

LOCAL COMMUNITY RESOURCES CONTACT LIST

NAME OF COMMUNITY: Guildford

DATE SUBMITTED/UPDATED: July 2019

Where there are no local services, please list the closest community with those services available in the NOTES column. Please add addition rows if needed to provide a complete list for your community.

EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	
Crisis Line	604-951-8855 1-877-820-7444	
Poison Control	604-682-5050 1-800-567-8911	
Lifeline (or similar service)	1-866-784-1992	
Health Link	811	

ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Fraser Health Authority contact(s) – for reporting abuse	1-877-732-2808	
Police-based Victim Services	604-599-7600 1-866-660-3888	
Community- based Victim Services		
Community Living BC		
VictimLinkBC	1-800-563-0808	
<u>Transition Houses:</u> Ama House Durrant House Evergreen Transition House Shimai House Virginia Sam Transition House BC Society of Transition Houses	604-542-5992 604-531-4430 604-584-3301 1-877-581-9100 604-572-5116 604-669-6943 1-800-661-1040	www.bcsth.ca info@bcsth.ca
<u>Emergency Shelters:</u> Shelter Aid for Elderly Renters Guildford Shelter 14716 104 Ave Elizabeth Fry 14347 108 Ave.	1-800-257-7756 604-433-2218 778-293-0889 604-582-2456	rhshelter@shaw.ca guildfordcoord@lookoutsociety.ca Women and Children Only

BCCEAS – SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support	604-437-1940 1-866-437-1940	
BC211	211	Lower Mainland only
LGBTQ Contact	604-684-5307 1-800-566-1170	

INFORMATION AND REFERRAL (Local services - often grouped in one multi-service agency - listed below)

SERVICE	CONTACT NUMBER	NOTES
Geriatric and Other programs for Seniors	604-291-2258	
Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral	1-800-663-1441	
Veterans Affairs Canada	1-866-522-2122	
Seniors Services Society	604-520-6621	info@seniorsservicesociety.ca
BC Seniors Guide (available in English, French, Punjabi and Chinese)		Download the guide here

HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health and Addiction Services	604-953-4900	
Fraser Health Home Health	1-855-412-2121	
Fraser Health – Mental Health Services	604-951-6855 1-877-820-7444	Website
<u>Day Programs:</u> General Inquiries Newton Senior Centre Seniors Come Share Society	1-855-412-2121 604-501-5010 778-735-0955	
Surrey Memorial Hospital	604-581-2211	Website
MSP and PharmaCare	604-683-7151 1-800-663-7100	
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-800-438-1277	
South Asian Health Centre	604-591-5751	southasianhealth@fraserhealth.ca
Anxiety BC	604-620-0744	
Provincial Health	604-675-7400	http://www.phsa.ca/

HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Rental Assistance Program Application Form SAFER Application Form

Home Adaptations for Independence (HAFI)	604-423-2218 1-800-257-7756	
Options Community Housing Registry	604-590-7368	
SourcesCommunity Services	604-596-2311	

HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home	604-536-9348	Friendly Visiting Light Housekeeping Grocery Shopping Assistance Yard Work
Senior Citizens' Repair Services	604-529-1100	
<u>Grocery Delivery Service:</u> SaveOnFoods Online Thrifty Foods Sources Community Services	604-542-4357	Online Shopping Site Online Shopping Site
Surrey/Delta Meals on Wheels	778-590-1433	sndmow@telus.net

TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
HandyDart; Taxi Saver and HandyCard	604-575-6600 604-953-3680	Booking/Cancelling Trips Signing Up
TransLink	778-357-7500	http://www.translink.ca/
Health Connections – Bus service	1-888-647-4997	
Bus Pass Program	1-866-866-0800	
Taxi – Newton Whalley Taxi Service	604-581-1111	
Taxi – Surrey Metro Taxi	604-858-8888	
Parking Permit (disabled)	604-718-7744	http://www.sparc.bc.ca/
Translink Trip Planner	604-953-3333	http://www.translink.ca/

LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	604-437-1940 1-866-437-1940	www.seniorsfirstbc.ca
Legal Aid	604-408-2172 1-866-577-2525	
Family Justice Clinic	604-501-3100	
Crown Counsel	1-800-880-0554	
NIDUS – Representation Agreements	1-604-408-7414 Voicemail Only	http://www.nidus.ca/
Public Guardian and Trustee	1-604-660-4444	http://www.trustee.bc.ca/
Peoples Law School	604-331-5400	www.peopleslawschool.ca
Lawyer Referral Services	604-687-3221 1-800-663-1919	www.familylaw.lss.bc.ca

Access Pro Bono Legal Services – in person only	1-877-762-6664	
Community Advocacy Services	604-596-2311	Souces Community Services
Disability Alliance BC	604-872-1275 1-800-663-1278	www.disabilityalliancebc.org
Law Student's Legal Advice Program	604-822-5791	www.lslap.bc.ca
Financial Assistance for Seniors	TDD 1-800-926-9105 1-800-622-6232	Service Canada

SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651	
South Asian Dementia Help Line	604-449-5003	
Alcoholics Anonymous	604-434-3933	www.vancouveraa.ca
Narcotics Anonymous	604-873-1018	www.vascna.ca
Al-Anon	604-688-1716	www.al-anon.org
Nar-Anon	604-878-8844	www.nar-anonbcregion.org
Alzheimer Society of BC	604-449-5000	www.alzheimerbc.org
Alzheimer Caregiver Support Group	604-449-5000	English
Alzheimer Caregiver Support Group	604-279-7120	Chinese
MS Society	604-689-3144	www.mssociety.ca
Arthritis	604-514-9902	Fraser Arthritis Centre
Diabetes Education	604-582-4583	Jim Pattison Diabetes Health Centre
Western Institute of the Deaf & Hard of Hearing	604-736-7391 TDD 604-736-2527	info@widhh.com
Anxiety BC	604-620-0744	www.anxietybc.com
Counselling: Pacific Community Caregivers Support Program 10328 Whalley Blvd	604-592-6200	
Hollyburn Support Services #300-10524 King George Blvd	604-496-7997	

FIRST NATIONS/INDIGENOUS SERVICES

BC Association of Aboriginal Friendship Centres	1-250-388-5522	info@bcaafc.com
Friendship Centre	604-595-1170	Fraser Region reception@fafca.org
Métis BC Nation	604-557-5851	
Metis Family Services	604-584-6621	
First Nations Health Authority	604-693-6500 1-855-550-5454	General Inquiry Health Benefits

IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER	NOTES
ISS of BC	604-684-2561 778-728-0175	Head Office Satellite – Surrey (Job Quest)
Health and Seniors Information Line	211	
<u>Local Immigrant Services:</u> DiverseCity Options PICS	604-597-0205 604-596-4321 604-593-7525	
<u>Settlement Services:</u> DiverseCity S.U.C.C.E.S.S. Options	604-597-0205 604-588-6869 604-572-4060	
<u>Translation Services:</u> Options DiverseCity	604-572-4060 604-597-1358	interpretation@dcrs.ca

MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER	NOTES
Public Library – Guildford	604-598-7360	
Parks and Recreation – Facilities	604-501-5050	
Parks and Recreation – Programs	604-501-5010	

INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	1-800-622-6232	Service Canada
Employment and Income Assistance	1-866-866-0800	Service BC
<u>Community Volunteer Income Tax Prep:</u> Sources Community Resources Seniors Services Society	604-542-4357 604-520-6621	www.seniorsservicesociety.ca

DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Surrey Hospice Society	604-584-7006	Hospice, Palliative and Respite Grief Counselling
BC Bereavement Help Line	604-738-9950 1-877-779-2223	

FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Surrey Food Bank	604-581-5443	
Muslim Food Bank	1-866-824-2525	
Meal Delivery: Better Meals	604-299-1877	
Surrey/Delta Meals on Wheels	778-590-1433	
Community Meal	604-589-3733	Johnston Heights Church

GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
Garry Begg, MLA	604-586-3747	
Services Canada	1-800-622-6332	