-563-0808	
bc211	211	Lower Mainland only

SERVICE	CONTACT NUMBER	NOTES
LBGTQ Contact	604-684-5307 1-800-566-1170	Toll free
Kamloops Sexual Assault Center	250-372-0179	
Victim Link	1-800-563-0808	

INFORMATION AND REFERRAL

(Local services – often grouped in one multi-service agency – listed below)

SERVICE	CONTACT NUMBER	NOTES
Seniors Outreach		
Community Services	Barriere 250-672-9773 OR Clearwater 250-674-2600	Office hours for Yellowhead Community Services Society Barriere may have reduced office hours Clearwater Monday through Friday 8.30am-12.00pm and 1.00pm-4.30pm
Geriatric and Other programs for Seniors		
Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral	250-672-9773 Barriere 250-674-2600 Clearwater	Yellowhead Community Services
Veterans Affairs Canada	1-866-522-2122	

HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach		
Mental Health and Addiction Services	250-672-9773 Barriere 250-674-2600 Clearwater	Yellowhead Community Services
Home and Community Health	250-672-9707	Interior Health Authority Service
Adult Day programs		
Hospital		
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	

HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free

SERVICE	CONTACT NUMBER	NOTES
Home Adaptations – Canada Mortgage & Housing	1-800-668-2642	
Advocacy and Appeals re Housing		

HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home	250-674-2600 or cell 778-208-7365	Yellowhead Community Services, contact April Christensen
Grocery Shopping	250-674-2600 or cell 778-208-7365	Yellowhead Community Services, contact April Christensen
Home repairs and Maintenance	250-674-2600 or cell 778-208-7365	Only agencies that provide volunteers who have undergone a criminal record check.
Peer Counselling		Yellowhead Community Services, contact April Christensen
Friendly Visiting	250-674-2600 or cell 778-208-7365	Yellowhead Community Services, contact April Christensen

TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
Handy Dart/Taxi Saver/Handy Card	250-674-2600	Yellowhead Community Services
Health Connections – bus service		
Bus Pass Program		
Taxi (s)		
Parking Permit (disabled)		
Translink Trip Planner	604-953-3333	Lower Mainland

LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid	1-866-577-2525	
Family Justice Clinic		
Crown Counsel		
NIDUS – Representation Agreements	1-604-408-7414	
Public Guardian and Trustee	1-604-660-4444	
Peoples Law School	604-331-5400	

SERVICE	CONTACT NUMBER	NOTES
Lawyer Referral Services		
Access Pro Bono Legal Services – in person only	1-877-762-6664	
Community Advocacy Services		
Elizabeth Fry		Poverty Law Advocacy; 250-314-1900 ext. 202 Court Work Assistance; 250-374-2119 ext. 204 Housing; 250-374-2119 ext. 206

SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651	
AA		
NA		
Al-Anon		
Nar-Anon		
Alzheimer Society of BC		
Caregiver support groups		
MS Society		
Arthritis		
Diabetes		
Deaf and Hard of Hearing		

FIRST NATIONS/INDIGENOUS SERVICES

SERVICE	CONTACT NUMBER	NOTES
Friendship Centre		
Band Office	250-672-9995	Simpchw First Nation
Métis Services		
First Nations Health Authority		

IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health and Seniors Information Line	211	Lower Mainland
Local Immigrant Services		
Settlement Services		

SERVICE	CONTACT NUMBER	NOTES
Translation Services		

MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER	NOTES
Parks and Recreation - facilities	250-672-9751	District of Barriere
Parks and Recreation - programs		
Library(s)	250-672-5811	

INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	1-800-622-6232	Service Canada
Employment and Income Assistance		Service BC
Community Volunteer Income Tax Prep.		

DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Hospice		
Grief Counselling		

FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Food Bank	250-672-0029	Barriere Food bank Society
Grocery Delivery		
Meal Delivery		

GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
		MLA
		MP

SERVICE	CONTACT NUMBER	NOTES
Services Canada	1-800-622-6332	