

## LOCAL COMMUNITY CONTACT LIST

**NAME OF COMMUNITY:** Marpole (includes Oakridge, Kerrisdale)

**DATE SUBMITTED/UPDATED:** July 2021

### Community Resources List

**SUBMITTED BY:** Andrea Krombein 778-668-3634 andreak@mofp.org

#### EMERGENCY AND CRISIS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	For all emergencies and anytime a senior feels unsafe
Police Non-Emergency	604-717-3321	For non-urgent police assistance
Community Policing Centre Kerrisdale Oakridge and Marpole	604-717-3434 Info.komcpc@shaw.ca	For police assistance and advice with community issues Walk in available Mon-Sat from 10-46070 East Boulevard, Kerrisdale, Vancouver
Vancouver Coastal Health - REACT	1-877-732-2899 604-904-6173	Call to report vulnerable adult abuse for follow up
COVID-19 enquiries – medical related	811	Speak with a nurse re COVID-19
COVID-19 enquiries -non-medical issues	1-888-268-4319	Non-medical COVID-19 enquiry line
Poison Control Centre	604-682-5050 1.800.567.8911 toll free www.dpic.org	Call if someone has ingested a harmful medicine, chemical or other substance
General Crisis Line, including suicide intervention and support for older adults	604.872.3311 1 866 661-3311 toll free TTY: 1-866-872-0113	Crisis Intervention and Suicide Prevention Centre of British Columbia: 24 hours, 7 days a week
Crisis Centre Suicide Line	1-800-784-2433	Crisis Intervention and Suicide Prevention Centre of British Columbia: 24 hours, 7 days a week. Call if you or someone you are aware of is suicidal
Mental Health Support Line	604-310-6789	Crisis Intervention and Suicide Prevention Centre of British Columbia: Mental health (no area code necessary)

Victim Link BC	1-800-563-0808 VictimLinkBC@bc211.ca	Multi-language support line for victims of crime – including domestic violence
Seniors First: Seniors Abuse and information Line (SAIL)	604-437-1940 or 1-866-437-1940 toll free TTY 604-428-3359	Crisis intervention and legal advice for seniors. Multi-language translators available.
S.U.C.C.E.S.S. Chinese Help Lines	Cantonese Help Line: 10 am to 10 pm 604-270-8233  Mandarin Help Line: 10 am – 10 pm 604-270-8222	Culturally sensitive crisis assistance for Chinese speaking people
Vancouver Police Department Victim services	604-717-2737	Assistance from the Vancouver Police Department
Rape Crisis Line	604-255-6344 1877-392-7583	Help for rape victims – 24 hours
Vancouver Rape Relief and Women’s shelter	604-872-8212	For women and children escaping violence – 24 hours
Battered Women’ Support Services	604-687-1867	Abused women’s support services – Mon-Fri 10-5pm
Emergency shelter and transition houses	211 www.BC211	For information and vacancies
Fortis BC Emergencies	1-800-663-9911	For natural gas emergencies and leaks

## ADULT ABUSE AND NEGLECT

SERVICE	CONTACT	NOTES
Marpole Chapter of the BC Community Response Network	778-668-3634 Andrea@mofp.org	The Community Response Network refers adults/seniors experiencing abuse and neglect and educates the community
Vancouver Coastal Health React Adult Protection Program	1877-732-2899/ 604-904-6173	Protecting adults from abuse
Seniors First: Seniors Abuse and Information Line (SAIL)	604-437-1940 1-866-437-1940 toll free TTY 604-428-3359	Crisis intervention and legal advice for seniors. Multi-language translators available
MOSAIC BC Victim Program	604-254-9626 236 521 7080 us victim.support@mosaic bc.org.	Support and counselling for victims of crime
Qmunity	604-684-5307 x 100 (x 110 for seniors)	Support organization for Lesbian, Gay, Bisexual, Transgender, two-

	1-800-566-1170 Toll free reception@qmunity.ca	Spirited and Queer community members
Public Guardian and Trustee of BC	604-660-4444 www.trustee.bc.ca	Protect the legal, financial, personal and health care interests of adults who require assistance in decision making; and  Administer estates of deceased persons and missing persons.

### SUPPORT GROUPS AND HELPLINES

Alcoholics Anonymous (AA)	604-434-3933	Support for those struggling with alcohol addiction
Narcotics Anonymous (NA)	604-873-1018  1-866-683-6819	Support for those struggling with drug addiction/medicine addiction
Alzheimer Society of BC	<u>English</u> 604-681-8651 1-800-936-6033 Monday to Friday 9am-8pm <u>Cantonese &amp; Mandarin</u> 1-833-674-5007 Mon-Fri 9am-4pm <u>Punjabi</u> 1-833-674-5003 Mon-Fri 9am-4pm	The First Link Dementia Helpline  Dementia is a general term for a decline in mental ability severe enough to interfere with daily life. Alzheimer's is the most common cause of dementia. Alzheimer's is a specific disease.
Family Caregivers of BC	1-877-520-3267	Support line for caregivers
The Arthritis Society: BC and Yukon	604-714-5550  Arthritis Answers Line: 1-800-321-1433. Toll-free: 1-866-414-7766	Support line for people with arthritis
Diabetes Canada	604-732-1331  1-800-665-6526Tollfree	Support for people with diabetes
Deaf and Hard of Hearing services	604-736-7391 TTY: 604-736-5819 info@widhh.com	Western Institute for the Deaf and Hard of Hearing/ 2005 Quebec St. Vancouver BC V5T 2Z6  (Wavefront Centre for

		Communication Accessibility) <a href="http://www.widhh.com/">http://www.widhh.com/</a>
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### INFORMATION, DIRECTIONAL ENQUIRIES, REFERRALS

SERVICE	CONTACT NUMBER	NOTES
Seniors Information and Advocacy Service	778-668-3634 Andreak@mofp.org	Marpole Seniors Outreach Coordinator
Qmunity	604-684-5307 x 100 (x 110 for seniors) 1-800-566-1170 Toll free reception@qmunity.ca	Support organization for Lesbian, Gay, Bisexual, Transgender, two-Spirited and Queer community members
The 211 Service	Telephone 211 <a href="http://www.bc211.ca">www.bc211.ca</a>	Free information and referral service to government, social and community services
Office of the BC Seniors Advocate	1-877-952-3181 toll free 250-952-3181 (Victoria) <a href="http://www.seniorsadvocatebc.ca">www.seniorsadvocatebc.ca</a> info@seniorsadvocatebc.ca	Information and referral resources for seniors. The BC Seniors Advocate is Isobel Mackenzie.

### ADVOCACY AND SUPPORT SERVICES FOR SENIORS

SERVICE	CONTACT	NOTES
Marpole Oakridge Family Place Seniors Services	604-263-1405/ 778-668-3634 8188 Lord Street, Vancouver	Assistance and referral for seniors.
Progressive Intercultural Community Services Society	Telephone: (604) 324-7733 8153 Main Street Website: <a href="http://www.pics.bc.ca">http://www.pics.bc.ca</a>	PICS provides clients with services such as employment programs and counseling, immigration and settlement information, language training, drug/alcohol counseling and seniors housing.
Taiwanese Canadian Cultural Society	Telephone: 604-267-0901 Website: <a href="http://www.tccs.ca">http://www.tccs.ca</a> 853 Selkirk Street, Vancouver	Advocacy for Immigrants and Refugees, Multicultural Information and referral services provided in Taiwanese, Japanese, and Mandarin.

The office of MLA Michael Lee (MLA Vancouver – Langara)	michael.lee.MLA@leg.bc.ca Phone: (604) 660-8380 Fax: (604) 660-8383	Support and advocacy MLA Michael Lee Vancouver-Langara Community Office: 6615 Main Street Vancouver, BC V5X 3H3
Jody Wilson-Raybould (Independent - Vancouver-Granville)	604-717-1140. 604-717-1144 Jody.Wilson-raybould@parl.gc.ca	Support and advocacy 104-1245 West Broadway, Vancouver, British Columbia
Veterans Affairs Canada	1-866-522-2122 Information@vac.acc.gc.ca	Veterans issues and enquiries
St. Paul's Advocacy Office	604-683-4287 advocacy@stpaulsanglican.bc.ca 1130 Jervis Street at Pendrell Street	Advocacy and referral services for accommodation needs, landlord and tenant disputes, health and disability issues and access to social benefits and other government services. By appointment
Jewish Family Services of Greater Vancouver	<a href="https://www.jfsvancouver.ca/services/seniors/">https://www.jfsvancouver.ca/services/seniors/</a> (604) 257-5151  Community Care Hotline: 604-558-5719	201-475 East Broadway Vancouver, BC V5T 1W9 <a href="http://www.jfsvancouver.ca">www.jfsvancouver.ca</a> Advocacy and seniors support services
Jewish Seniors Alliance Advocacy services	604-732-1555	Friendly phone calls, visiting and peer support. Seniors advocacy and support
Nidus Personal Planning and Resource Centre Registry	<a href="http://www.nidus.ca">www.nidus.ca</a> info@nidus.ca 604.408.7414	Assistance with end of life planning, wills, representation agreements and power of attorney agreements

## HEALTH/MENTAL HEALTH

SERVICE	CONTACT	NOTES
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Older Adults Mental Health Program Vancouver Coastal Health	604-709-6785 intake 604.873.6733 admin	Mental Health, Geriatric Outreach, and addiction services for older adults 200- 4088 Cambie Street, Vancouver
Vancouver Coastal Health Central Intake for home and community services	604-263-7377	Central Line for intake for services for home care, palliative and rehabilitation care and access to Adult Day Programs Mon-Fri 8:30-4:30
Mental Health emergency services and crisis line	604-874-7307	24 hour line
Vancouver Mental Health Emergency Services – car 87/car 88	604-874-7307	Emergency evening and weekend support to mental health clients. A partnership between Vancouver Coastal Health mental health services and Vancouver Police Department
Vancouver Coastal Health General Enquiries	604-736-2033	855 W 12th Ave, Vancouver,
Mental Health Access and Assessment Centre (non-emergency)	604-675-3700	Joseph & Rosalie Segal & Family Health Centre 803 West 12th Avenue Level 1 East Entrance Vancouver, BC
Access Central Detox referral line	1-866-658-1221  604-660-9382 Lower Mainland	Referral to Drug and Alcohol recovery programs /Monday to 24 hours
Alcoholics Anonymous	604-434-3933	Phone counselling and meeting information – 24 hours
Narcotics Anonymous	604-873-1018  1-866-683-6819	Phone counselling and meeting information – 24 hours
Problem gambling helpline	1-888-795-6111	Helpline for gambling – 24 hours <a href="http://www.bcreponsiblegambling.ca/getting-help">www.bcreponsiblegambling.ca/getting-help</a>
Chinese Gambling Problems A S.U.C.C.E.S.S program	604-408-7274 x 2085 <a href="https://problemgambling.successbc.ca/">https://problemgambling.successbc.ca/</a>	Help for Chinese clients experiencing gambling issues
Kelty Mental Health Resource Centre	604-875-2084 1-800-665-1822 keltycentre@cw.bc.ca	Mental Health Building #85 BC Children's Hospital Room P3-302 - 4500 Oak Street, Vancouver Visit, call or email the Kelty Mental Health Centre for free resources, on site peer counselling and to find out about mental health webinars
Pacific Spirit Community Health Centre	604.261.6366 2110 West 43 <sup>rd</sup> at West Boulevard, Mon-Fri 8:30-	Community Health Centre including walk-in availability

	4:30	
Senior / Adult Day programs in Marpole, Oakridge and Kerrisdale	L'Chaim Daycare at the Jewish Community Centre 604- 638-7275 lchaim@jccgv.bc.ca  ASK Friendship Society 2177 West 42 <sup>nd</sup> Avenue 604-263-7333 caring@askcentre.ca	Daily in person programming including exercise, music, stimulation and support for attendee and family  Access by referral through Vancouver Coastal Health Central Intake Line 604-263-7377
Vancouver General Hospital	604-875-4111	Emergency department and full service hospital at 899 W 12th Avenue, Vancouver
Mount St Joseph's Hospital	604-874-1141	Emergency department and hospital at 3080 Prince Edward Street
St Paul's Hospital	604-682-2344	Emergency department and hospital at 1081 Burrard Street, Vancouver
MSP (Medical Services Plan)	604-683-7151 mspenquiries@hibc.gov.bc.ca	Enquiries related to medical costs on MSP and Pharmasave drug plan
South Vancouver Medical Clinic	(604) 323-0077 info@SouthVanMed.com Fax: (604) 323-0076	350 SE Marine Drive at the Marine Drive Real Canadian Superstore
Main and Marine Medical Clinic	604-322-3011	235 Southeast Marine Drive Vancouver
Marpole Medical Clinic	604-263-2646	8675 Granville Street
Canadian Mental Health Association	604-688-3234 Toll-free phone (BC only) 1-800-555-8222 Support and help: help@cmha.bc.ca General enquiries info@cmha.bc.ca	Canadian Mental Health Association, BC Division Suite 905 – 1130 West Pender Street Vancouver, BC
Health Link BC	811 Hard of hearing (TTY) 7-1-1 toll free	Help line - speak to a nurse, pharmacist or dietitian. Have your care card ready when calling the line
Canadian Red Cross Medical Equipment Loan Services	604-301-2566	Equipment available for lending to seniors and others in need 209 West 6th Avenue Vancouver
CNIB (Canadian National Institute for the Blind - Vision Loss programs)	604-431-2121	Help with impaired and vision loss.
Vision Loss Rehabilitation	1-844-887-8572 info@vlrehab.ca	Vision Loss Rehabilitation will be relocating our Vancouver office to Unit 201A, Second Floor 610 6th St.

		New Westminster, BC V3L 3C2
Vancouver Community Audiology Centre	604-659-1100	For hearing tests and diagnosis 3rd Floor, 999 West Broadway
Philips Lifeline Alert	604-872-5433 1-866-984-3411	An emergency button /fall detection service for seniors
Mid-Main Community Health Centre Dental services	604-873-3602	399 Main Street, Vancouver www.midmain.net/dental Discounted dental services
UBC Dental Clinic	604-822-2112	Reduced cost dental services for seniors Main Clinic Nobel Biocare Oral Health Centre The University of British Columbia 2151 Wesbrook Mall

## HOUSING

SERVICE	CONTACT	NOTES
Supportive Housing	604-648-4270 1-800-257-7756.	For those at risk of homelessness or those who are homeless – supportive housing with on-site supports for mental health and other needs
BC Housing (Emergency housing, rental assistance and more)	604-433-1711 1-866-465-6873 toll free	Seniors housing enquiries
Housing Registry	604-456-8899 thehousingregistry@bc housing.org	Housing enquiries – and a database of housing applications to avoid duplication. The Housing Registry 1701-4555 Kingsway Burnaby, B.C.
Shelter Aid for Elderly Renters Program (SAFER)	604-433-2218 1 800 257-7756 toll free	<b>COVID-19 temporary supports may be in place</b> A BC Housing Program Rental assistance/subsidies
Assisted Living Registry	(250) 952-1369 (Victoria) 1-866-714-3378 Toll-free	Information and advice regarding assisted living services for care at home and to promote health and safety of residents
Seniors Services Society	604-520-6621	Housing Information navigation for seniors. Includes seniors housing directory
Community Living BC	604-664-0101 1-877-660-2522	Community Living BC, or CLBC, is the provincial crown corporation that funds supports and services to adults with developmental



		disabilities, as well as individuals who have a diagnosis of Autism Spectrum Disorder (ASD) or Fetal Alcohol Spectrum Disorder and who also have significant difficulty doing things on their own
BC Seniors Home Renovation Tax Credit	1 800 959 8281	Assists eligible individuals 65 and over and persons with disabilities with the cost of certain permanent home renovations to improve accessibility or be more functional or mobile at home.
Property Tax Deferral	1 888 355 2700 250 387-0555	If you have deferred your property taxes and have an open account, you can change your tax deferral address by phone.
Tenant Resource and Advisory Centre (TRAC)	604-255-0546 www.tenants.bc.ca	Tenancy enquiries/eviction and service issues

## HOME SUPPORT

SERVICE	CONTACT	NOTES
Better at Home – home support services for seniors	604.637.3310	Grocery shopping, rides to medical appointments, light housekeeping and friendly visiting. A United Way of the Lower Mainland funded Program delivered by Jewish Family Services in Kerrisdale, Marpole, Oakridge, Dunbar and Southlands
Jewish Seniors Alliance	604-732-1555	Friendly phone calls, visiting and peer support. Extensive volunteer opportunities
Vancouver Coastal Health Home support	604-675-3980	In home nursing support, wound care through a network of hospitals, clinics and care homes
Home Adaptations for Independence (HAFI)	604-433-2218 1 800 257-7756 www.bchousing.org/HAFI	How to arrange adaptations for your home to accommodate physical disabilities
Elder Dog Pet support for seniors with dogs	info@elderdog.ca elderdogvancouverldr@gmail.com	www.elderdog.ca Help for seniors with daily dog care activities/

		foster care and adoption of older dogs/ long-term care planning for companion dogs
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## TRANSPORTATION

SERVICE	CONTACT	NOTES
Access Transit customer care for HandyDart Services/ Taxi Saver information	604-953-3680	Transport service/Taxi Saver service discounted taxi services for ability challenged seniors
HandyDart	604-575-6600	Disabled/elderly transport service/ applications with support of family doctor
Compass Card enquiries	604-398-2042 1 888 207-4055	Compass Card is the BC transit card for buses, trains, some ferries
BC Ferries	1-888-223-3779	Service to Vancouver Island, Gulf Islands and Sunshine Coast
Taxicabs	Yellow Cab 604-681-1111 Vancouver Taxi 604-871-1111 Black Top Cabs 604-681-3201	Commercial taxi services Seniors can use taxi saver discount applied for through HandyDart
Ministry of Social Development /Poverty Reduction for Senior Bus Pass Program	1-866-866-0800	Discount bus pass
Parking Permit (disabled persons)	<u>General inquiries:</u> 604-718-7733 info@sparc.bc.ca <u>Parking permits:</u> 604-718-7744 permits@sparc.bc.ca Toll Free within BC 1 888-718-7794	Social Planning and Research Council of BC (Sparc) parking permits for disabled drivers or passengers
Trans Link Information Line	604-953-3333 www.translink.ca http://tripplanning.translink.ca/	Lower Mainland

## LEGAL SUPPORT

SERVICE	CONTACT	NOTES
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Seniors First: Seniors Abuse and Information Line (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program, Elder Law Clinic and satellite legal clinics
Legal Services Society	604-408-2172 1-866-577-2525 www.legalaid.bc.ca	To help people solve legal problems and provide them access to justice
NIDUS Personal Planning Resource Centre and Registry	1-604-408-7414 877 267-5552 toll free info@nidus.ca	Support and documents for end of life planning
Peoples Law School	604-331-5400 www.publiclegaled.bc.ca info@publiclegaled.bc.ca	Free and reliable legal information 150-900 Howe St, Vancouver
Access Pro Bono Society of British Columbia	604-878-7400 1-877-762-6664	Free legal advice or full legal representation to low or modest income individuals 300-845 Cambie Street Vancouver BC V6Z 4Z9
Law Students Legal Advice Program	604-822-5791	Legal services
Lawyer Referral Service	604-687-3221	To help with finding a lawyer

#### FIRST NATIONS/INDIGENOUS SERVICES

SERVICE	CONTACT	NOTES
Musqueam First Nation Band Office	Phone: 604-263-3261	First Nations Reserve lands close to Marpole 6735 Salish Drive Vancouver, BC V6N 4C4
Metis services	604-682-2933  www.vancouvermetis.com	Call ahead for service/appointment
First Nations Health Authority (Health benefits and services)	604-693-6500 www.fnha.ca	Metro Vancouver only
Residential School Survivor Services	1 866 925-4419 toll free	Provides culturally appropriate emotional support and crisis referral, 24 hours

#### IMMIGRANT SERVICES

SERVICE	CONTACT	NOTES
S.U.C.C.E.S.S Immigrant /Settlement Services	S.U.C.C.E.S.S. 300-8268 Granville Street Vancouver BC V6P 4Z4	Citizenship training, English Language classes, Settlement Services, employment and Housing assistance and advice, Services and support for seniors

	604-323-0901	
Progressive Intercultural Services for Immigrants	T: 604.324.7733 F: 604.324.7744	Immigrant support and advocacy 200-8153 Main Street Vancouver
MOSAIC Settlement Services	604-636-4712	Immigrant support
Seniors First: Seniors Abuse and Information Line (SAIL) - Translation Services	604-437-1940 1-866-437-1940	Multi language materials and access to translators
Work BC Employment Services	8153 Main Street, Vancouver 604.324.7733  7575 Cambie Street Vancouver 604-263-5005	Employment guidance for immigrants, workshops and career planning  Two locations

#### LIBRARIES AND COMMUNITY GATHERING SPACES

SERVICE	CONTACT NUMBER	NOTES
Marpole Oakridge Community Centre	604-257-8180  MarpoleOakridgeCC@gmail.com  www.marpoleoakridge.org	Community recreation programs, resources, information, seniors programming and fitness 990 West 59th Avenue, (at Oak Street)
Marpole Oakridge Family Place	604-263-1405  778-668-3634 (Literacy and Seniors Outreach Coordinator)	Programming and support for families, individuals and seniors, literacy services and home of the Marpole Chapter of the BC Community Response Network 8188 Lord Street, Vancouver
Marpole Neighbourhood House	604-628-5663	Community support and programming for families and seniors. Community Partner connection points 8585 Hudson Street, Vancouver
Marpole Library	604-665-3978	8386 Granville Street Vancouver
Oakridge Library	604-665-3980	191 - 650 West 41st Avenue, Vancouver Currently reduced in size while Oakridge Mall is renovated. Temporary location by Oakridge Seniors Centre

## INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
General pension and welfare enquiries	1-800-622-6232	Service Canada
Employment and income assistance	1-800-206-7218	Employment Benefits/insurance enquiries
Old Age Security Pension and Canada Pension Plan applications	1 800 277-9914 Hard of hearing (TTY) 1 800 255-4786	Service Canada
Income tax filing assistance – free service	778-668-3634 Andrea Krombein	Marpole Community Volunteer income tax program Call for an appointment
Access Income & Disability Assistance Services	Seniors Supplement Program 1-866-866-0800	Apply here if you believe you are eligible for the Seniors' Supplement but have not received it. P O Box 9950 Stn. Provincial Government Victoria BC V8W 9R3
Veterans benefits	Veterans Affairs Canada 1-866-522-2122 www.vac-acc.gc.ca	Specialized Veterans services
City of Vancouver	604-873-7011 or 311	All enquiries related to the City of Vancouver's services
Consumer protection	1-888-564-9963	For consumer complaints
Passport Office	1-800-567-6868 TTY services: 1-866-255-7655	If you are outside of Canada call your nearest Government of Canada office abroad
Service Canada (OAS, Pension, GIS)	1-800-277-9914	Pension and related enquiries
Canada Revenue Agency	1-800-267-6999 1-800-959-8281	For enquiries about tax To correct
Public Guardian and Trustee of BC	604-660-4444	Protect the legal, financial, personal and health care interests of adults who require assistance in decision making; and  Administer estates of deceased persons and missing persons.

## DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Nidus Vancouver	info@nidus.ca 604.408.7414 Toll Free 1.877.267.5552	Nidus provides assistance and documentation for personal planning and estate planning
BC Bereavement Help Line	Lower Mainland: 604.738.9950 Outside Lower Mainland: 1.877.779.2223 contact@bcbh.ca	Emotional and psychological support for bereaved families Mon-Fri 9am-5pm Box 53530, 984 West Broadway Vancouver, BC V5Z 1K7
Pet Loss Support Group	604-924-1160 info@untilwemeetagain.ca	Until We Meet Again Pet Memorial Centre #4-839 West First St, North Vancouver

### FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Greater Vancouver Food Bank  (Temporarily not operating at St. Augustines Church location)	(604) 876-3601 <a href="https://foodbank.bc.ca">https://foodbank.bc.ca</a>	For temporary central locations during COVID-19 visit <a href="https://foodbank.bc.ca/find-food/locations/">https://foodbank.bc.ca/find-food/locations/</a>
Home Meal Delivery	604-257-5151	Jewish Family Services Agency
Community Food at St Augustines Church (Interfaith food provision)	604-263-9212 St. Augustines Church Secretary	Food handed out each Thursday morning from 10-12 at St. Augustines Church, 8680 Hudson Street in lieu of community dinner Thursday and community breakfast Friday.
Food and grocery delivery to home	BC 211	This service will connect seniors with volunteers to deliver food