



BC ASSOCIATION OF

Community Response Networks*Stopping Adult Abuse and Neglect ...Together.*

Local Community Contact List

Name of CRN/Community: **Salmo**Date Submitted/Updated: **07/08/2026**Submitted By: **Helen Oldershaw 250.551.5487 helen@scrs.ca***Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.*

EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	Numbers to call if no 911 service
Crisis Line	1.88.353.1227	Interior Health Region
Poison Control	1.800.567.8911	Provincial
Lifeline (or similar service)	1.866.970.6536	

ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) – for reporting abuse	1.844.870.4754	See regional resources list for each CRN
Police-based Victim Services	250.357.2692	Diana Gonzalez Salmo RCMP
Community- based Victim Services	N/A	
Community Living BC	604-664-0101 1-877-660-2522	Local Vancouver Toll free
Transition House (s)	250.364.1543 Trail 250.354.4357 Castlegar	
Emergency Shelter (s)	250.352.1543 Nelson 250.608.2227 Castlegar 250.357.2277 Salmo	
BCCEAS – SAIL (Seniors Abuse and Information Line) – for information about abuse and for emotional support	604-437-1940 1-866-437-1940	Toll free
Victim Link	1-800-563-0808	
bc211	211	Lower Mainland only
LGBTQ Contact	604-684-5307 1-800-566-1170	Toll free

INFORMATION AND REFERRAL

(Local services – often grouped in one multi-service agency – listed below)

SERVICE	CONTACT NUMBER	NOTES
Seniors Outreach	250.352.6008	Nelson and District Seniors Coordinating Society

Community Services	250.357.2277	Salmo Community Resource Society
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Geriatric and Other programs for Seniors	250.357.2277 ext 202	Better at Home and Community Collaborator
Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral	250.357.2277 ext 204	Salmo Community Resource Society
Veterans Affairs Canada	1-866-522-2122	

HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach	250.357.2277 ext 204	Salmo Community Resource Society
Mental Health and Addiction Services	250.357.2277 ext 204	Salmo Community Resource Society
Home and Community Health	250.357.0109	Salmo Wellness Centre
Adult Day programs	250.352.1444	IHA Broader Horizons Nelson
Hospital	250.368.3311 Trail KBH 250.352.1444 Nelson KLH	
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	

HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free
Home Adaptations – Canada Mortgage & Housing	1-800-668-2642	
Advocacy and Appeals re Housing	250.352.5777	Nelson Advocacy Centre
Salmo Villa Low Income Housing	250.357.2445	President Bonnie Cassar
Salmo Valley Estates Independent Living	250.357.2629	Melanie Cox

HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home	250.357.2277 ext 202	Helen Oldershaw
Grocery Shopping	250.357.2277 ext 202	Better at Home
Home repairs and Maintenance	250.357.2277 ext 202	Only agencies that provide volunteers who have undergone a criminal record check.
Peer Counselling	1.877.364.2326	Trail Fair
Friendly Visiting	250.357.2277 ext 202	Salmo Better at Home
Nav-CARE	250.551.2537	Salmo Kirsten Faris

SERVICE	CONTACT NUMBER	NOTES
Handy Dart/Taxi Saver/Handy Card	1.877.843.2877	Trail Taxi 250.264.0261 Nelson Taxi 250.354.1111
Health Connections – bus service	1.855.993.3100	Nelson Ymir Salmo Loop
Bus Pass Program	1.866.866.0800	MSDPR
Taxi (s)	250.687.0133 250.354.111 250.264.0261	Castlegar/Nelson / Trail
Parking Permit (disabled)	1.888.718.7794	SPARC, BC
Translink Trip Planner	604-953-3333	Lower Mainland
Salmo Community Resource Society Volunteer Driver Program	250.357.2277 ext 200	Partially subsidized medical appointments and help for seniors to socialize

LEGAL

SERVICE	CONTACT NUMBER	NOTES
BC CEAS (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid	1-866-577-2525	
Family Justice Clinic	1.866.526.2299	Nelson
Crown Counsel	250.354.6511	Nelson
NIDUS – Representation Agreements	1-604-408-7414	
Public Guardian and Trustee	1-604-660-4444	
Peoples Law School	604-331-5400	
Lawyer Referral Services	1.800.663.1919	
Access Pro Bono Legal Services – in person only	1-877-762-6664	
Community Advocacy Services	1.877.352.5777 or 250.352.5777	Nelson Advocacy Centre

SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651	
AA	250.357.2277 ext 204	Salmo Community Resource Society
NA	1.800.342.7439	West Kootenays
Al-Anon	1.855.562.2262	
Nar-Anon	604.562.2262	Holding Hope West Kootenays Support Group
Alzheimer Society of BC	1.855.301.6742 250.365.6769	Castlegar
Caregiver support groups	1.877.520.3267 250.362.1401	Family Caregivers Support West Kootenays
MS Society	1.604.689.3144	
Arthritis	1.604.714.5565	
Diabetes	1.800.226.8464	
Deaf and Hard of Hearing	1.88.736.7391	

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FIRST NATIONS/INDIGENOUS SERVICES

SERVICE	CONTACT NUMBER	NOTES
Friendship Centre	250.231.4968	COINS Circle of Indigenous Nations Society
Band Office	250.231.4968	COINS
Métis Services	250.368.7371	Trail
First Nations Health Authority	1.866.93.0033	

IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health and Seniors Information Line	211	Lower Mainland
Local Immigrant Services	250.687.4714	CBAL
Settlement Services	250.687.4714	CBAL
Translation Services	604.684.2940	Lower Mainland

MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER	NOTES
Parks and Recreation - facilities	250.357.0121	
Parks and Recreation - programs	250.357.0121	
Library(s)	250.357.2312	
Village of Salmo Office	250.357.9433	

INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	1-800-622-6232	Service Canada
Employment and Income Assistance	250.354.6104	Service BC
Community Volunteer Income Tax Prep.	Service BC	250.357.2312 250.352.6008 250.365.2104
Salmo Library / Seniors Centre Nelson / CDCSS Castlegar	250.352.6200	KDCS Career Development

DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Hospice	250.777.7523	Salmo Hospice Society Also does grief
Grief Counselling	250.35.0104	Salmo Wellness for complex grief

Funeral Services	250.357.2555	GF Oliver

FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Food Bank	250.357.2277	Wednesdays 9.30 to 11.45am by appointment
Grocery Delivery	250.35.2277 ext 202	Better at Home program
Meal Delivery	250.357.2277 ext 202	Dinners at Home purchased through Columbia View Lodge

GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
Britney Anderson	250.387.3655	MLA
Rob Morrison	250.354.2610	MP
Services Canada	1-800-622-6332	
Service BC	250.354.6104	
Seniors Advocate of BC	1.877.952.3181	

Please contact info@bccrns.ca with any questions regarding this form.