



BC ASSOCIATION OF

**Community Response Networks**

*Stopping Adult Abuse and Neglect ...Together.*

## Local Community Contact List

Name of CRN/Community: **Bella Coola CRN**

Date Submitted/Updated: **July 24, 2025**

Submitted By: **Sara Wells 250-799-5588 admin@bccss.net**

*Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.*

### EMERGENCY NUMBERS

| SERVICE                       | CONTACT NUMBER | NOTES                             |
|-------------------------------|----------------|-----------------------------------|
| Police, Fire and Ambulance    | 911            | Numbers to call if no 911 service |
| Crisis Line                   | 310-6789       |                                   |
| Poison Control                |                |                                   |
| Lifeline (or similar service) |                |                                   |
|                               |                |                                   |

### ADULT ABUSE SERVICES

| SERVICE                                                                                                       | CONTACT NUMBER                 | NOTES                                                                   |
|---------------------------------------------------------------------------------------------------------------|--------------------------------|-------------------------------------------------------------------------|
| Health Authority contact(s) - for reporting abuse                                                             | 250-799-5342 ext. 206          | See regional resources list for each CRN                                |
| Police-based Victim Services                                                                                  |                                |                                                                         |
| Community- based Victim Services                                                                              | 250-799-5588                   | <b>Bella Coola Community Support Society - Ask for Trenton Saugstad</b> |
| Community Living BC                                                                                           | 236-589-9114<br>1-877-660-2522 | Local<br>Vancouver<br>Toll free                                         |
| Transition House (s)                                                                                          | 250-799-0070                   |                                                                         |
| Emergency Shelter (s)                                                                                         |                                |                                                                         |
| BCCEAS - SAIL (Seniors Abuse and Information Line)<br>- for information about abuse and for emotional support | 604-437-1940 1-866-437-1940    | Toll free                                                               |
| Victim Link                                                                                                   | 1-800-563-0808                 |                                                                         |
| bc211                                                                                                         | 211                            | Lower Mainland only                                                     |
| LBGTQ Contact                                                                                                 | 604-684-5307<br>1-800-566-1170 | Toll free                                                               |
| Federal Health Clinic                                                                                         | 250-799-5902                   |                                                                         |
| Nuxalk Nation Health & Wellness                                                                               | 250-799-5809                   | <b>Community Health Rep Nuxalk Nation Home Support</b>                  |

### INFORMATION AND REFERRAL

(Local services - often grouped in one multi-service agency - listed below)

| SERVICE          | CONTACT NUMBER | NOTES |
|------------------|----------------|-------|
| Seniors Outreach |                |       |

|                                          |                     |                                              |
|------------------------------------------|---------------------|----------------------------------------------|
| Community Services                       | <b>250-799-5588</b> | <b>Bella Coola Community Support Society</b> |
| Geriatric and Other programs for Seniors | <b>250-799-5959</b> | <b>Nuxalk Seniors Luncheon</b>               |
| Problem Gambling Helpline                | 1-888-795-6111      |                                              |
| Alcohol and Drug Referral                | <b>250-799-5588</b> | <b>Bella Coola Community Support Society</b> |
| Veterans Affairs Canada                  | 1-866-522-2122      |                                              |
| <b>Bella Coola WorkSafe BC Office</b>    | <b>250-799-5743</b> |                                              |
|                                          |                     |                                              |

## HEALTH/MENTAL HEALTH

| SERVICE                              | CONTACT NUMBER                 | NOTES                              |
|--------------------------------------|--------------------------------|------------------------------------|
| Mental Health and Addiction Services | <b>250-799-5311 ext. 231</b>   | <b>Stepping Stones Counselling</b> |
| Home and Community Health            | <b>250-799-5339</b>            |                                    |
| Adult Day programs                   | <b>250-799-5339</b>            |                                    |
| Hospital                             | <b>250-799-5311</b>            |                                    |
| MSP and PharmaCare                   | 604-683-7151<br>1-800-663-7100 | Vancouver<br>Toll Free             |
| BC Nurse/Pharmacist Line             | 811                            |                                    |
| Assisted Living Registry             | 1-866-714-3378                 |                                    |
| Online Medical Support - Medeo       | 1-888-297-2973                 |                                    |
| <b>Bella Coola Pharmacy</b>          | <b>250-799-5432</b>            |                                    |

## HOUSING

| SERVICE                                        | CONTACT NUMBER                 | NOTES                            |
|------------------------------------------------|--------------------------------|----------------------------------|
| BC Housing                                     | 604-433-1711<br>1-866-465-6873 | Vancouver<br>Toll Free           |
| Home Adaptations - Canada Mortgage & Housing   | 1-800-668-2642                 |                                  |
| Advocacy and Appeals re Housing                | <b>250-799-5588</b>            | <b>Women's Outreach Services</b> |
| <b>Bella Coola Mountain Lodge Seniors Home</b> | <b>250-982-2238</b>            |                                  |
|                                                |                                |                                  |

## HOME SUPPORT

| SERVICE                      | CONTACT NUMBER      | NOTES                                                                             |
|------------------------------|---------------------|-----------------------------------------------------------------------------------|
| Better at Home               |                     |                                                                                   |
| Grocery Shopping             | <b>250-799-5325</b> | <b>Bella Coola Co-op</b>                                                          |
| Home repairs and Maintenance |                     | Only agencies that provide volunteers who have undergone a criminal record check. |
| Peer Counselling             | <b>250-799-5613</b> | <b>Peer Support at Nuxalk Wellness</b>                                            |
| Friendly Visiting            |                     |                                                                                   |
|                              |                     |                                                                                   |

## TRANSPORTATION

| SERVICE                          | CONTACT NUMBER | NOTES          |
|----------------------------------|----------------|----------------|
| Handy Dart/Taxi Saver/Handy Card | 250-799-0079   |                |
| Health Connections - bus service |                |                |
| Bus Pass Program                 | 250-799-5613   |                |
| Taxi (s)                         |                |                |
| Parking Permit (disabled)        |                |                |
| Translink Trip Planner           | 604-953-3333   | Lower Mainland |
| Service BC                       | 250-799-5361   |                |

## LEGAL

| SERVICE                                         | CONTACT NUMBER              | NOTES                                       |
|-------------------------------------------------|-----------------------------|---------------------------------------------|
| BC CEAS (SAIL)                                  | 604-437-1940 1-866-437-1940 | Legal Advocacy Program and Elder Law Clinic |
| Legal Aid                                       | 1-866-577-2525              |                                             |
| Family Justice Clinic                           |                             |                                             |
| Crown Counsel                                   | 604-660-8361                |                                             |
| NIDUS - Representation Agreements               | 1-604-408-7414              |                                             |
| Public Guardian and Trustee                     | 1-604-660-4444              |                                             |
| Peoples Law School                              | 604-331-5400                |                                             |
| Lawyer Referral Services                        |                             |                                             |
| Access Pro Bono Legal Services - in person only | 1-877-762-6664              |                                             |
| Bella Coola Legal Advocacy Services             | 250-982-2110                | Bella Coola Legal Aid                       |
|                                                 |                             |                                             |

## SUPPORT GROUPS

| SERVICE                  | CONTACT NUMBER | NOTES                      |
|--------------------------|----------------|----------------------------|
| Dementia Help Line       | 604-681-8651   |                            |
| AA                       | 250-799-5613   | Ask for Eric Hunt          |
| Al-Anon                  | 250-799-5613   |                            |
| Nar-Anon                 |                |                            |
| Alzheimer Society of BC  |                |                            |
| Caregiver support groups |                |                            |
| MS Society               |                |                            |
| Arthritis                |                |                            |
| Diabetes                 | 250-799-5613   | Nuxalk Nation Home Support |
| Deaf and Hard of Hearing |                |                            |
|                          |                |                            |

## FIRST NATIONS/INDIGENOUS SERVICES

| SERVICE                        | CONTACT NUMBER | NOTES         |
|--------------------------------|----------------|---------------|
| Friendship Centre              |                |               |
| Band Office                    | 250-799-5613   |               |
| Métis Services                 |                |               |
| First Nations Health Authority | 250-799-5902   |               |
| Indigenous Patient Navigator   | 604-315-0618   | Norma Mack    |
| Nuxalk Nation Community Rep    | 250-799-5809   | Marietta Hans |

## IMMIGRANT SERVICES

| SERVICE                             | CONTACT NUMBER | NOTES          |
|-------------------------------------|----------------|----------------|
| Health and Seniors Information Line | 211            | Lower Mainland |
| Local Immigrant Services            |                |                |
| Settlement Services                 |                |                |
| Translation Services                |                |                |
|                                     |                |                |
|                                     |                |                |

## MUNICIPAL SERVICES

| SERVICE                         | CONTACT NUMBER | NOTES                                                  |
|---------------------------------|----------------|--------------------------------------------------------|
| Parks and Recreation - programs |                |                                                        |
| Library(s)                      | 250-799-5330   | Vancouver Island Regional Library - Bella Coola Branch |
| Service BC Office               | 250-799-5361   |                                                        |
|                                 |                |                                                        |

## INCOME AND BENEFITS

| SERVICE                              | CONTACT NUMBER | NOTES          |
|--------------------------------------|----------------|----------------|
| CPP, OAS, GAIN                       | 1-800-622-6232 | Service Canada |
| Employment and Income Assistance     | 250-799-5361   | Service BC     |
| Community Volunteer Income Tax Prep. |                |                |
|                                      |                |                |
|                                      |                |                |
|                                      |                |                |

## DEATH, DYING AND GRIEF SERVICES

| SERVICE           | CONTACT NUMBER    | NOTES             |
|-------------------|-------------------|-------------------|
| Hospice           |                   |                   |
| Grief Counselling | 799-5311 ext. 231 | VCH Mental Health |
|                   |                   |                   |
|                   |                   |                   |

## FOOD PROGRAMS

| SERVICE          | CONTACT NUMBER | NOTES            |
|------------------|----------------|------------------|
| Food Bank        | 250-799-5588   |                  |
| Grocery Delivery |                |                  |
| Meal Delivery    | 250-799-5339   | VCH Home Support |
|                  |                |                  |
|                  |                |                  |

## GOVERNMENT REPRESENTATIVES

| SERVICE                         | CONTACT NUMBER | NOTES |
|---------------------------------|----------------|-------|
| Tamara Davidson                 | 250-624-7734   | MLA   |
| Ellis Ross                      | 250-434-0456   | MP    |
| Services Canada                 | 1-800-622-6332 |       |
| Central Coast Regional District | 250-799-5291   |       |
|                                 |                |       |

Please contact [info@bccrns.ca](mailto:info@bccrns.ca) with any questions regarding this form.