



Local Community Contact List

Name of CRN/Community: **Logan Lake CRN**

Date Submitted/Updated: **06/21/2023**

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Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.

EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	Numbers to call if no 911 service
Crisis Line	1-866-661-3311	
Poison Control	1-800-567-8911	BC
Lifeline (or similar service)	1-800-543-3546	rhandean.lacktin@lifeline.ca
Logan Lake RCMP	250-523-6222	Non-Emergency

ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) - for reporting abuse	250-851-7900	See regional resources list for each CRN
Police-based Victim Services	250-453-2536	Ashcroft, BC
Community- based Victim Services	250-453-2216	Ashcroft, BC
Community Living BC	604-664-0101 1-877-660-2522	Local Vancouver Toll free
Transition House (s)	250-374-2119	Elizabeth Fry Society
Emergency Shelter (s)	250-374-6162	Kamloops Y Women's Emergency Shelter
BCCEAS - SAIL (Seniors Abuse and Information Line) - for information about abuse and for emotional support	604-437-1940 1-866-437-1940	Toll free
Victim Link	1-800-563-0808	
bc211	211	Lower Mainland only
LGBTQ Contact	604-684-5307 1-800-566-1170	Toll free
Community Living BC	604-664-0101/1-877-660-2522	Local Vancouver or Toll Free
BCCEAS-SAIL (Seniors Abuse and Information Line)-for information about abuse and emotional support	604-437-1940/1-866-437-1940	Toll Free

INFORMATION AND REFERRAL

(Local services - often grouped in one multi-service agency - listed below)

SERVICE	CONTACT NUMBER	NOTES
Seniors Outreach	250-554-4145	The Centre for Senior's information

Community Services	250-554-4145	The Centre for Senior's Information
Geriatric and Other programs for Seniors	250-851-7900	Interior Health
Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral	1-800-663-1441	
Veterans Affairs Canada	1-866-522-2122	
Phoenix Centre-Kamloops	250-374-4634	
Logan Lake Senior's Centre	250-319-8606	

HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach	250-377-6500	Kamloops Mental Health & Substance Abuse - Interior Health
Mental Health and Addiction Services	250-828-2642	Canadian Mental Health Association
Home and Community Health	250-851-7900	Interior Health - Home & Community Care
Adult Day programs	1-877-668-3388	Adult Day Services - Logan Lake
Hospital	250-374-5111	Royal Inland Hospital
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	
Kamloops Schizophrenia Society	250-571-6955/1-888-888-0029	

HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free
Home Adaptations - Canada Mortgage & Housing	1-800-668-2642	
Advocacy and Appeals re Housing	250-376-7558	ASK Wellness - Kamloops
BC Housing	1-866-465-6873	

HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home	250-320-3676	Logan Lake Better at Home
Grocery Shopping	250-320-3676	Logan Lake Better at Home
Home repairs and Maintenance		Only agencies that provide volunteers who have undergone a criminal record check.
Peer Counselling		
Friendly Visiting	250-320-3676	Logan Lake Better at Home

TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
Handy Dart/Taxi Saver/Handy Card	1-888-376-7525	
Health Connections - bus service	1-888-376-7525	
Bus Pass Program		
Taxi (s)		
Parking Permit (disabled)		
Translink Trip Planner	604-953-3333	Lower Mainland
Translink Trip Planner	604-953-3333	Lower Mainland

LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid	1-866-577-2525	
Family Justice Clinic	1-800-663-7867	Service BC
Crown Counsel	1-888-249-9333	Kamloops, BC
NIDUS - Representation Agreements	1-604-408-7414	
Public Guardian and Trustee	1-604-660-4444	
Peoples Law School	604-331-5400	
Lawyer Referral Services	1-800-663-1919	
Access Pro Bono Legal Services - in person only	1-877-762-6664	
Community Advocacy Services	250-374-2119	Elizabeth Fry Society
Kamloops Family Justice	250-828-4688	

SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651	
AA	250-374-2456	Kamloops-Merritt
NA	1-855-349-2722	Kamloops, BC
Al-Anon	1-800-727-7710	Kamloops & District
Nar-Anon	604-878-8844	
Alzheimer Society of BC	250-377-8200	Kamloops, BC
Caregiver support groups	1-877-520-3267	BC Caregiver Support Line
MS Society	250-314-0773	Kamloops & Area
Arthritis	250-868-8643	The Arthritis Society - Interior Region Office
Diabetes	250-762-9447	Kamloops & District Branch- Contact Kelowna
Deaf and Hard of Hearing	1-800-263-8068	Canadian Hard of Hearing Association
Canadian Cancer Society	250-374-9188	Kamloops Centre

FIRST NATIONS/INDIGENOUS SERVICES

SERVICE	CONTACT NUMBER	NOTES
Friendship Centre	250-378-5107	Conayt Friendship Centre - Merritt, BC
Band Office	250-378-5157	Lower Nicola Indian Band
Métis Services	250-302-9335	Nicola Valley & District Metis Society
First Nations Health Authority	250-851-4836	Kamloops, BC

IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health and Seniors Information Line	211	Lower Mainland
Local Immigrant Services	778-470-6101	Kamloops Immigrant Services
Settlement Services	778-470-6101	Kamloops Immigrant Services
Translation Services	778-470-6101	Kamloops Immigrant Services

MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER	NOTES
Parks and Recreation - facilities	250-523-6225	District of Logan Lake
Parks and Recreation - programs	250-523-6229	Logan Lake WHY
Library(s)	250-523-6745	

INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	1-800-622-6232	Service Canada
Employment and Income Assistance	250-828-4540	Service BC
Community Volunteer Income Tax Prep.	250-554-4145	Service BC & The Centre for Senior's Information
CPP, OAS, GAIN	1-800-622-6232	Service Canada

DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Hospice	250-523-6229	Logan Lake WHY
Grief Counselling	250-523-6229	Logan Lake WHY

FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES

Food Bank	250-315-8357	Logan Lake Food Bank
Grocery Delivery	250-320-3676	Logan Lake Better at Home
Meal Delivery	1-888-838-1888	Better Meals

GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
Jackie Teggart	250-952-7616	MLA
Dan Albas	1-800-665-8711	MP
Services Canada	1-800-622-6332	

Please contact info@bccrns.ca with any questions regarding this form.

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