



LOCAL COMMUNITY CONTACT LIST

NAME OF COMMUNITY: South Okanagan OLIVER/OSOYOOS/OKANAGAN FALLS

DATE SUBMITTED/UPDATED: July 23, 2025

Where there are no local services, please list the closest community with those services available in the NOTES column. Please add additional rows if needed to provide a complete list for your community.

EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	
Crisis Line	1-800-SUICIDE (784-2433)	
Poison Control	604-682-5050 or 1-800-567-8911	
Lifeline (or similar service)	1-866-755-6111 250-770-3531 250-770-7400	

ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) – for reporting abuse	1-844-870-4754 OR 811	
Police-based Victim Services	250- 498-4353 250- 495-2561	Oliver Osoyoos
Community- based Victim Services	250-493-0800	Penticton
Community Living BC	250-487-4436 604-664-0101 1-877-660-2522	Local Vancouver Toll free
Transition House (s)	250-485-7777 1-877-723-3911	Safe Home in S.Okanagan
Emergency Shelter (s)	250-485-7777 1-877-723-3911	Safe Home in S.Okanagan
BCCEAS – SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support	604-437-1940 1-866-437-1940	Toll Free
Victim Link	1-800-563-0808	
BC211	211	Lower Mainland only

LBGTQ Contact	604-684-5307 1-800-566-1170	Toll Free
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INFORMATION AND REFERRAL (Local services – often grouped in one multi-service agency – listed below)

SERVICE	CONTACT NUMBER	NOTES
Seniors Outreach	250-487-7455 1-877-364-2345	Penticton, South Okanagan Wellness Society
Community Services	250-498-4900	South Okanagan Immigrant and Community Services
Geriatric and Other programs for Seniors	1-877-364-2345 250-487-7455	Penticton, South Okanagan Wellness Society
Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral	250-492-0400	Pathways Addiction Resource Centre
Veterans Affairs Canada	1-866-522-2122	
Better at Home	250-495-6925	Oliver, Osoyoos, Okanagan Falls
Oliver Senior Centre Society Osoyoos Senior Centre	250-498-6142 250-495-6921	

HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach	250-770-3555	Seniors' Mental Health
Mental Health and Addiction Services	250-493-8999	Canadian Mental Health Association Number
Home and Community Health	250-495-6543	Oliver/Osoyoos Mental Health
Adult Day Programs	250-498-6142 250-485-0043 250-408-4128	Oliver Senior Centre Bateman House (Oliver) TAPs
Hospital	250-498-5000	Oliver Hospital, Interior Health
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	
Senior's Distress Line	1-844-870-4754 604-872-1234	

HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free
Housing Registry Shelter Aide for Elderly Persons	1-800-834-7149 250-493-0301	Toll Free Penticton

Home Adaptations – Canada Mortgage & Housing	1-800-668-2642	
Advocacy and Appeals re Housing	250-493-0301 1-800 834-7149	Penticton office Toll Free

HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home	250-495-6925	
Grocery Shopping	250-495-6925	
Home repairs and Maintenance	250-495-6925	
Peer Counselling	N/A	N/A
Friendly Visiting	250-495-6925	
Bayshore Health Services	250-490-3017	Service to South Okanagan
Interior Health – Home Support	250-498-5020 250-770-3450	Oliver Osoyoos
Nurse Next Door	250-488-8586 1-888-988-5880	Oliver and Osoyoos Toll Free
We Care Home Health Services	250-493-6693 1-877-719-4166	Oliver and Osoyoos Toll Free
Senior Helpers	236-766-1465	South Okanagan

TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
Handy Dart/Taxi Saver/Handy Card	250-495-8054	BC TRANSIT
Health Connections – bus service	1-844-442-2212	Toll-free BC transit
Taxi (s)	250-498-0022 250-535-1122 250-495-7004	Oliver Oliver Osoyoos
Parking Permit (disabled)	1-888-718-7794	BC Toll Free
Translink Trip Planner	604-953-3333	Lower Mainland
Golden Lifestyles Senior Support Services	250-498-7489	
Masonic Freemasons	1-800-299-0188	To Cancer Clinics
Community Lift Bus	250-485-8767	Osoyoos, Oliver, Ok Falls

LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid	1-866-577-2525	
Family Justice Clinic	1-800-663-7867	Toll Free BC
Crown Counsel	250-487-4455	Penticton
NIDUS – Representation Agreements	1-604-408-7414	
Public Guardian and Trustee	1-604-660-4444	
Peoples Law School	604-331-5400	
Lawyer Referral Services	604-687-3221 or 1-800-663-1919	The Canadian Bar Association
Access Pro Bono Legal Services – in person	1-877-762-6664	

only		
Community Advocacy Services	1 866-493-6822	Penticton & Area Access Society

SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Alzheimer Society of BC	250-493-8182	Penticton
Dementia Help Line	604-681-8651 1-800-936-6033	Toll Free
AA	250-490-9216	Penticton
Al-Anon	250-763-5555 250-490-9272	Kelowna Penticton
BC Schizophrenia Society	250-493-7338	
BC Cancer Agency	250-712-3900 1-888-563-7773	Kelowna Toll Free
BC Epilepsy Society	604-875-6704	
Narcotics Anonymous	1-855-852-5687	Southern Okanagan Area Service Committee
Narcotics Anonymous www.bcrna.ca	1-604-878-8844 250-490-9215	Nar-Anon BC
Caregiver Support Groups	250-493-8182 250-498-5084	Alzheimer Society of BC Oliver
MS Society	250-493-6564 250-498-4372 250-495-6866	Penticton Oliver Osoyoos
Arthritis	250-868-8643	Kelowna
Diabetes	250-762-9447	Kelowna
Deaf and Hard of Hearing	604-795-9238	Chilliwack

FIRST NATIONS/INDIGENOUS SERVICES

Friendship Centre	250-490-3504	Ooknakane Friendship Centre (Penticton)
Band Office	250-498-3444	Osoyoos Indian Band
Métis Services	250-868-0351	Kelowna
First Nations Health Authority	604-693-6500	Vancouver

IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health and Seniors Information Line	211	Lower Mainland
Local Immigrant Services	250-498-4900	South Okanagan Immigrant & Community Services
Settlement Services	250-462-6299	South Okanagan Immigrant & Community Services
Translation Services	604-254-0469	BC Wide

MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER	NOTES
Parks and Recreation – Facilities	250-498-4985	Oliver
Parks and Recreation – Programs	250-498-4985	Oliver
Library(s)	250-495-7637 250-498-2242	Osoyoos Oliver

INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	1-800-622-6232	Service Canada
Employment and Income Assistance	250-498-3818	Service BC Oliver
Community Volunteer Income Tax Prep.	250-498-4253	Alliance Church Oliver
Pharmacare	1-800-663-7100	

DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Hospice	250-495-1590	Desert Valley Hospice
Grief Counselling	N/A	N/A

FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Food Bank	250-498-4555 250-495-6079	Oliver Food Bank Osoyoos Food Bank
Grocery Delivery	250-495-5355 250-495-6818 250-498-6440	Osoyoos Save On Osoyoos Nesters Oliver Buy Low
Meal Delivery	604-299-1877 1-888-838-1888	Better Meals
Dinner at Home Frozen Meals	250-498-5000	South Okanagan General Hospital
Meals on Wheels	250-485-0300 250-498-3779 250-495-5055alz	Oliver Oliver Osoyoos

GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
John Slater	250-498-5122	MLA
Richard Cannings	250-770-4480	MP
Services Canada	1-800-622-6332	