



Local Community Contact List

Name of CRN/Community: **Mount Waddington**

Date Submitted/Updated: **07/23/26**

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Where there are no local services, list the closest community that has services available under "NOTES". Add rows or use the back of the page if needed to create a complete list for your community.

EMERGENCY NUMBERS

SERVICE	CONTACT NUMBER	NOTES
Police, Fire and Ambulance	911	Numbers to call no 911 service
Crisis Line	1-888-494-3888 (250) 753-2495	For Vancouver Island
Poison Control	1-800-567-8911	
Lifeline (or similar service)	NORTH ISLAND CRISIS AND COUNSELING centre. 250-949-8333	

ADULT ABUSE SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health Authority contact(s) - for reporting abuse	Island Health 250-331-8570 or toll free 1-866-928-4988	See regional resources list for each CRN
Police-based Victim Services	250-949-6335	
Community- based Victim Services	NORTH ISLAND CRISIS AND COUNSELING centre. 250-949-8333	
Community Living BC	604-664-0101 1-877-660-2522	Local Vancouver Toll free
Transition House (s)	NORTH ISLAND CRISIS AND COUNSELING centre. 250-949-8333	
Emergency Shelter (s)	Salvation Army 250-949-8125	
BCCEAS - SAIL (Seniors Abuse and Information Line) - for information about abuse and for emotional support	604-437-1940 1-866-437-1940	Toll free
Victim Link	1-800-563-0808	
bc211	211	Lower Mainland only
LGBTQ Contact	604-684-5307 1-800-566-1170	Toll free

INFORMATION AND REFERRAL

(Local services - often grouped in one multi-service agency - listed below)

SERVICE	CONTACT NUMBER	NOTES
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Seniors Outreach	NORTH ISLAND CRISIS AND COUNSELING CENTRE. 250-949-8333	Better at home program
Community Services		

Geriatric and Other programs for Seniors		
Problem Gambling Helpline	1-888-795-6111	
Alcohol and Drug Referral		
Veterans Affairs Canada	1-866-522-2122	

HEALTH/MENTAL HEALTH

SERVICE	CONTACT NUMBER	NOTES
Mental Health/Geriatric Outreach	250-331-8570 (or toll-free at 1-866-928-4988)	Referral from your physician or nurse practitioner is required
Mental Health and Addiction Services	Port Hardy: 250-902-6051 . Port McNeill: 250-956-4461 .	Monday to Friday, 1 p.m. - 2:30 p.m. Monday to Friday, 1 p.m. - 2 p.m.
Home and Community Health	250-949--3411	North Island Community Care
Adult Day programs		Held @ Hardy Bay Seniors Centre Mondays 10-2
Hospital	250-902-6011	
MSP and PharmaCare	604-683-7151 1-800-663-7100	Vancouver Toll Free
BC Nurse/Pharmacist Line	811	
Assisted Living Registry	1-866-714-3378	
Online Medical Support - Medeo	1-888-297-2973	

HOUSING

SERVICE	CONTACT NUMBER	NOTES
BC Housing	604-433-1711 1-866-465-6873	Vancouver Toll Free
Home Adaptations - Canada Mortgage & Housing	1-800-668-2642	
Advocacy and Appeals re Housing		

HOME SUPPORT

SERVICE	CONTACT NUMBER	NOTES
Better at Home	250-949-8333	North Island Crisis & Counselling Centre
Grocery Shopping	250-949-6455	
Home repairs and Maintenance		Only agencies that provide volunteers who have undergone a criminal record check.
Peer Counselling		

Friendly Visiting	250-949-8333	North Island Crisis & Counselling Centre

TRANSPORTATION

SERVICE	CONTACT NUMBER	NOTES
Handy Dart/Taxi Saver/Handy Card		
Health Connections - bus service		

Bus Pass Program	250-956-3151	BC Transit Mount Waddington
Taxi (s)	250-949-7877 Town Taxi 250-230-8294 Waivin Flags	
Parking Permit (disabled)	1-888-718-7794	SPARK
Translink Trip Planner	604-953-3333	Lower Mainland
Island Health Non Emergency Medical Transportation	1-844-940-6617	

LEGAL

SERVICE	CONTACT NUMBER	NOTES
Seniors First (SAIL)	604-437-1940 1-866-437-1940	Legal Advocacy Program and Elder Law Clinic
Legal Aid	1-866-577-2525	
Family Justice Clinic	1-844-747-3963	
Crown Counsel	(250) 949-8644	Located in Port Hardy
NIDUS - Representation Agreements	1-604-408-7414	
Public Guardian and Trustee	1-604-660-4444	
Peoples Law School	604-331-5400	
Lawyer Referral Services	604-687-3221	
Access Pro Bono Legal Services - in person only	1-877-762-6664	
Community Advocacy Services		

SUPPORT GROUPS

SERVICE	CONTACT NUMBER	NOTES
Dementia Help Line	604-681-8651	
AA		
NA		
Al-Anon		
Nar-Anon		
Alzheimer Society of BC	250-734-4170	Nanaimo Office
Caregiver support groups		
MS Society		
Arthritis	866-414-7766	
Diabetes		

Deaf and Hard of Hearing	604-660-1800 604-660-1807 TTY	

FIRST NATIONS/INDIGENOUS SERVICES

SERVICE	CONTACT NUMBER	NOTES
Sacred Wolf Friendship Centre	250-902-0552	in Port Hardy
Namgis First Nation	250-974-5556	https://namgis.bc.ca/
Da'naxda'xw Awaetłala First Nation	250-974-2703	N/A
Dzawada'enuxw First Nation	N/A	https://www.kingcome.ca/contact
Gwa'sala-'Nak' waxda'xw First Nation	250-949-8343	https://www.gwanaknations.ca/
Gwawa'enuxw Tribe	N/A	https://gwawaenuktribe.ca/
Kwagu't First Nation	250-949-6012	https://www.kwakiutl.bc.ca/
Kwikwasut'inuxw Haxwa'mis First Nation	250-974-3001	https://khfn.ca/
Ławit'sis First Nation	250-923-7815	https://tlowitsisnation.ca/
Ma'amtagila First Nation	N/A	https://www.maamtagila.ca/
Mamalilikala First Nation	250-287-2955	https://mamalilikulla.ca/
Quatsino First Nation	250-949-6245	https://quatsinofn.com/
T'lat'lasikwala First Nation	(250)902-0815	http://www.tlatlasikwala.com/
Wei Wai Kum First Nation	250-286-6949	https://weiwaikum.ca/
Weka'yi / Wewaikai First Nation	250-285-3316	https://wewaikai.com/
Whe-La-La-U First Nation	250-974-5501	N/A
Wuikinuxv First Nation	250 949 8625	https://www.wuikinuxv.net/
Métis Services	250-287-7417	North Island Metis Association
First Nations Health Authority	1-866-913-0033	https://fnha.ca/
Pata'yi Primary Care	250-902-7083	N/A

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IMMIGRANT SERVICES

SERVICE	CONTACT NUMBER	NOTES
Health and Seniors Information Line	211	Lower Mainland
Local Immigrant Services	250-201-8745	Immigration Welcome Centre
Settlement Services		
Translation Services		

MUNICIPAL SERVICES

SERVICE	CONTACT NUMBER	NOTES
Parks and Recreation - facilities	250-949-6665	District of Port Hardy Office
Parks and Recreation - programs	250-949-6686	Port Hardy Recreation
Library(s)	Port Hardy 250-949-6661 Port McNeill 250-956-3669 Port Alice 250-284-3554 Woss 250-281-2263	

INCOME AND BENEFITS

SERVICE	CONTACT NUMBER	NOTES
CPP, OAS, GAIN	1-800-622-6232	Service Canada
Employment and Income Assistance	250-949-6323	Service BC
Community Volunteer Income Tax Prep.	250-949-8125	Salvation Army Port Hardy

DEATH, DYING AND GRIEF SERVICES

SERVICE	CONTACT NUMBER	NOTES
Hospice	250-949-8333	North Island Crisis & Counselling Centre
Grief Counselling	250-949-8333	North Island Crisis & Counselling Centre

FOOD PROGRAMS

SERVICE	CONTACT NUMBER	NOTES
Food Bank	250-902-0332	Loaves and Fishes Port Hardy
Grocery Delivery		
Meal Delivery		

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GOVERNMENT REPRESENTATIVES

SERVICE	CONTACT NUMBER	NOTES
Anna Kindy		MLA
Aaron Gunn	250-434-0300	MP
Services Canada	1-800-622-6332	