



BC ASSOCIATION OF
Community Response Networks

Stopping Adult Abuse and Neglect ...Together.

Local Community Contact List 2026

Name of CRN/Community: SPARWOOD

Date Submitted/Updated: July 27, 2026

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(Name)

(Phone)

(Email)

Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.

EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911 250-425-6233	Numbers to call if no 911 Service Local RCMP office
Crisis Line	1-888-353-2273	CMHA (Interior BC)
Poison Control	1-800-567-8911	Health Link BC
Lifeline (or similar service)	1-866-784-1992	Medical Alert System

ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) – for reporting abuse	1-844-870-4754	See regional resources list for each CRN
Police-based Victim Services	205-425-6233	Sparwood RCMP number
Community- based Victim Services		Not available
Community Living BC	1-888-426-1282 1-250-919-1544 (cell) 604-664-0101	East Kootenay - Kaylynn Zhukrovsky Vancouver
Transition House Kootenay Haven, Cranbrook	1-250-426-4887	30 days stay for women and child.

Emergency Shelter and Help Line Elk Valley Women's Transition House Chysalis House, Long stay	1-250-946-6004 Email: elkalleyssafehomes@gmail.com 1-250-423-4213	Support women and children.
BCCEAS – SAIL (Seniors Abuse and Information Line) – for emotional support.	604-437-1940 1-866-437-1940	BC Centre for Elder Advocacy and support. Seniors Frist BC
Victim Link	1-800-563-0808	
BC211	211	
LGBTQ Contact	604-684-5307 1-800-566-1170	Vancouver Toll free
Fernie Pride	250-423-8835 (Cell)	Courtney Baker ferniepride.ca

INFORMATION AND REFERRAL

(Local services – often grouped in one multi-service agency – listed below)

SERVICE	CONTACT NUMBER	NOTES
Seniors Outreach		
Community Services		
Geriatric and Other programs for Seniors	1-250-430-7220 1-250-910-0154	Linda Hargreaves, Coordinator Julie Haughey, Board chair Sparwood Senior Drop in Centre
Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral	1-250-423-4423	E.K Addictions Services
Veterans Affairs Canada	1-866-522-2122	
Canadian Anti-Fraud Centre	1-888-495-8501	
Elk Valley Suicide Task Force	1-800-784-2433	
Racist Incident Helpline	1-833-457-5463	Monday to Friday, 9-5 Service in 240 languages

HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach	250-425-2064	Sparwood Health Centre

Mental Health and Addiction Services	250-425-2064 1-800-663-1441	Sparwood Health Centre A & D info & referral
Mental Health Crisis Line	988	Includes Suicides Crisis
Home and Community Health	250-425-2064	Sparwood Health Centre
Adult Day programs	250-423-4214	Rocky Mountain Village Recreation Department
Hospital	250-423-4453	Elk Valley Hospital
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	
Sparwood Health Centre	250-425-6212	
Sparwood Medical Clinic	250-425-4501	

HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free
Home Adaptations – Canada Mortgage & Housing	1-800-668-2642	
Advocacy and Appeals re Housing		
Lilac Terrace	250-425-2292	Elk Valley Seniors Housing Society
Seniors Villa. Amy Poch, Administrator	250-425-5246	Sparwood Senior Citizens Society
Sasko Manor (BC Housing)	250-531-0025	Katey Taylor, Manager

HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home (Elk Valley)	250-278-5844 (cell)	Miruna Toma
Grocery Shopping		Save on Foods Order online/Pickup Better at Home Program

Home repairs and Maintenance		Only agencies that provide volunteers who have undergone a criminal record check.
Peer Counselling		N/A
Friendly Visiting		Better at Home Program

TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
Handy Dart/Taxi Saver/Handy Card		N/A
Health Connections – bus service Must book 24Hr. before travel	1-855-417-4636	To Cranbrook / Wednesday and Friday
Bus Pass Program Elk Valley Transit	250-425-0552	Recreation center (\$15 for 10 tickets or \$42 for the month)
Taxi Service	250-423-4408 or 250-430-7771 250-433-1600	Kootenay taxi (out of Fernie) Sparwood Taxi – John Sergeant
Disabled Parking Permit	250-425-4501	Medical Clinic (SPARC)
Translink Trip Planner	604-953-3333	Lower Mainland

LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid BC	1-866-577-2525	
Family Justice Clinic		
Crown Counsel		
NIDUS – Representation Agreements	1-604-408-7414	

Public Guardian and Trustee	1-604-660-4444	1-877-511-4111
Peoples Law School	604-331-5400	
Lawyer Referral Services		
Access Pro Bono Legal Services – in person only	1-877-762-6664	
Community Advocacy Services	1-877-298-2211	Travelling Legal Advocate

SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651 1-800-936-6033	9am – 8pm Mon. to Fri.
AA	250-603-9148 (cell) 250-425-5508 (cell)	Eric Rick
AA	1-250-433-6510	Betty Ann (Meeting on Zoom) Meeting guide App is a great resource
Al-Anon		Crowsnest Pass
Nar-Anon	1-800-663-1441	Info & referral line
Alzheimer Society of BC	1-778-761-2011 or 1-833-426-0534	Supportive Education for East Kootenay Kathy Shuflita
Caregiver support groups Caregiversnetworkek.com	1-250-278-1551 1-877-489-0803	Diana Jones/ Elk Valley Facilitator Caregiver Network for East Kootenay Seniors
Canadian cancer Society	1-888-939-3333	Assistance for transport and accommodation
Arthritis	1-800-321-1433	
Diabetes		
Deaf and Hard of Hearing		
AA (Regional number) Hot line	250-426-3876	Crowsnest pass to Creston

FIRST NATIONS/INDIGENOUS SERVICES

SERVICE	CONTACT NUMBER	NOTES
Friendship Centre	1-250-489-4563	St. Mary's Reserve, Cranbrook
Band Office	1-250-887-3461	Tobacco Plains Band, Grasmere
Métis Services	1-250-865-2401 (home) 1-250-946-6765 (cell)	Terry Anonson, Elk Valley Metis Nation
First Nations Health Authority	1-250-489-2464	Patient Navigator

IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health and Seniors Information Line	211	
Local Immigrant Services	250-417-2250 250-581-2112	MP Cranbrook Rob Morrison CBAL - Cranbrook office
Settlement Services	1-250-946-6474	CBAL (Columbia basin for literacy) Ferne
Translation Services		
Elk Valley CBAL - Literacy	1-250-946-7257	Chrisy Hill, Fernie

MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER	NOTES
Parks and Recreation - facilities	250-425-0552	
Parks and Recreation - programs	250-425-0552	
Sparwood Public Library	250-425-2299	

INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	1-800-622-6232	Service Canada
(Employment) and Income Assistance	250-425-6890	Service BC. Not EI
Community Volunteer Income Tax Prep.	250-425-2299	CRA volunteer at Public Library

DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Hospice	250-423-4453 EXT 38109	Elk Valley Hospice Society, Elk Valley Hospital
Grief Counselling	250-423-4453 EXT:38109	Elk Valley Grief Support

FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Food Bank	1-250-581-2357	Tracey Brook-Baker
Grocery Delivery		Save On Foods online shopping
Meal Delivery Meals on Wheels, Sparwood	1-250-425-6212	IHA Case Manager
Dinners at Home Elk Valley Hospital, Fernie	1-250-423-4453	Frozen Meal Packages (pick up form Fernie Hospital)
Food Share	1-250-581-2357	Tracey Brook-Baker

GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
Pete Davis	1-250-417-6022	MLA
Rob Morrison	1-800-668-5522	MP
Services Canada	1-800-622-6332	
Office of the Seniors Advocate	1-877-952-3181	Dan Levitt
Service BC	1-800-663-7867	