

CREATING AGE-FRIENDLY COMMUNITIES



BC Association of Community Response
Networks

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B.C. Ministry of Health



SeniorsBC.ca



Presentation outline



- **What is an Age-friendly community?**
- **8 features of an Age-friendly community**
- **Age-friendly BC Strategy**
- **Steps to become Age-friendly**
- **Age-friendly Recognition Program**
- **Examples of age-friendly planning & projects**

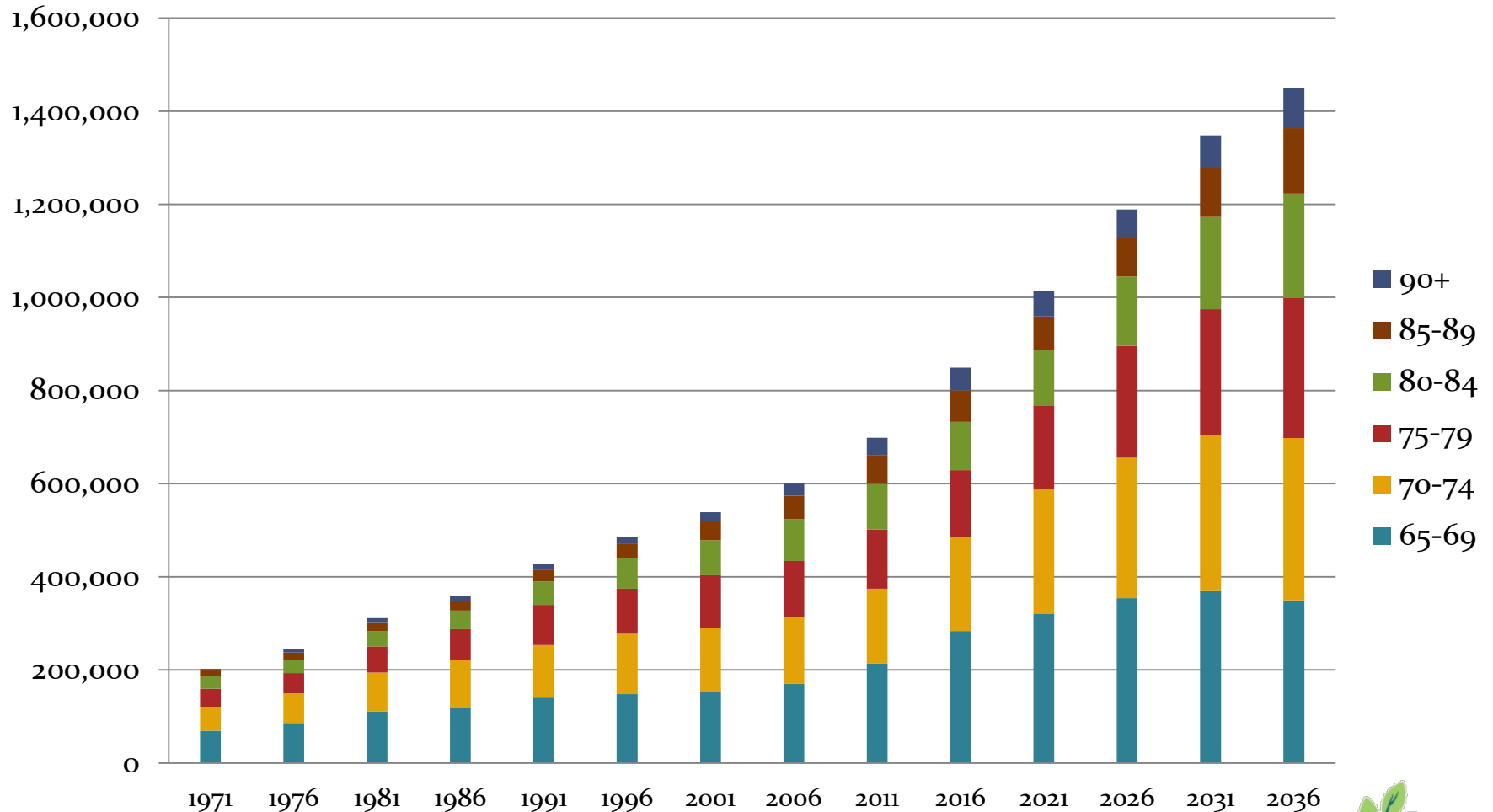
What is an age-friendly community?

A community that supports and enables older people to “age actively” – to live in security, enjoy good health & participate fully in society.



Why does this matter?

BC population aged 65 years and over

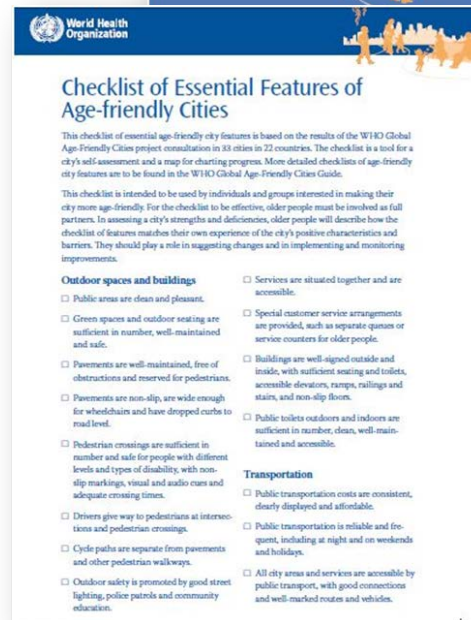
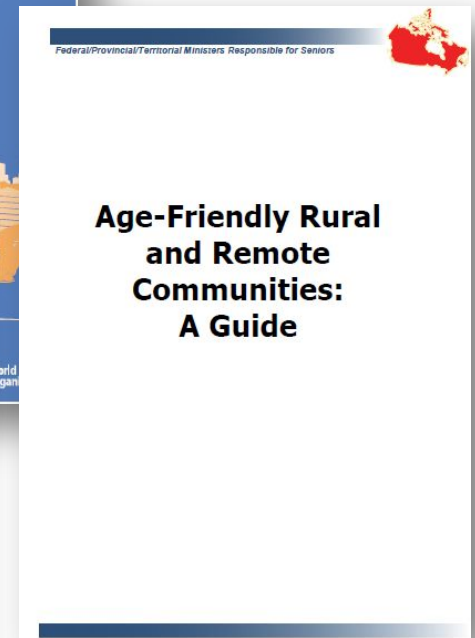
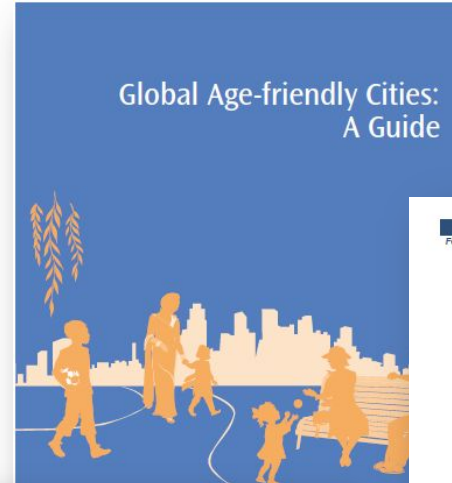


Background

➤ WHO Age-friendly Cities

➤ Rural/Remote Guide

➤ WHO checklist



8 Age-Friendly Features

Built Environment



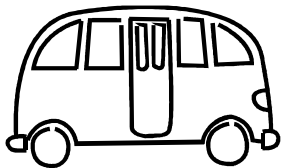
1. OUTDOOR SPACES PUBLIC BUILDINGS

- PLEASANT
- SECURE
- ACCESSIBLE



2. HOUSING

- AFFORDABLE
- SECURE
- WELL LOCATED
- WELL DESIGNED AND BUILT



3. TRANSPORTATION

- ACCESSIBLE
- AFFORDABLE

...continued



8 Age-Friendly Features

Social Participation

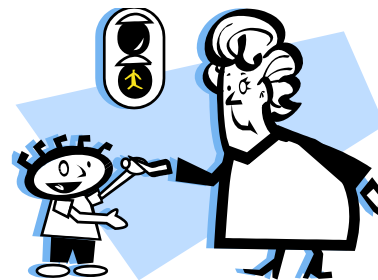


OPPORTUNITIES FOR:

4. SOCIAL PARTICIPATION

5. RESPECT and INCLUSION

6. EMPLOYMENT and VOLUNTEERING



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8 Age-Friendly Features

Community Resources



7. COMMUNICATION and INFORMATION

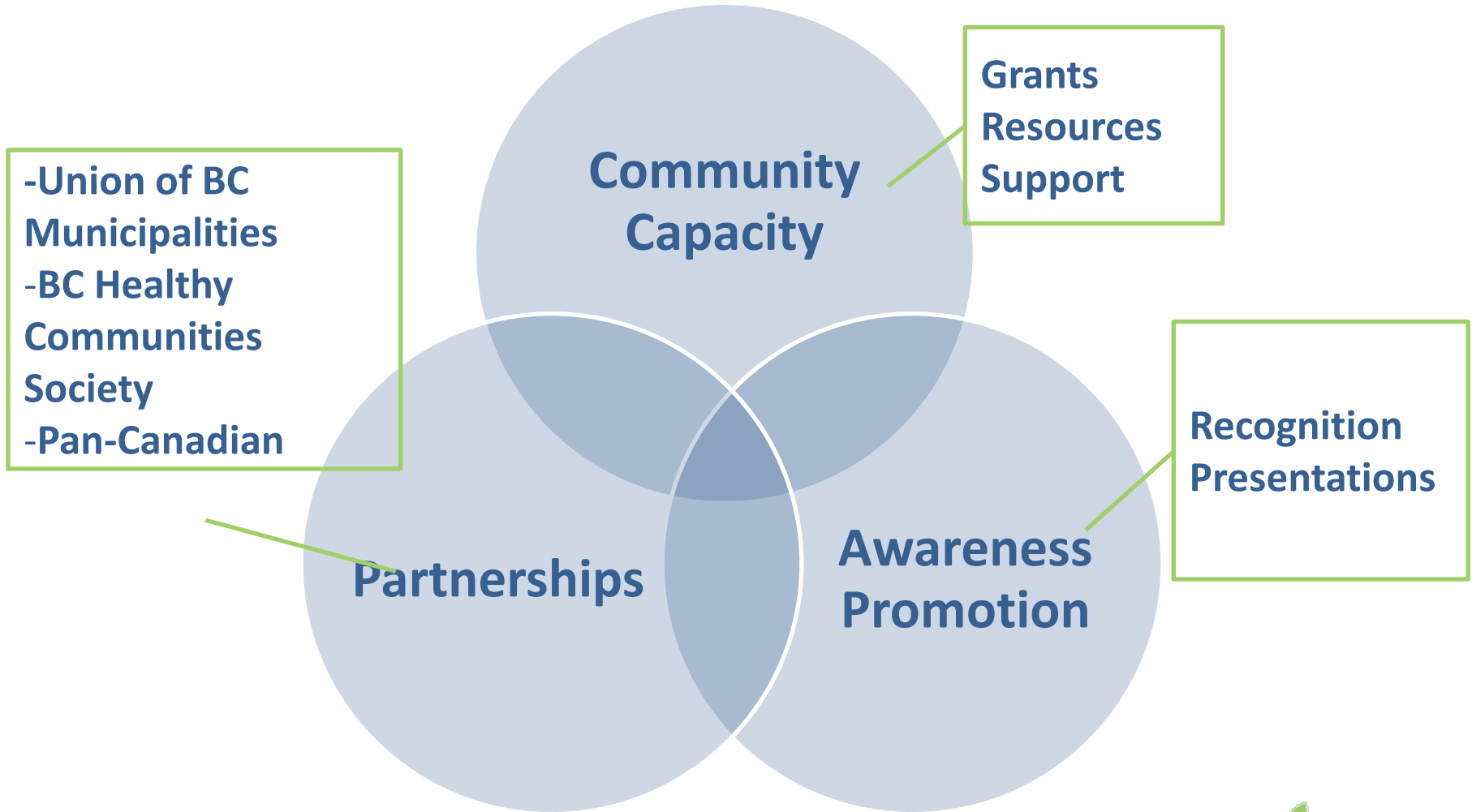
8. SUPPORT and HEALTH SERVICES



➤ **TAILORED TO THE NEEDS OF OLDER
PERSONS**



Age-friendly BC



Grants, Resources and Support

Becoming an Age-friendly Community:
Local Government Guide



Creating an
Age-friendly Business in B.C.



➤ UBCM Age-friendly Grants

➤ Guides and resources

- Local Government
- Business

➤ Resources

- Videos
- Advice
- Referrals



Resources available on:
www.gov.bc.ca/agefriendly



Steps to become age-friendly

Becoming an Age-friendly Community:
Local Government Guide

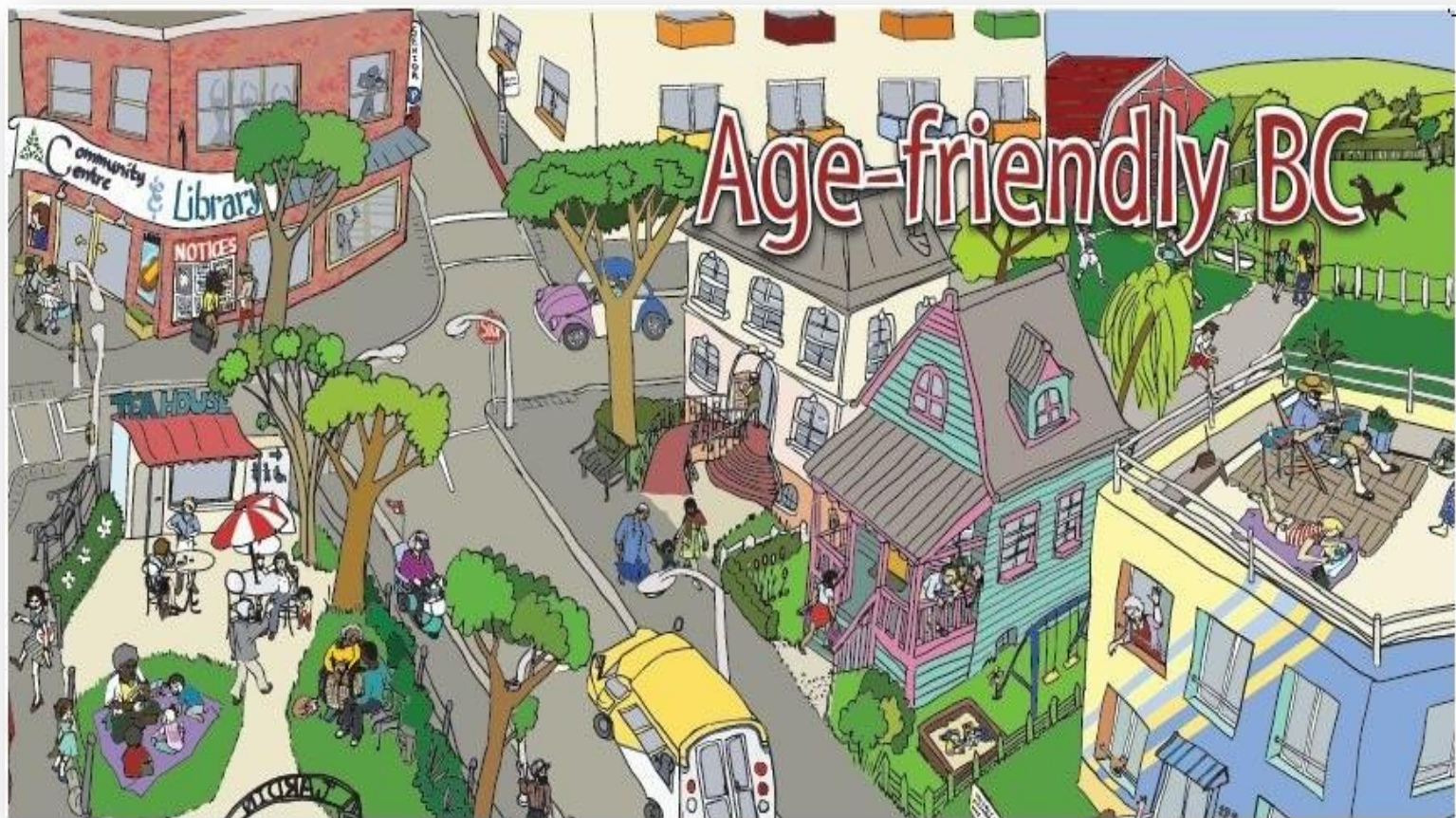


1. Leadership - Establish an age-friendly committee
2. Commitment – local government resolution
3. Assessment
4. Plan

5. Implement
6. Evaluate



Age-friendly British Columbia (AFBC) Recognition Program



Example of a planning process

- 1. Obtain an age-friendly planning grant**
- 2. Form a committee with older adults**
- 3. Conduct an assessment**
- 4. Create and publish an action plan**
- 5. Start implementing the action items**
- 6. Apply for Age-friendly BC recognition**
- 7. Become recognized as an age-friendly community**

Social participation, inclusion, respect

Opportunities, leadership, voice



“Just the community consultation process alone was very, very empowering for seniors. It told them they had a voice that people were listening to.”

— Revelstoke Social Development Coordinator



Community Support /Health Services Communication and information

➤ **Changing what
is available**

➤ **Making sure
people know
about it**

CONNECTING SENIORS TO
**Resources in the
Community**

Guildford Recreation Centre
15105—105 Avenue

JOIN US FOR A FREE WORKSHOP THAT WILL
FOCUS ON CARE FACILITY OPTIONS

Tuesday October 16 | 10AM—3PM

A Roof Over My Head 'Home Is Best'

Karen Reed, RN
Long Term Care Case Manager
White Rock Home Health

Lynda Foley
Executive Director
Home Health & End of Life
Fraser Health

Jabeen Janmohamed
Home Adaptations for Independence

Learn about the different types of
facilities, cost, locations, and the
differences between congregate,
assisted, semi-independent and more.



GOVERNMENT PRIORITIES

Age-friendly BC is linked to:

- **Accessibility 2024**
- **Elder Abuse Prevention**
- **Dementia-friendly Communities**
- **Non-medical Home Supports**



Links to resources

LINKS:

Age-friendly BC Toolkit and other resources

<http://www2.gov.bc.ca/gov/topic.page?id=DDA4BAD1FEE641BC92AC96D78ADF2BDE&title=Links%20to%20Resources>

Global Age-friendly Cities: A Guide

[www.who.int/ageing/publications/Global age friendly cities Guide English.pdf](http://www.who.int/ageing/publications/Global_age_friendly_cities_Guide_English.pdf)

Age-friendly Rural and Remote Communities – A Guide

www.health.gov.bc.ca/library/publications/year/2007/AFRRRC_en.pdf

Checklist of Essential Features of Age-friendly Cities – A Checklist

[www.who.int/ageing/publications/Age friendly cities checklist.pdf](http://www.who.int/ageing/publications/Age_friendly_cities_checklist.pdf)

BC Healthy Communities Society

<http://bchealthycommunities.ca/agefriendly>

Universal design guidelines - published in 2009

http://www.pittmeadows.bc.ca/assets/Planning/pdfs/accessibility_guide09.pdf

THANK YOU!

Questions?

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