



BC ASSOCIATION OF
Community Response Networks
Stopping Adult Abuse and Neglect ...Together.

**Emergency Assistance for Police,
Fire or Ambulance: Dial 911**

For Non-Emergency Help

Ambulance250-727-2400

Police

RCMP West Shore250-474-2264
RCMP Sooke250-642-5241

Fire

Colwood.....250-478-8321
Highlands (East & West)250-474-1773
Langford250-478-9555
Metchosin.....250-478-1307
Sooke250-642-5422
View Royal.....250-479-7322

Crisis Lines

KUU-US First Nations250-723-4050
Vancouver Island1-888-494-3888
Island Health Authority250-388-2273
Reporting Elder Abuse1-888-533-2273

To report concerns about abuse, neglect or self-neglect of seniors or vulnerable adults call Island Health Home and Community Care general inquiries line:

250-388-2273 | Toll Free 1-888-533-2273

Types of Abuse

- Physical
- Emotional
- Neglect
- Sexual
- Financial



West Shore Community Agencies

PCFSA Pacific Centre
Family Services250-478-8357

Seniors Resource Centre
Metchosin250-478-5150

Sooke Crisis and
Referral Centre250-642-0215

L.O.V.E. LGBTQ2+
www.lovecrn.ca . . .Email: lovecrn1@gmail.com

West Shore Area CRN offers free educational workshops about keeping your community safe. Learn warning signs of elder abuse and how to respond.

Call 778-677-3540 or 250-478-5150 for details about hosting or attending a free "Gatekeeper" or "It's Not Right" workshop in your community.

Visit BCCRN online at www.bccrns.ca



BC ASSOCIATION OF
Community Response Networks
Stopping Adult Abuse and Neglect ...Together.

Remember, you are not alone.

Abuse and neglect can happen to anyone.