Attention: Arlene Johnston

Coordinator of Data, Grants & Agreements 505 - 8840 210 Street, Box 349

Langley, BC V1M 2Y2 Email: [grants@bccrns.ca](mailto:grants@bccrns.ca) Phone: 778-952-1405

Fax: 604-882-2966

Local Community Contact List (Template)

**Name of CRN/Community: SPARWOOD**

**Date Submitted/Updated: July 2, 2019**

**Submitted By: Lois Halko 250-425-7256 loishalko@shaw.ca**

*(Name) (Phone) (Email)*

*Where there are no local services, list the closest community that has services available under “NOTES”. Add rows or use the back of the page if needed to create a complete list for your community.*

EMERGENCY NUMBERS

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| **SERVICE** | **CONTACT NUMBER** | **NOTES** |
| Police, Fire and Ambulance | **911** | Numbers to call if no 911  service |
| Crisis Line | 1-800-353-2273 | CMHA (Interior BC) |
| Poison Control | 1-800-567-8911 | Health Link BC |
| Lifeline (or similar service) | 1-866-784-1992 | Medical Alert System |
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ADULT ABUSE SERVICES

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| **SERVICE** | **CONTACT NUMBER** | **NOTES** |
| Health Authority contact(s) – for reporting abuse | 1-844-870-4754 | See regional resources list for each CRN |
| Police-based Victim Services | 205-425-6233 | Sparwood RCMP number |
| Community- based Victim Services |  | Not available |
| Community Living BC | 604-664-0101  1-877-660-2522 | Local Vancouver  Toll free |
| Transition House (s) | 1-800-200-3003 | Cranbrook – 30 day stay |
| Emergency Shelter (s) | 1-800-200-3003 | Chrysalis House  Fernie. Women only |
| BCCEAS – SAIL (Seniors Abuse and Information Line) – for information  about abuse and for emotional support | 604-437-1940  1-866-437-1940 | Toll free |
| Victim Link | 1-800-563-0808 |  |
| bc211 | 211 | Lower Mainland only |

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| LBGTQ Contact | 604-684-5307  1-800-566-1170 | Toll free |
|  |  | Sara Funk/ Fernie |
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INFORMATION AND REFERRAL

(Local services – often grouped in one multi-service agency – listed below)

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| **SERVICE** | **CONTACT NUMBER** | **NOTES** |
| Seniors Outreach |  |  |
| Community Services |  |  |
| Geriatric and Other programs for Seniors | 1-778-578-5590 | SOAPS |
| Problem Gambling Helpline | 1-888-795-6111 |  |
| Alcohol and Drug Referral | 1-250-423-4423 | E.K Addictions Services |
| Veterans Affairs Canada | 1-866-522-2122 |  |
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HEALTH/MENTAL HEALTH

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| **SERVICE** | **CONTACT NUMBER** | **NOTES** |
| Mental Health/Geriatric Outreach | 250-425-2064 | Sparwood Health Centre |
| Mental Health and Addiction Services | 250-425-2064 |  |
| Home and Community Health | 250-425-2064 | Sparwood Health Centre |
| Adult Day programs | 250-423-4214 | Rocky Mountain Village  Recreation Department |
| Hospital | 250-423-4453 | Elk Valley Hospital |
| MSP and PharmaCare | 604-683-7151  1-800-663-7100 | Vancouver  Toll Free |
| BC Nurse/Pharmacist Line | 811 |  |
| Assisted Living Registry | 1-866-714-3378 |  |
| Online Medical Support - Medeo | 1-888-297-2973 |  |
| Sparwood Health Centre | 250-425-6212 |  |
| Sparwood Medical Clinic | 250-425-4501 |  |

HOUSING

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| **SERVICE** | **CONTACT NUMBER** | **NOTES** |
| BC Housing | 604-433-1711  1-866-465-6873 | Vancouver Toll Free |
| Home Adaptations – Canada Mortgage  & Housing | 1-800-668-2642 |  |
| Advocacy and Appeals re Housing |  |  |
| Lilac Terrace | 250-425-2292 | Elk Valley Seniors Housing Society |
| Seniors Vilca | 250-422-6785 | Sparwood senior citizens society |

Sasko Manor 250-435-3982 BC Housing

HOME SUPPORT

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| **SERVICE** | **CONTACT NUMBER** | **NOTES** |
| Better at Home |  | N/A |
| Grocery Shopping |  | N/A |
| Home repairs and Maintenance |  | Only agencies that provide volunteers who have undergone a criminal record check. |
| Peer Counselling |  | N/A |
| Friendly Visiting |  | N/A |
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TRANSPORTATION

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| **SERVICE** | **CONTACT NUMBER** | **NOTES** |
| Handy Dart/Taxi Saver/Handy Card |  | N/A |
| Health Connections – bus service | 1-855-417-4636 | To Cranbrook / Wednesday and Friday |
| Bus Pass Program | 250-425-0552 | Recreation centre ($15 for 10 tickets) |
| Taxi (s) | 250-423-1600 | Kootenay taxi |
| Parking Permit (disabled) | 250-425-4501 | Medical Clinic (SPARC) |
| Translink Trip Planner | 604-953-3333 | Lower Mainland |
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LEGAL

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| **SERVICE** | **CONTACT NUMBER** | **NOTES** |
| BC CEAS (SAIL) | 604-437-1940  1-866-437-1940 | Legal Advocacy Program and  Elder Law Clinic |
| Legal Aid | 1-866-577-2525 |  |
| Family Justice Clinic |  |  |
| Crown Counsel |  |  |
| NIDUS – Representation Agreements | 1-604-408-7414 |  |
| Public Guardian and Trustee | 1-604-660-4444 | 1-800-663-7867 |
| Peoples Law School | 604-331-5400 |  |
| Lawyer Referral Services |  |  |
| Access Pro Bono Legal Services – in  person only | 1-877-762-6664 |  |
| Community Advocacy Services | 1-877-298-2211 | Travelling Legal Advocate |
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SUPPORT GROUPS

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| **SERVICE** | **CONTACT NUMBER** | **NOTES** |
| Dementia Help Line | 604-681-8651 |  |
| AA | 250-603-9148 | Eric |
| AA | 1-250-433-6510 | Betty Ann |
| Al-Anon |  | Crowsnest Pass |
| Nar-Anon | 1-800-663-1441 |  |
| Alzheimer Society of BC |  |  |
| Caregiver support groups | 1-403-650-9215 | Mary Ann Agnew / Fernie RMV 1st Wednesday monthy, 1-3 |
| MS Society |  |  |
| Arthritis | 1-800-321-1433 |  |
| Diabetes |  |  |
| Deaf and Hard of Hearing |  |  |
| AA (Regional number) Hot line | 250-426-3876 | Crowsnest pass to Creston |

FIRST NATIONS/INDIGENOUS SERVICES

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| **SERVICE** | **CONTACT NUMBER** | **NOTES** |
| Friendship Centre | 1-250-489-4563 | St. Mary’s Reserve, Cranbrook |
| Band Office | 1-250-887-3461 | Tobacco Plains Band, Grasmere |
| Métis Services | 1-250-865-2401 | Terry Anonson, Elkford |
| First Nations Health Authority | 1-250-489-2464 | Patient Navigator |
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IMMIGRANT SERVICES

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| **SERVICE** | **CONTACT NUMBER** | **NOTES** |
| Health and Seniors Information Line | 211 | Lower Mainland |
| Local Immigrant Services | 250-417-2250  250-581-2112 | MP Cranbrook  cbal - Cranbrook office |
| Settlement Services | 1-250-946-6474 | Fernie office, 4th Ave. |
| Translation Services |  |  |
| cbal – Literacy | 1-250-946-7257 | Chrisy Hill, Fernie |
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MUNICIPAL SERVICES

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| **SERVICE** | **CONTACT NUMBER** | **NOTES** |
| Parks and Recreation - facilities | 250-425-0552 |  |
| Parks and Recreation - programs | 250-425-0552 |  |
| Library(s) | 250-425-2299 | Jim Bertoia, Librarian |
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INCOME AND BENEFITS

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| **SERVICE** | **CONTACT NUMBER** | **NOTES** |
| CPP, OAS, GAIN | 1-800-622-6232 | Service Canada |

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| Employment and Income Assistance |  | Service BC |
| Community Volunteer Income Tax  Prep. | 250-425-2299 | CRA volunteer at Public Library |
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DEATH, DYING AND GRIEF SERVICES

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| **SERVICE** | **CONTACT NUMBER** | **NOTES** |
| Hospice | 250-423-4453 Ext. 309 | Grace Brulotte |
| Grief Counselling | 250-423-4453 Ext. 309 | Grace Brulotte |
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FOOD PROGRAMS

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| **SERVICE** | **CONTACT NUMBER** | **NOTES** |
| Food Bank | 250-295-5499 | Mel Reimer |
| Grocery Delivery |  | N/A |
| Meal Delivery | 250 – 425-6212 | IHA Case Manager |
| Dinners at Home | 250-425-6212 | Frozen Packages |
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GOVERNMENT REPRESENTATIVES

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| **SERVICE** | **CONTACT NUMBER** | **NOTES** |
| Tom Shyoitka | 1-250-417-6022 | MLA |
| Wyane Stetski | 1-250-417-2250 | MP |
| Services Canada | 1-800-622-6332 |  |
|  |  |  |
|  |  |  |