



## Local Community Contact List

Name of CRN/Community: **Salt Spring Island**  
Date Submitted/Updated: **07/15/2020**  
Submitted By: **Shamana Ali sabrinaali58@gmail.com**

Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.

### EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	Numbers to call if no 911 service
Crisis Line	<b>1-877-435-7544</b>	<b>KUU-US Indigenous 250-723-4050</b> <b>Transition House 250-537-0735</b>
Poison Control	<b>1-800-567-8911</b>	
Lifeline (or similar service)	<b>855-681-5351</b>	

### ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) – for reporting abuse	<b>(250) 388-2273</b>	See regional resources list for each CRN
Police-based Victim Services	<b>(250) 537-5555</b>	<b>Outer Gulf Islands: (250) 629-6171</b>
Community- based Victim Services		<b>same as above</b>
Community Living BC	604-664-0101 1-877-660-2522	Local Vancouver Toll free
Transition House (s)	<b>(250) 537-0735</b>	
Emergency Shelter (s)	<b>(250) 537-9971</b>	<b>Shelter if not a Transition House situation</b>
BCCEAS – SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support	604-437-1940 1-866-437-1940	Toll free
Victim Link	1-800-563-0808	
bc211	211	Lower Mainland only
LBGTQ Contact	604-684-5307 1-800-566-1170	Toll free

### INFORMATION AND REFERRAL

(Local services – often grouped in one multi-service agency – listed below)

SERVICE	CONTACT NUMBER	NOTES
Seniors Outreach	(250) 537-9971	Also Hospice: (250) 537-2770, Seniors Services Society of Salt Spring: (250) 537-4604
Community Services		above Senior's outreach number
Geriatric and Other programs for Seniors		above Seniors Wellness and Hospice and Seniors Services Society
Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral	(250) 221-1559	
Veterans Affairs Canada	1-866-522-2122	

## HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach	(250) 538-4880	Public Health number for Salt Spring. Other Gulf Islands: (250) 539-3099
Mental Health and Addiction Services		see above for public health number
Home and Community Health	(250) 388-2273	Toll Free General Inquiries: 1-800-533-2273
Adult Day programs	(250)	Seniors Services Society of Salt Spring
Hospital	(250) 538-4800	
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	

## HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free
Home Adaptations – Canada Mortgage & Housing	1-800-668-2642	
Advocacy and Appeals re Housing		

## HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home	(250) 537-9971	Better at Home is under Community Services.

SERVICE	CONTACT NUMBER	NOTES
Grocery Shopping	(250) 537-1529	Thrifty's Sendial service
Home repairs and Maintenance		Only agencies that provide volunteers who have undergone a criminal record check.
Peer Counselling	(250) 537-9971	Through Seniors' Wellness at SSI Community Services
Friendly Visiting		as above through SSI Community Services

## TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
Handy Dart/Taxi Saver/Handy Card	(250) 537-4604	Seniors' Services Society of Salt Spring offers transportation for seniors to medical appointments. For non-medical appointments, try Better at Home (250) 537-9971.
Health Connections – bus service		There is limited bus service on Salt Spring
Bus Pass Program		available through the grocery store
Taxi (s)	(250) 537-3030	
Parking Permit (disabled)	(250) 595-0044	Through City Hall in Victoria
Translink Trip Planner	604-953-3333	Lower Mainland

## LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid	1-866-577-2525	
Family Justice Clinic		
Crown Counsel	(250) 387-4481	through Victoria, BC
NIDUS – Representation Agreements	1-604-408-7414	
Public Guardian and Trustee	1-604-660-4444	
Peoples Law Schoo	604-331-5400	
Lawyer Referral Services	1-800-663-1919 or 604-687-3221	
Access Pro Bono Legal Services – in person only	1-877-762-6664	
Community Advocacy Services	(250) 537-9971	through Community Services of SSI

## SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651	

SERVICE	CONTACT NUMBER	NOTES
AA	(250) 221-1559	
NA		as above
Al-Anon		as above
Nar-Anon		as above
Alzheimer Society of BC	604-681-6530 Toll-free: 1-800-667-3742	
Caregiver support groups	(250) 537-5004	
MS Society	1?604?689?3144	BC and Yukon Division
Arthritis	Toll-Free: 1.800.321.1433	National Office
Diabetes	604.732.1331 Toll-free: 1.800.665.6526	BC Office
Deaf and Hard of Hearing		

#### FIRST NATIONS/INDIGENOUS SERVICES

SERVICE	CONTACT NUMBER	NOTES
Friendship Centre	250.384.3211	Victoria Native Friendship Centre
Band Office	250.748.3196	Salt Spring was historically occupied by different nations. The phone is the listing for the Cowichan Nation Band Office, in Duncan.
Métis Services	Phone: 604-557-5851 Toll free: 1-800-940-1150	Metis Nation BC, located in Surrey, BC.
First Nations Health Authority	604.693.6500	located in West Vancouver, BC

#### IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health and Seniors Information Line	211	Lower Mainland
Local Immigrant Services	250-388-4728	Inter-cultural Association of Greater Victoria
Settlement Services		
Translation Services	1-888-294-3032	Victoria Translation Services

#### MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER	NOTES
Parks and Recreation - facilities	250.360.3000	Capital and Regional District, Salt Spring Island

SERVICE	CONTACT NUMBER	NOTES
Parks and Recreation - programs		as above
Library(s)	(250) 537-4666	Salt Spring Island Public Library

### INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	1-800-622-6232	Service Canada
Employment and Income Assistance	(250) 537-9971	Service BC
Community Volunteer Income Tax Prep.	(250) 537-9971	through SSI Community Services

### DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Hospice	(250) 537-2770	
Grief Counselling		Through Hospice

### FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Food Bank	(250) 537-9971	Through SSI Community Services
Grocery Delivery		as above, through the Better at Home program and Seniors' Wellness, under Community Services
Meal Delivery	(250) 537-5561 ext. 233	Meals on Wheels

### GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
Adam Olsen		MLA
Elizabeth May		MP
Services Canada	1-800-622-6332	