



Local Community Contact List (Template)

Name of CRN/Community: **SEA TO SKY**

Date Submitted/Updated: **06/18/2020**

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Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.

EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	Numbers to call if no 911 service
Crisis Line	1-866-661-3311	24 HOUR DISTRESS/CRISIS LINE
Poison Control	604-682-5050 OR TOLL FREE 1-800-567-8911	
Lifeline (or similar service)	1-800-543-3546	PHILIPS LIFELINE MEDICAL ALERT SYSTEM - WWW.LIFELINE.CA
Howe Sound Women's Crisis Line	1-877-890-5711	

ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) – for reporting abuse	SQ: 604-815-3008 WH:604-698-6455 PE: 604-698-5861	See regional resources list for each CRN
Police-based Victim Services	604-892-6141	
Community- based Victim Services	604-894-6101	JANE WALSER - SEA TO SKY COMMUNITY SERVICES JANE.WALSER@SSCS.CA
Community Living BC	604-664-0101 1-877-660-2522	Local Vancouver Toll free
Transition House (s)	604-892-5711	PEARLS TRANSITION HOUSE RUN THROUGH HOWE SOUND WOMEN'S CENTRE
Emergency Shelter (s)	604-815-4984	SQUAMISH HELPING HANDS
BCCEAS – SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support	604-437-1940 1-866-437-1940	Toll free
Victim Link	1-800-563-0808	
bc211	211	Lower Mainland only
LBGTQ Contact	604-684-5307 1-800-566-1170	Toll free

SERVICE	CONTACT NUMBER	NOTES
Community Living Squamish	604-892-5796	
bc211	211	Lower Mainland only

INFORMATION AND REFERRAL

(Local services – often grouped in one multi-service agency – listed below)

SERVICE	CONTACT NUMBER	NOTES
Seniors Outreach	604-815-3008	Vancouver Coastal Health - Mental Health
Community Services	604 892 5796	SEA TO SKY COMMUNITY SERVICES
Geriatric and Other programs for Seniors	604-815-3008	VANCOUVER COASTAL HEALTH
Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral	604-815-3008	VANCOUVER COASTAL HEALTH MENTAL HEALTH
Veterans Affairs Canada	1-866-522-2122	
LGBTQ	1-800-566-1170/604-684-5307	Squamish Safe & Sound - 604-849-0889
Activity 55 Centre for seniors	604-848-6898	safensoundsquamish@gmail.com

HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach	604-815-3008	
Mental Health and Addiction Services	604-815-3008	
Home and Community Health	604-892-2293	
Adult Day programs	604-892-5211	
Hospital	604-892-5211	
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	
MSP/Pharma Care	1-800-663-7100/604-683-7151	

HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free
Home Adaptations – Canada Mortgage & Housing	1-800-668-2642	

SERVICE	CONTACT NUMBER	NOTES
Advocacy and Appeals re Housing	604 892 5796	
POVERTY LAW ADVOCATE	604- 389-8069	Sea to Sky Community Services- Poverty Law Advocate Peter helps with the legal aspect of eviction notices, arbitration, and legalities for housing/tenancy agreements.
Homeless Outreach & Prevention - Chaelyn Falconer & Lisa Young	604 892-5796	Chaelyn covers north of Squamish @ 604 698 9034 Lisa is based in Squamish BC Housing: 1-866-465-6873

HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home	604-892-5796	Sea to Sky Community Services
Grocery Shopping	604-892-5796	
Home repairs and Maintenance		Only agencies that provide volunteers who have undergone a criminal record check.
Peer Counselling		
Friendly Visiting		

TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
Handy Dart/Taxi Saver/Handy Card	604-892-3567	
Health Connections – bus service		
Bus Pass Program	604-892-5217	
Taxi (s)	604-892-5995/604-567-1111/604-898-8888	Squamish Taxi - 604-567-1111 Howe Sound Taxi - 604-898-8888 Yellow Cabs Squamish - 604-892-5995 Whistler - Blackcomb Taxi 604-262-3895 Whistler Taxi 604-932-3333 Whistler Resort Cabs 604-938-1515 Bus Shelter Pemberton- 604-932-4020
Parking Permit (disabled)	1-888-718-7794	SPARC
Translink Trip Planner	604-953-3333	Lower Mainland

LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid	1-866-577-2525	
Family Justice Clinic	1-888-837-1116	
Crown Counsel	1-800-538-9166	

SERVICE	CONTACT NUMBER	NOTES
NIDUS – Representation Agreements	1-604-408-7414	
Public Guardian and Trustee	1-604-660-4444	
Peoples Law Schoo	604-331-5400	
Lawyer Referral Services	604-389-8069	
Access Pro Bono Legal Services – in person only	1-877-762-6664	
Community Advocacy Services	604-389-8069	

SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651	
AA	SQ - 604-815-4089 WH/PE - 604-905-5489	WHISTLER: 7 pm Mondays (women's only), 8 pm Tuesdays, Thursdays, Saturdays, and Sundays at Whistler Medical Center, 4380 Lorimer Road, 2nd Floor. SQUAMISH Alano Club 12:00PM SATURDAYS 37978 3rd Avenue Garibaldi Highlands, British Columbia Canada SQUAMISH Saint John the Divine Anglican Church 7:30PM WEDNESDAYS 1930 Diamond Rd Squamish, BC
NA		Saint John the Divine Anglican Church 1930 Diamond Rd. Squamish Wednesdays 7:30pm Open Meeting
Al-Anon		
Nar-Anon		
Alzheimer Society of BC	1-800-667-3742	
Caregiver support groups		www.familycaregiversbc.ca/family-caregiver-support-groups
MS Society	604-689-3144	www.mssociety.ca
Arthritis	1-866-414-7766	info@bc.arthritis.ca
Diabetes	1-888-874-9333	www.bcdiabetes.ca
Deaf and Hard of Hearing	604-660-1800	

FIRST NATIONS/INDIGENOUS SERVICES

SERVICE	CONTACT NUMBER	NOTES
Friendship Centre	1-250-256-4146	
Band Office	604-980-4553	
Métis Services	1-800-940-1150	
First Nations Health Authority	1-855-550-5454	

SERVICE	CONTACT NUMBER	NOTES
indigenous mental health and addictions	604-875-8289	

IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health and Seniors Information Line	211	Lower Mainland
Local Immigrant Services	604-815-4142	Squamish Welcome Centre
Settlement Services		www.welcomebc.ca
Translation Services	1-888-338-6622	

MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER	NOTES
Parks and Recreation - facilities	SQ:604-898-3604 WH:604-932-5535 PE:604-894-2340	www.squamish.ca www.whistler.ca www.slrd.bc.ca
Parks and Recreation - programs		
Library(s)	Sq: 604-892-3110 Wh: 604-935-8433 Pe: 604-894-6916	

INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	1-800-622-6232	Service Canada
Employment and Income Assistance	OAS/ CPP/ GAIN - 1-800-622-6232 Services Canada	Service BC
Community Volunteer Income Tax Prep.	604-666-9352	
Work BC	(604) 639-1743	
service bc	(604) 892-2400	

DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Hospice	604-567-2009	
Grief Counselling	604-892-2400	

FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Food Bank	SQ: 604-815-7332 WH: 604-932-0113 PE: 604 698 5521	WHISTLER: Year-round program. Open Mondays, Wednesdays, Fridays from 11:00 am to 2: 00 pm at the Whistler Conference Centre. 8000 Nesters Rd, Whistler, BC V0N 1B8 SQUAMISH: 39650 Government Rd Squamish, BC (In the BC Railyards) Email: squamishfoodbank@gmail.com PEMBERTON: accessible Monday through Thursday from 10am to 2pm by appointment only. 1347 Aster Street, Pemberton V0N 2L0 Please contact Lorelee at foodbankpemberton@sscs.ca for more info.
Grocery Delivery		
Meal Delivery	604-848-6898	Meals on Wheels

GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
Jordan Sturdy	604-922-1153	MLA
??Patrick Weiler	Patrick.Weiler@parl.gc.ca	MP
Services Canada	1-800-622-6332	